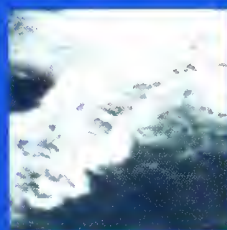


*The Elements of Life*



*Ranger 2002*



004

Student Life



Sports

094





People

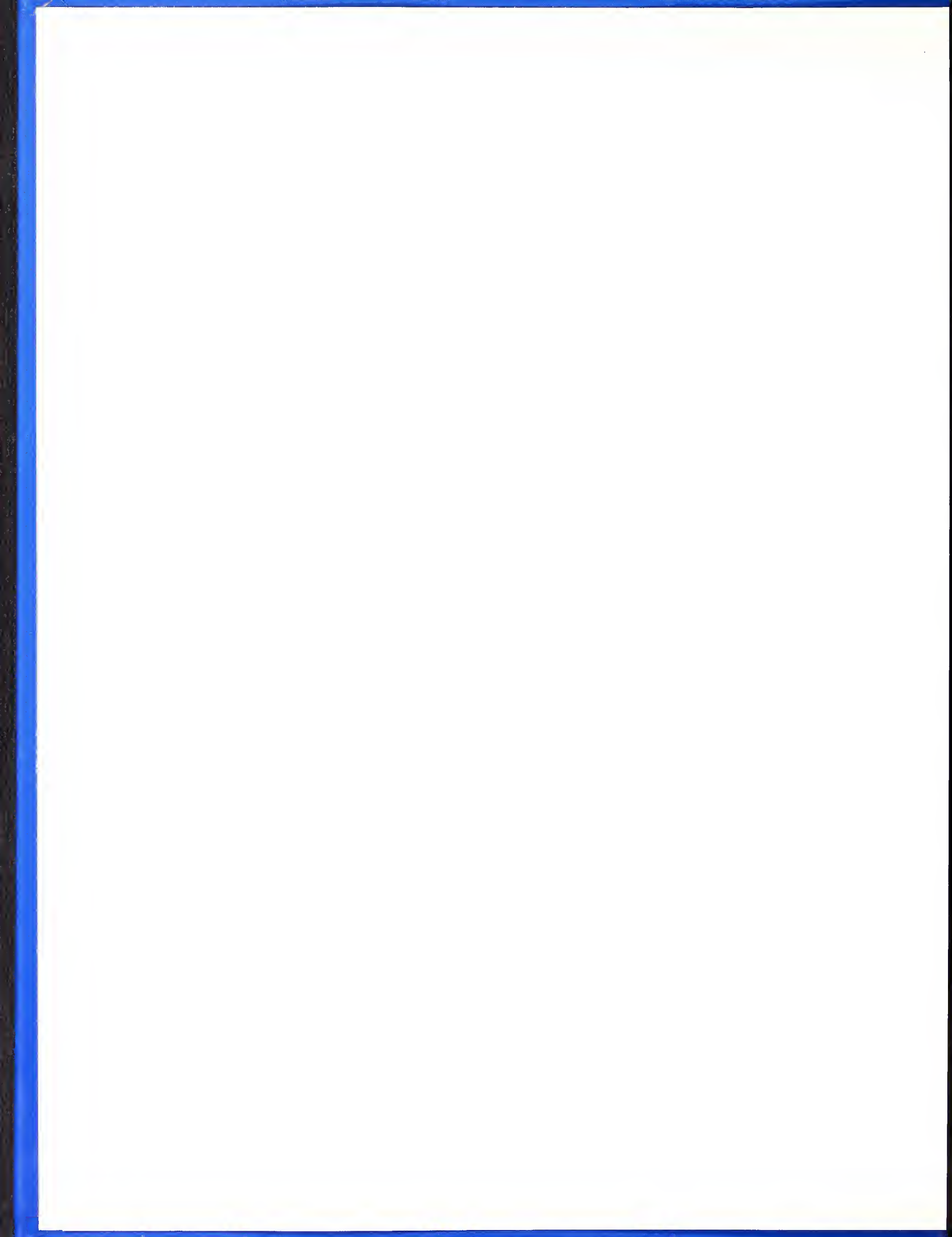
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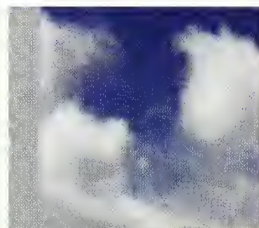
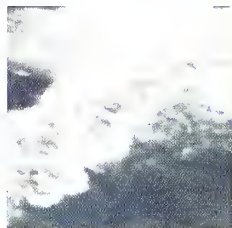
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The Ranger

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# The Elements of Life

Earth, air, fire, water. The four major elements of our lives. Without air we cannot breathe, nothing would be able to live on this planet. The earth must take care of us as we must take care of our only home. Without water human beings would not be able to grow and change within themselves. The fire of life, the burn to succeed; drives us to achieve our very best. As in school, like air, we must have other aspects of living and learning besides books and lectures. Organizations within our school entity teach us how to live and interact with the outside world, learning how we can make a difference. Sports and other physical activities keep us in shape as we burn the fuel within our bodies. The mass of people is like an ocean, each person merely a particle connected to others to create a bigger picture. This planet is a crazy place, but we must attempt to organize and take care of our surroundings as it will take care of us. Throughout the years of college, we all change as individuals and as one unit. The world is opened to all the possibilities that we just begin to realize as we entered the higher education system. Our purpose on this earth, how we ought to live, who we are to become and who we have always been, all shape us into who we are. Love it or leave it, the best time in one's life is when the door is opened and the opportunity is taken to make something better of one's self. For some that time is now; for a few, that time has passed and that journey has already begun. But for many, the doors have not yet opened and we must keep looking for the right one. Whatever the path one's life has taken, the elements of life help us like a map along the way. Sometimes we get lost, other times we find a shortcut. No matter how one gets there, without help, the road of life is always more difficult than a walk in the park. Enjoy life and all the curves that it throws you. It is the one and only chance you get.

Senior Mara  
Naughtin  
and Junior Brian  
Snee enjoy a na-  
ture walk on  
their way to class.

*Photo by Julia Flauaus*







Breathing is an essential part of life, just like socialization is important to a good college education. It is part of the package, the experience of a lifetime. Where else can you say that it is important not to get wrapped up in books and studying all the time, there must be a time to let loose and be free within the constraints of the system?



Freshmen Sam Lyndell, Llynn Hayes, Sophia Brown, and Brandy Duran are excited to participate in the Hillbilly Olympics. Photo courtesy of Student Activities

A group of students gather in front of the Student Center for a free barbeque. Photo courtesy of Student Activities







Sophomore Joe Osdick carries on a conversation with freshman Liz Walstrom as they watch the volleyball game in the fieldhouse. Photo by

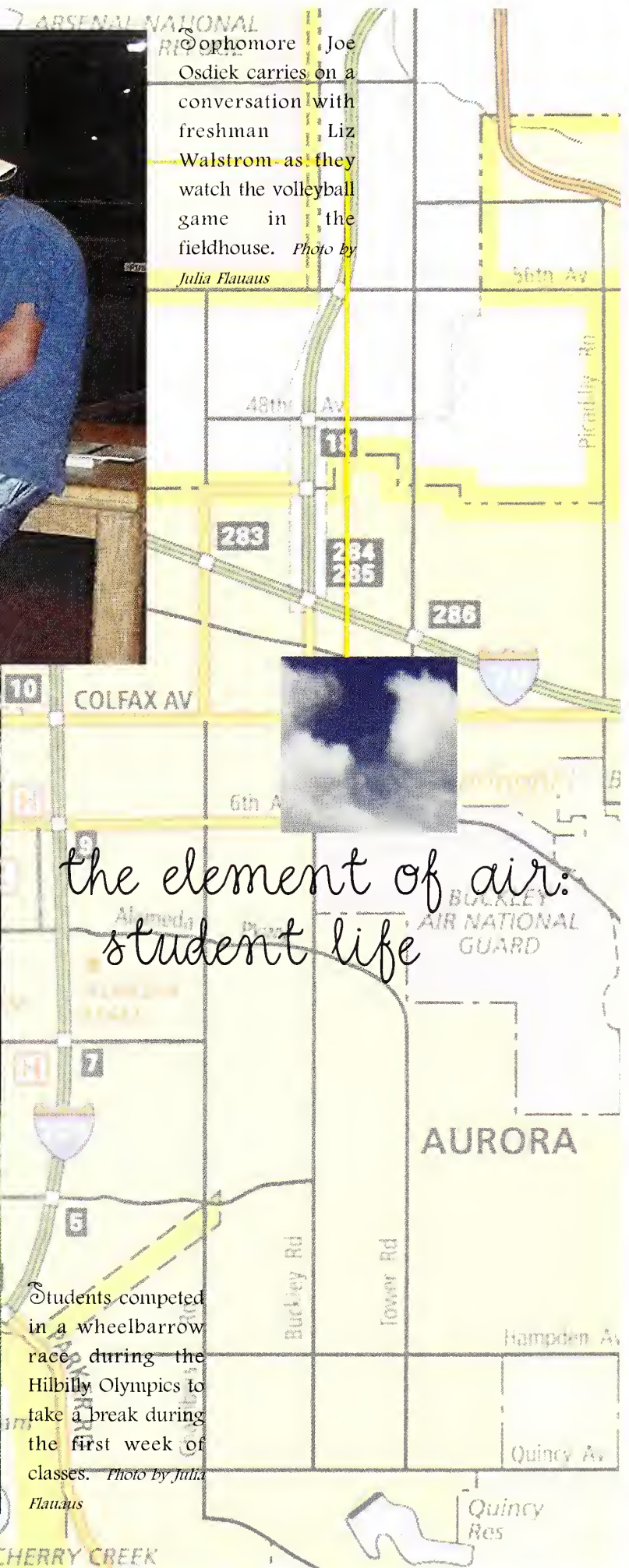
Julia Flauaus



## the element of air: student life

Students competed in a wheelbarrow race during the Hilbilly Olympics to take a break during the first week of classes. Photo by Julia

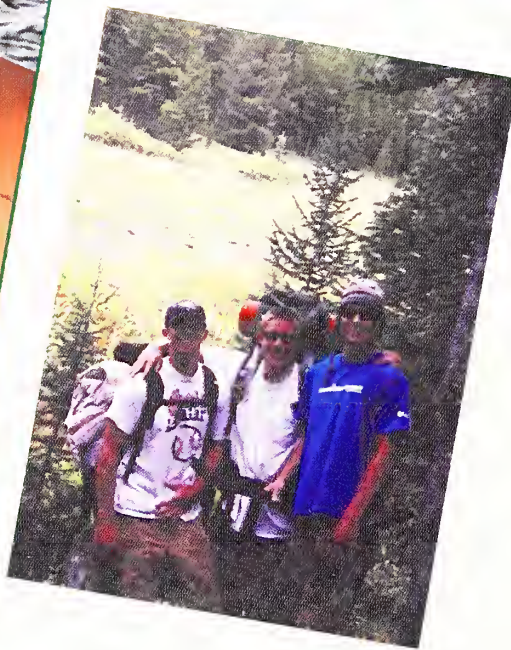
Flauaus





# Postcards From the Edge

So what did you do this summer? Climb a mountain? A huge road trip across the country? Or how about backpacking through Europe? The four months of freedom from school is a breath of fresh air, to relax and catch up on what we cannot accomplish during the year. Many students chose to continue their education in many ways whether it be school, jobs, internships, traveling, or just plain having free time. Here are a couple first hand stories of the adventures of summer time.



I went on a fishing and camping trip with my brother Christopher and Steve Uhen. We had a great time and I wouldn't want to enjoy the time with anyone other than these two. These activities are our favorite things to do in our freetime over the summer. senior Michael Mariani

CALIFORNIA



RESTAURANT

THE NORTHERN MOST DENNY'S IN THE

BEAUTIFUL. so cool. How was your Halloween. Mine was good. I was Fire and my (see picture) was Water. I just went to a little at my friend Sarah's, a big, but we RULED. I was orienteering my glasses through the narrows to the wall. Look

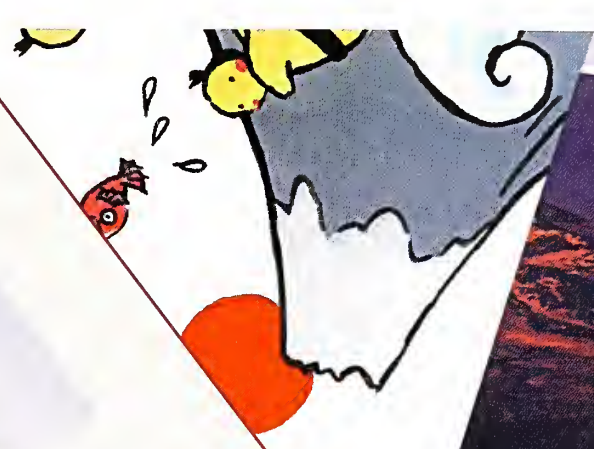
lazy I guess I guess

shod wait for



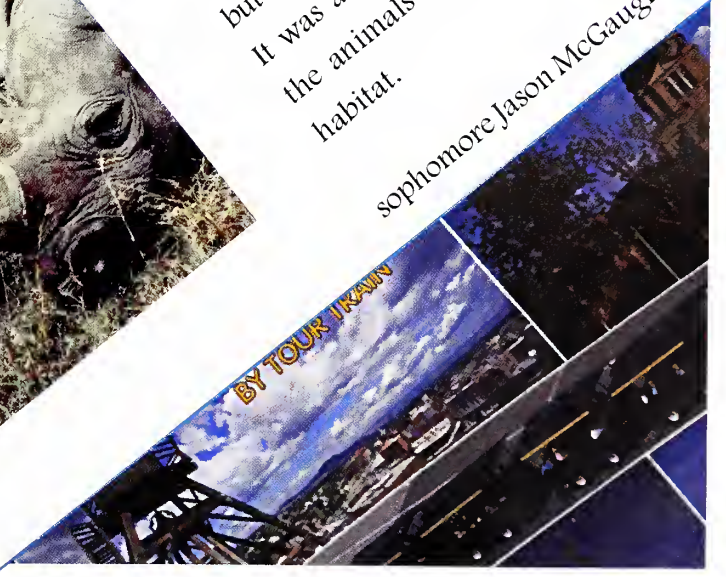


I spent my summer as a camp counselor at Mt. Hood Summer Race Training Camp. It was pretty awesome because Mt. Hood is one of two places (besides Whistler) in North America that is open for skiing during the summer. I got to meet Tony Hawk, Johnny Mosely, and the U.S. Ski Team! sophomore Liz Chouinard



This summer, I went on a NOIS (National Outdoors Leadership School) program to Kenya for two months. It was very challenging time, but also a great life experience. It was also really cool to see the animals in their natural habitat.

sophomore Jason McGaughey







This past summer, I went on a 50-day Outward Bound semester course. it was an amazing experience. We visited Colorado, Wyoming, and Utah. I learned a lot and plan on being a yoga loving, wheat germ eating, mountain -lover for life! Heck, I only took 2 showers in 50 days- I'm well on my way!

sophomore Carmela Kelley

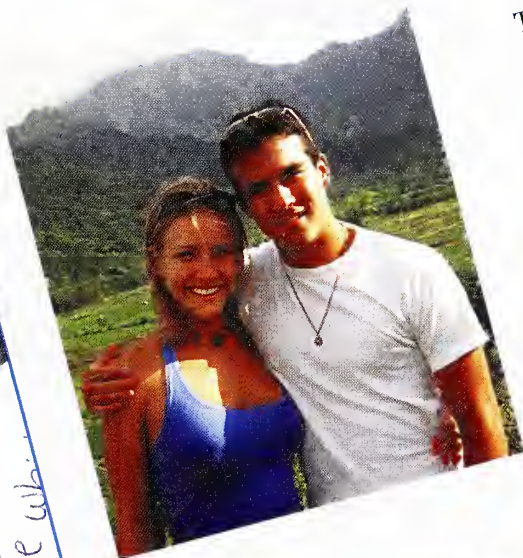
This past summer, I went on a trip to Ireland with Dr. McCabe and Councilman Gallagher. They were great teachers and made the trip more interesting. It was a great hands-on learning experience rather than sitting in a classroom. The country is so green and beautiful, and it was really neat to hear the accents and the Gaelic language.

senior Theresa Bisio





like Air, the element of life  
at world that takes itself



This summer, I went to Hawaii with my girlfriend, Elysia Sutherland, and her family. It was the best time I ever had, and I will never forget the experience for the rest of my life.  
freshman Jonathan Inaba

Wish you were here  
I miss home



My sister and I went through Italy and Greece for about two months. I also met a friend in Austria who came with us. We have been making these trips during the summer for about four years.

sophomore Chris Schechter





# The Places You'll Go

## Freshman Orientation

Gathered together in the fieldhouse, families enjoyed a final dinner and a farewell at the end of orientation weekend.

*Photo by Julia Flatau*

Freshman Chase Smith tries to decode the class lists during his first trip to the bookstore. *Photo by Julia Flatau*







Freshmen Jessica Peters, Albert Finn and Kira Bazo wait for their student IDs.

Photo by Julia Flauaus

By Tonia Johnson

"Be your name Buxbaum or Bixby or Bray or Mordecai Ali Van Allen O'Shea, your off to Great Places! Today is your day! Your mountain is waiting. So...get on your way!" *Oh, the Places You'll Go!* was the message to incoming freshman at this year's freshman orientation from August 24 to the 26. About 300 students were expected to attend the three-day event.

Activities used to familiarize new students with campus and student life ranged from roasting a pig to playing wacky games, which also gave students a chance to get to know one another. Students also spent time moving into their halls and buying their books, and helping their parents cope with the transition into college. The second day of orientation students sat through informational lectures on work-study as well as attended a fair that displayed various school clubs and businesses from the community. Finally, high-school graduates became college students as they were cleared by health services, financial aid, had their student IDs taken, and shelled out the big bucks for their text books.

The weekend was as much for transfer students as it was for freshmen as they, too, became immersed into the Regis Community and met new people. On the last day students were able to relax and enjoy the Regis community and the fun life of a college student by competing with the many other seminar classes in various games and activities.

When my parents left me I felt...

sad until I found the letter from my mom in my pillowcase. Then, I was crying!"  
-Meagan Chesrown  
Freshman

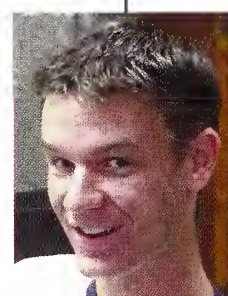


Although I still see my parents a lot, I miss seeing them every day."

-Erin Jelinek  
Freshman

FREE!!!"

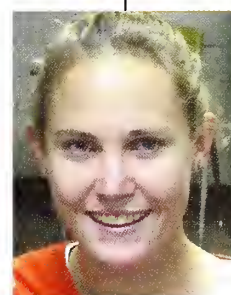
-Margaret Matt  
Freshman



Oh no, who's gonna do my laundry?"

-Travis Prange  
Freshman

I felt excited to be on my own but sad because my mom's a good cook."  
-Nikki Lawson  
Freshman





If I could create an

event, it would be...

a pie eating contest."

-Ysabel Martinez  
Sophomore



naked pole vaulting."

-Clint Johaneck  
Senior



naked water polo."

-Matt Papsidero  
Sophomore



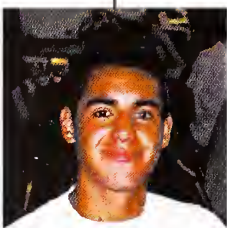
school wide Beirut tourney."

-Natalie Vigilante  
Freshman



body shots."

-Javier Vegas  
Sophomore



Junior Meagan Scott and senior Zac Mazzota take a whirl on the dance floor.  
Photo courtesy of Zac Mazzotta

*By Julia Flanaus*

October first thru the sixth, was dedicated to Homecoming and parents weekend. It was a time for fun overall. Also, it was a chance for parents to come visit their children at school since they had settled in. Homecoming team challenges, a golf tournament, bed races, a dance on Saturday night, Casino Night with proceeds going to the American Red Cross, Men's soccer, Women's soccer, Rugby and Volleyball games, and other events took place over the days. The theme, Helios, Selene, Hesperos (sun, moon, stars), aligned with the elements of life. This year, seniors Charity Hermes and Matt Smith were crowned the Homecoming Queen and King. They were nominated by faculty who thought filled the statement of "Men and Women in the Service of Others." The golf tournament, in its third year, took place on Saturday, which families of students were invited to participate. Overall, it was a great week of events to involve students with each other and the school.





# Sun, Moon, & Stars

## Homecoming 2001



Sophomore Mo Jackson and junior Sue Pagorek play around with whip cream. *Photo by Marissa Carelli*

Freshman Justin Gorrie covers senior Marissa Carelli with foam during the bed races. *Photo courtesy of Student Activities*





# PAC Presents:

## Thursday Thrills

Freshman AJ Forte handed the blind-folded mentalist foreign money, while he guessed it correctly.

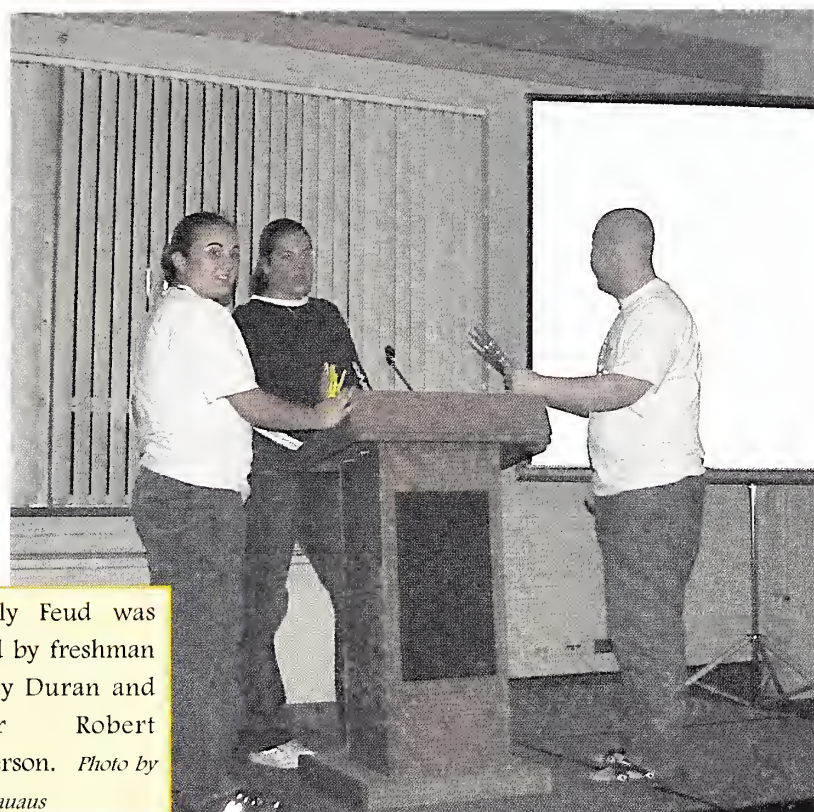
*Photo by Angie Luetters*

Senior Katie Fassbinder, sophomore Jake Lynch, and, each drank a gallon of milk in an hour for money at Stupid College Tricks. *Photo*

*by Julia Flauaus*







Family Feud was played by freshman Brandy Duran and junior Robert Henderson. Photo by Julia Flauaus

By Angie Luetters

Whether it be dancing at Jackson's Hole or winning a date at Regis' own version of MTV's *Singled Out*, there is always something for students to do on a Thursday night. Organized by PAC, it provides students with creative ways to meet new people, have fun, and experience new activities. "The main goal PAC has for Thursday Thrills is to build a strong community of students. We use different events to target all the different groups on campus so everyone can participate," said senior PAC member Theresa Bisio.

This year's Thrills started off the year by giving students the chance to gather together to watch the movie *Roadtrip*. Other events throughout the year varied from the Stupid College Tricks to the elegant winter formal at Brittany Hill. Junior Quinn McCoy, the director of PAC, put it best when she said, "We are kinda like McDonald's...we love to see you smile!"

I would...

For \$100,

eat a goldfish."

-Kiley Kroh  
Freshman



kiss my roommate Dave...  
with tongue."

-Jared Salas  
Senior

shave off my  
eyebrows -  
AGAIN!"

-Liz Crowell  
Sophomore



do the ditty  
with Sean  
Connery."

-Katie Newland  
Sophomore

be tarred and  
feathered."

-Scott Richards  
Sophomore





I would take an

out-of-town guest...

shopping on  
Pearl Street in  
Boulder."

-Kelly  
Applegate  
Sophomore



to  
Breckenridge."

-Lucy Costello  
Sophomore



to a Frat party  
at DU."

-Bridget Condon  
Junior



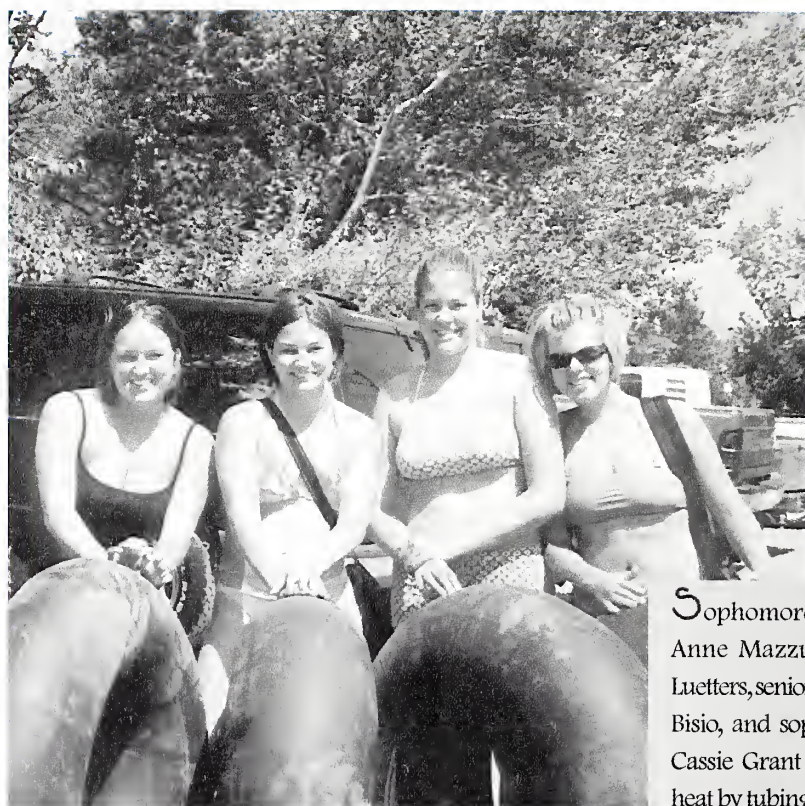
to Beau-Jo's  
Pizza."

-Brianne Smith  
Junior



downtown to  
Lodos."

-Jonathan Hiera  
Senior



Sophomores Ma  
Anne Mazzu, Ang  
Luetters, senior There  
Bisio, and sophomo  
Cassie Grant beat th  
heat by tubing. Photo

Julia Flauaus

By Liz Kerr

Oh, the excitement of Denver! On almost any given night students can find a sports game to cheer at, a concert to attend and many bars and clubs to dance at. During the day, one could enjoy a walk down the 16th St. Mall with a variety of shops and restaurants. Or you could test your limits on the many rides and adventures at Six Flags Elitch Gardens. Many people find Red Rocks a main attraction like sophomore Mary Anne Mazzu. "Red Rocks is an amazing natural amphitheater, so every concert sounds unbelievable," Mazzu said.

And if high traffic scenes aren't your style, many students go to the mountains as a get-away. As sophomore Jim Cessar says, "I love when the temperature drops because then snowboarding season starts." Snowboarding, skiing, and other snow sports aren't the only attractions in the mountains, however. You can alpine slide at some resorts, or hike and bike during the warmer seasons.

So, no matter if you're looking for a day life, a night life, shopping or sports, students can always find something exciting to do around Denver.





# Don't Say Bored

## Denver Events



Sophomore Joe Cessar and friends take a break at Elitch's during the first weeks of school. *Photo courtesy of Julia Flatau*

Sophomores Kristen Kumangai, Jennifer Roller, and junior Lisa Arling celebrate at the Avalanche parade this summer. *Photo by Angie Stockton*





# At Brittany Hill

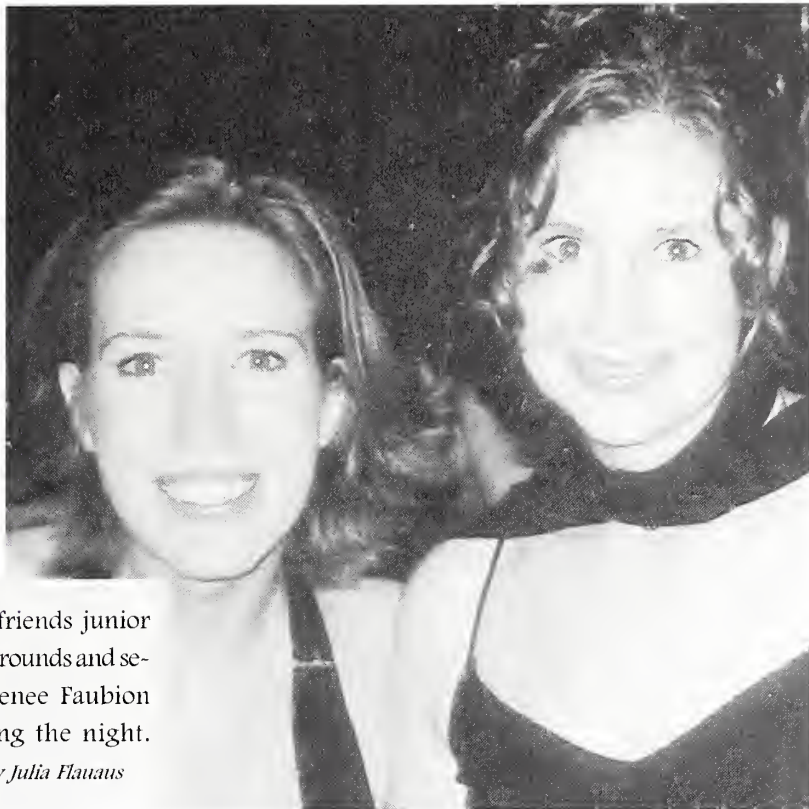
## Fall Formal

The dance floor was the place to be all night with the great music. *Photo by Julia Flauaus*

Senior Krista Potter and other students cut a rug on the floor. *Photo by Julia Flauaus*







Two friends junior Erica Grounds and senior Renee Faubion enjoying the night.

Photo by Julia Flatau

By Theresa Bisio and Julia Flatau

The fall formal took place this year at Brittany Hill in Thornton, Colorado. The last real chance to just break loose of the semester before finals week and all its effects start to envelope all remaining free time. Many students attended the wonderful event put together by PAC. Formal dances are a time when students dress up and dance all night. After arriving by bus in dress shoes, the icy hill was a struggle to climb for the majority. Once inside, the extra effort was well worthwhile. The atmosphere was one of a kind complete with decorations, marvelous food, and pleasant company of others. The DJ played a variety of music to suit everyone's taste, that was suitable for dancing. There was plenty of dancing, fun and socializing for the event. If it got too hot on the dance floor, there was an outside patio overlooking Denver with an amazing view of the skyline. Sophomore Maureen Bisio said, "The music at the dance was really good and it was really fun to dress up and see what everyone else was wearing." Overall, the dance was a memorable event that provided a lot of fun and an escape from the studies.

best about the dance?

"What did you like

The bus driver's sexy mullet."

-Julianna Bayley  
Sophomore



the chocolate and carrot cakes."

-Sasha Hernandez  
Junior

I would have fun all night and drink."

-Jenne Bencken  
Sophomore



The alcohol they gave me."

-Mario Delece  
Sophomore

I drank for the first time."

-Salli Schlacks  
Freshman





"For my 21st  
birthday, I...

went to Vegas.  
I gambled and  
watched the  
sun rise."

-Jen Lux  
Senior



won't remem-  
ber what hap-  
pened."

-Maureen  
Jackson  
Sophomore



went to bars,  
got laid, and  
threw a huge  
party at the  
Brown Palace."

-Dane Danbury  
Sophomore



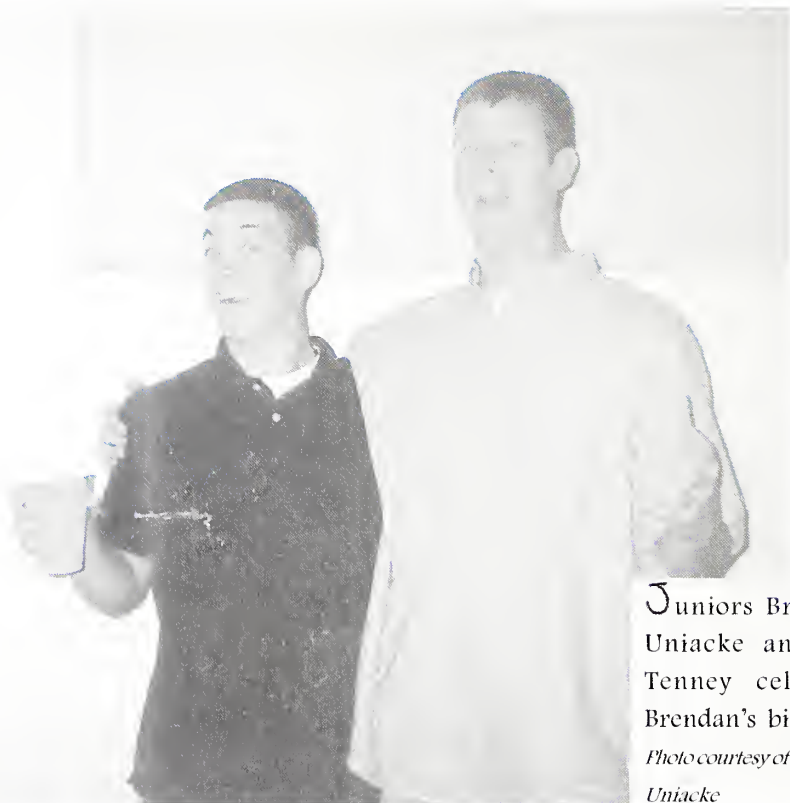
will probably  
skip school."

-Martha  
Donagher  
Junior



went to my best  
friend's wed-  
ding. It was the  
biggest party I  
will ever go to."

-Sarah Weilert  
Senior



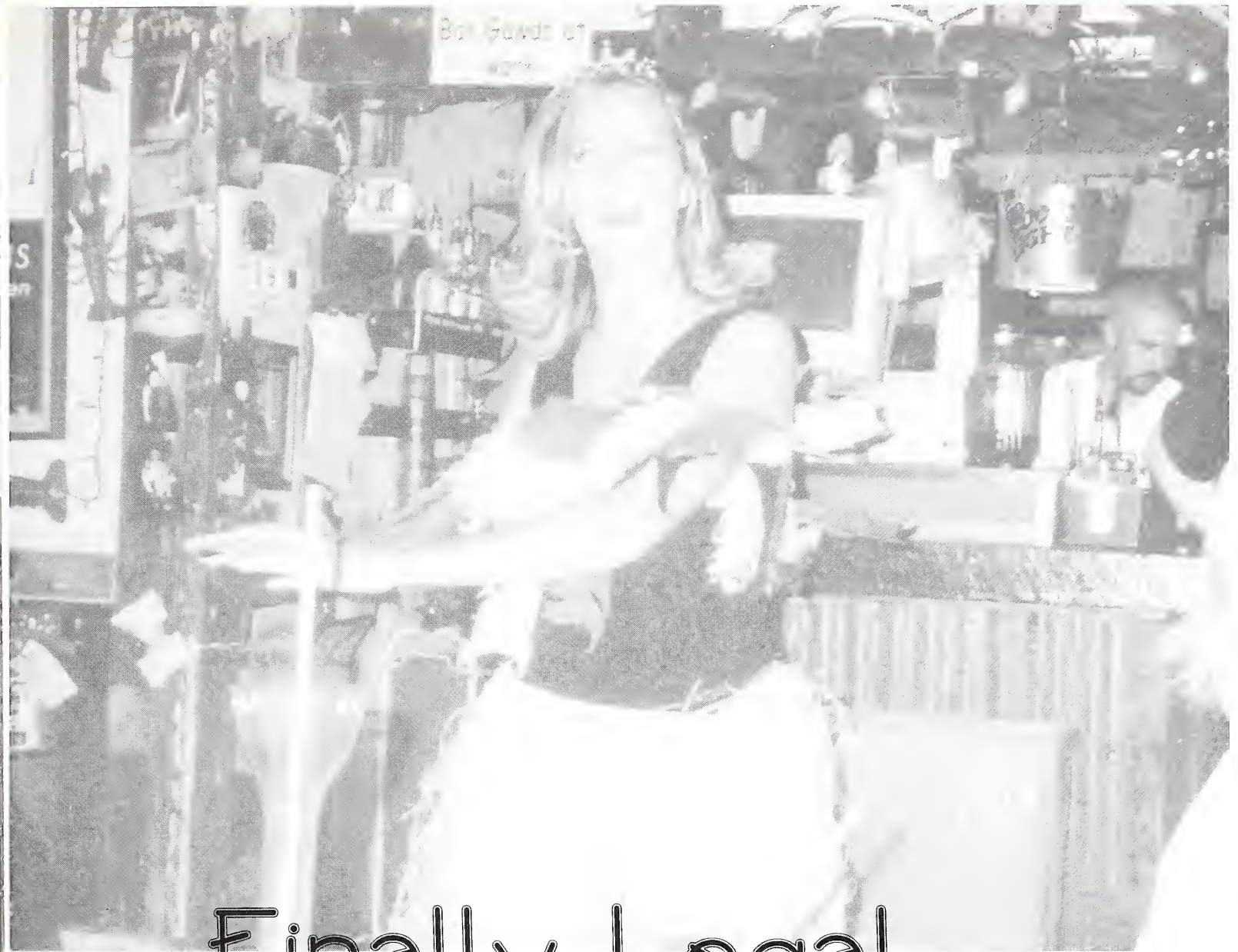
Juniors Brendan  
Uniacke and Jeff  
Tenney celebrate  
Brendan's birthday.

*Photo courtesy of Brendan  
Uniacke*

*By Julia Flauaus*

Turning 21 is not for you, it's for your friends, or that's what they say. And that fact is felt the next day in the midst of the effects of a long, fun night on the town. The rest of the night is just a blur surrounding bars and free shots. The majority of people turning twenty-one do end up at a bar, it is what you are restricted from until one is of age, mature or not, but this is what the law says. Some do not revel in this new found freedom and think of it as only another birthday, yet defining one's role as an adult. From this point on you are on your own, with your friends to guide you and pick you up if you fall. It is the one night where you can enjoy many free drinks provided by those surrounding you who want to see you at your worst, or hoping to see you end up that way. Twenty-one also brings a sense of maturity to one's life. Far behind are the days of childhood and adolescence. The rest of your life is in front of you, many doors still wide open for you to come calling. This may be the best time of your life, the best still may lie ahead. But for whatever path you choose, enjoy it all to the fullest and scam as many free drinks as you can, if appropriate.





# Finally Legal

Turning 21



Junior Maria Jelinek does the hula as friends sing "Happy Birthday."

*Photo by Julia Flatau*

Juniors Brittany Haroldson, Melissa DeAnda, and senior Patricia Cruz celebrate junior Angie Stockton's 21st downtown. *Photo courtesy of Angie Stockton*





# One More Time

Last Call

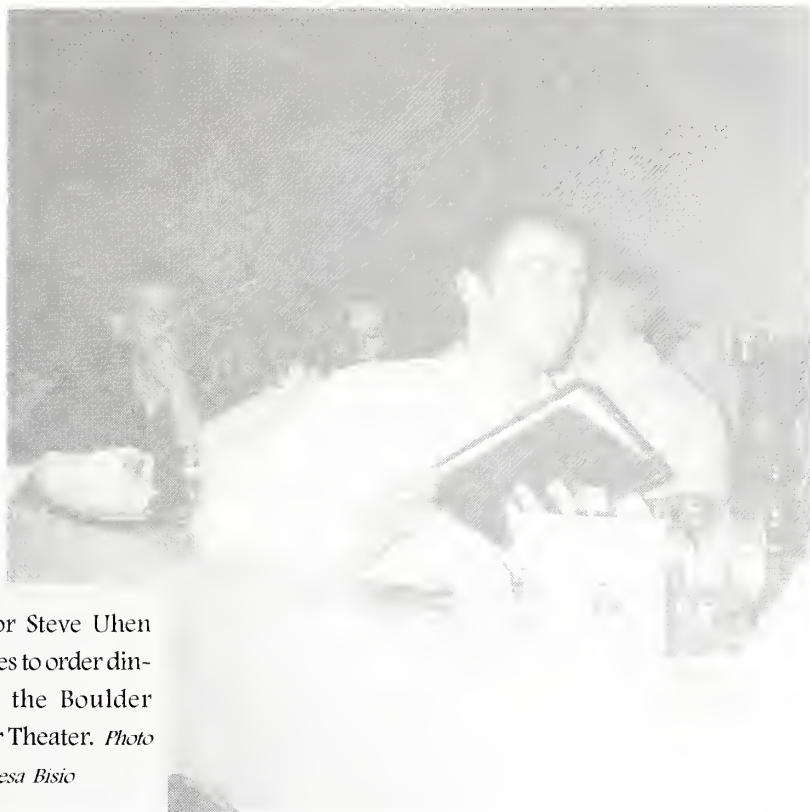
Part of the group lets loose and jumps on the train during a dinner gathering.

*Photo by Julia Flatau*

Seniors Mary Beth Cahill and Sarah Unger participate in the Murder Mystery Dinner. *Photo by Theresa Bisio*







Senior Steve Uhen prepares to order dinner at the Boulder Dinner Theater. Photo by Theresa Bisio

By Theresa Bisio

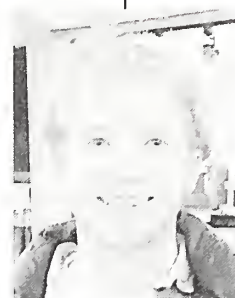
Given the fact that about 25 percent of students are seniors, does not mean that they have seen and done it all. Senior Last Call provides an opportunity for soon-to-be-graduates one last chance to participate in a variety of events that they normally would not even know was there. But more than seeing the hot spots of Denver, Last Call helped seniors to hang out with long lost buds made in the dorms from freshman year. Sponsored on once a month by Student Activities, it offers seniors a chance to get out and experience something new. A few of the events the group participated in were a pub tour in downtown Denver, a trip to Black Hawk, the Boulder Dinner Theater, a small play known as The Lion King, and the option of going to Hawaii for Spring Break. Senior Matt Smith attended many events and said, "Last Call was great this year. It was well-organized and was a lot of fun." The big trip for Spring Break was originally organized for London, England, but as circumstances changed, it was decided that the best bet would be to go to Oahu, Hawaii instead. Either way, it provided an opportunity for students to have an awesome get-away at a very reasonably low cost.

before graduating is...

"One thing I want to do

pass."

-Adam Pickles  
Junior



backpack  
through Eu-  
rope."

-Tymbre Smith  
Junior



once more  
introduce all my  
friends to the  
infamous Mr.  
Bush."

-Greg Leary  
Senior



get an A in  
photography."

-Mer Gettman  
Senior



run away with  
the circus."

-Lauren Shugrue  
Senior





How have you

changed in college?

My goals are more defined."

-Patricia Cruz  
Senior



I have realized I now know who I am."

-Maria Jelinek  
Junior



I have grown an inch taller."

-Becky Wolff  
Junior



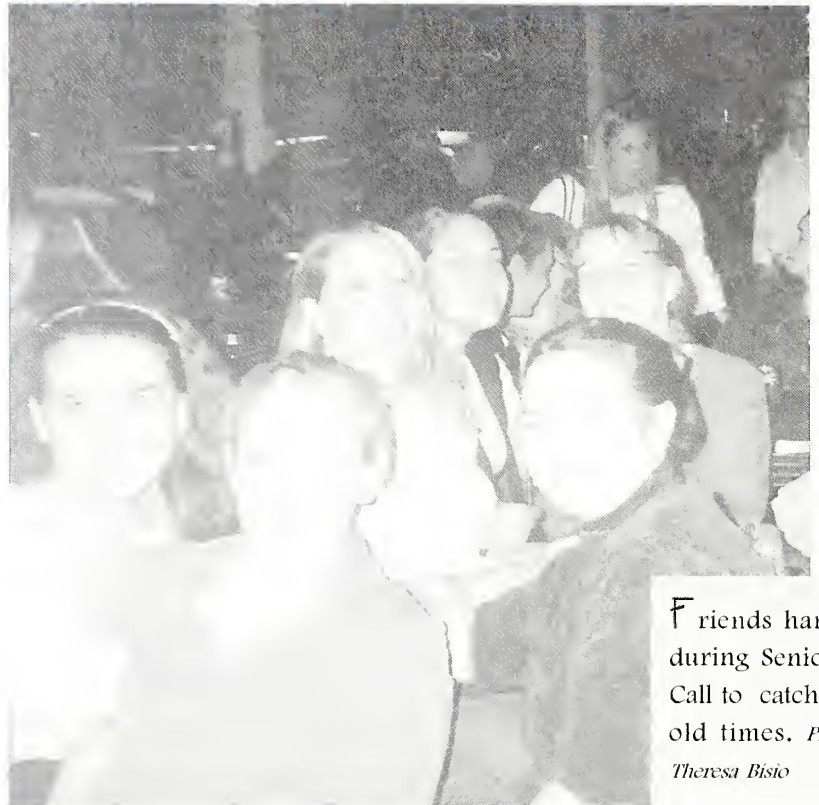
I look at guys in a whole new way!"

-Dan Benton  
Senior



I have maintained a smile but there is less to smile about."

-Anne Sale  
Junior



Friends hang out during Senior Last Call to catch up on old times. Photo by Theresa Bisio

By Julia Flauaus

The years of being a freshman to finally being a senior, is one of the most transitional times in one's life for personal growth. Going off to college was a big step in itself, much less deciding on what classes to take and meeting a ton of new people. By the time senior year rolls around, you know what teachers to take, and you've gotten to know mostly everyone. Through these four or occasional five years, life long friendships are developed, and encounter unforgettable experiences that help shape us into who we are. The time through the first couple of years is spent deciding on a major and where the right place is for you; the last years are spent completing that major or majors, and taking a hold onto the world. At the end comes the time to decide what in the world you are going to do with that degree and the rest of your life. Peering into the future one might not be able to see much, others have the road all planned out. Growing up happens a lot over these years. Supporting yourself becomes a big issue as parents begin to push you out of the nest. Changes are not all mental, but also physical and spiritual. College is the time to find out who you are and to define it.





# Transitional Period

## Freshmen to Seniors



A group of seniors who have been friends since freshman year. *Photo courtesy of Theresa Bisio*

Seniors Brian Wasinger and Steve Uhen as freshmen living in DeSmet, hanging out and watching TV. *Photo courtesy of Theresa Bisio*





# Friends Forever

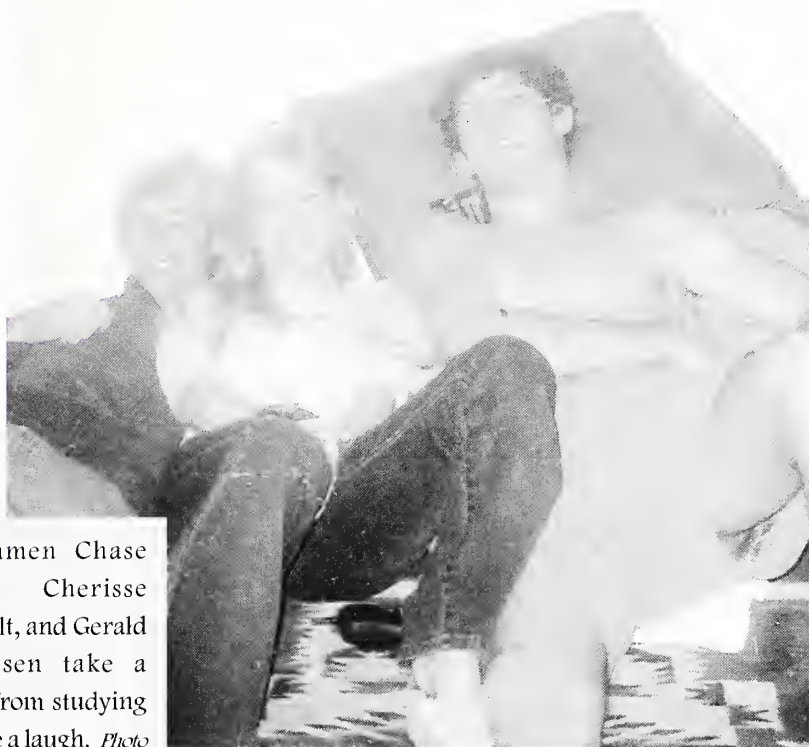
friendship

Senior Julia Flauaus and sophomore Jen Younkin, now, and many years ago. *Photos courtesy of Jen Younkin*

Junior Jeff Tenney, seniors John McGraw, Christopher Mariani, and Jared Salas, enjoy weekends with friends. *Photo by Angie Luetters*







Freshmen Chase Smith, Cherisse Thibault, and Gerald Mewissen take a break from studying to share a laugh. Photo

by Angie Luetters

By Angie Luetters

Friends: the siblings God forgot to give us. Although most people come to college to get an education, schoolwork is only part of the experience. Along with the classes come the unforgettable times one has with friends they've made. One will easily forget that test that was failed, but will remember forever what other activities were done instead of studying, whether it was laughing so hard with friends that your stomach hurt the next day, or revealing deepest secrets to people unknown to you six months earlier. The time one spends with friends helps one forget about the stresses of life. When push comes to shove, they will always be there for you when you needed them most. "My friends always know how to get me thinking about other things when I am all stressed out about school," said sophomore Jill Goemmel. Because Regis has such a laid-back atmosphere, it is easy to make friends. Freshman Kane Peschl agreed, "It was really easy to meet people here because everyone was so open and friendly."

do with my friends is...

"My favorite thing to

sit around and try to remember to details of the night before."

-Maureen Bisio  
Sophomore



partying."

-Kelly Mann  
Freshman

going to dance clubs."

-Natalie Darby  
Sophomore

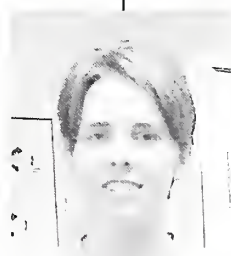


build forts in the living room."

-Amy Baisley  
Sophomore

to do something child-like."

-Dana Emmons  
Senior





“What is one thing  
you can't live without?”

the ocean and  
my friends.”

-Holly Yamada  
Freshman



water.”

-Tim Harden  
Junior



My special  
black lady  
Guinness.”

-Rob Mattoch  
Senior



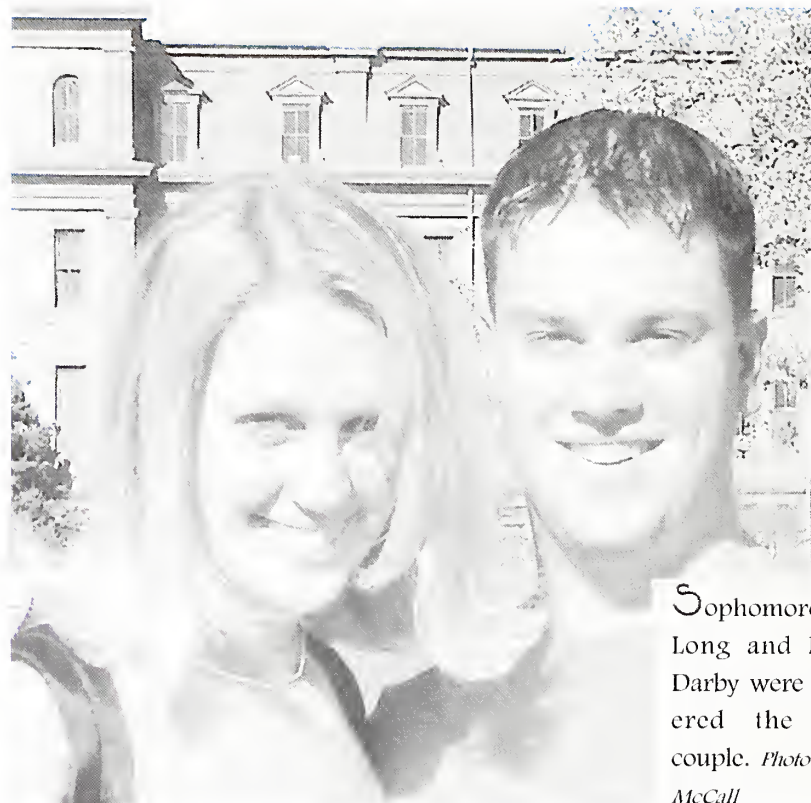
my faith.”

-Jonathan Wise  
Sophomore



“...men.”

-Tiffany Potland  
Sophomore



Sophomores Matt Long and Natalie Darby were considered the cutest couple. *Photo by Tracey McCall*

*By Tracey McCall*

To hear the words ‘I love you’ may make you go weak at the knees and make your heart miss a beat. But to what or whom those three little words are whispered is the question. Natalie Batchelder and Matt Long both sophomores have been dating for the last year and agree that the best thing about being in a relationship is “always having someone to be there and to talk to”.

Sometimes the idea of love is transferred to objects or other living beings other than people. For example, the love of a certain football team, favorite animal, or material object may do for one person the greatest joy in the world. Like mothers to their children, we come into our own and decide what takes a foothold in our lives.

Love can make you smile, cry and jump for joy; it is a powerful emotion and manifests itself in many different forms and ways. It may be love for family, friends, lover, spouse, pet, hobby or possession. But keep this in mind - to give love is nothing, to receive love is everything and love is love no matter where directed because beauty is in the eye of the beholder.





# With or Without

## Ideas of Love



Seniors Lindsey Burke and Tim Woodard have been dating since freshman year. *Photocourtesy of Lindsay Burke*

Evidence of love shared by junior Liz Kerr and her yellow bug Lola. *Photo by Theresa Bisio*





# Define the Mystery

## Spirituality

Sophomore Ally Strobel and senior Patricia Cruz have group reflection during Fall Mountain Retreat.

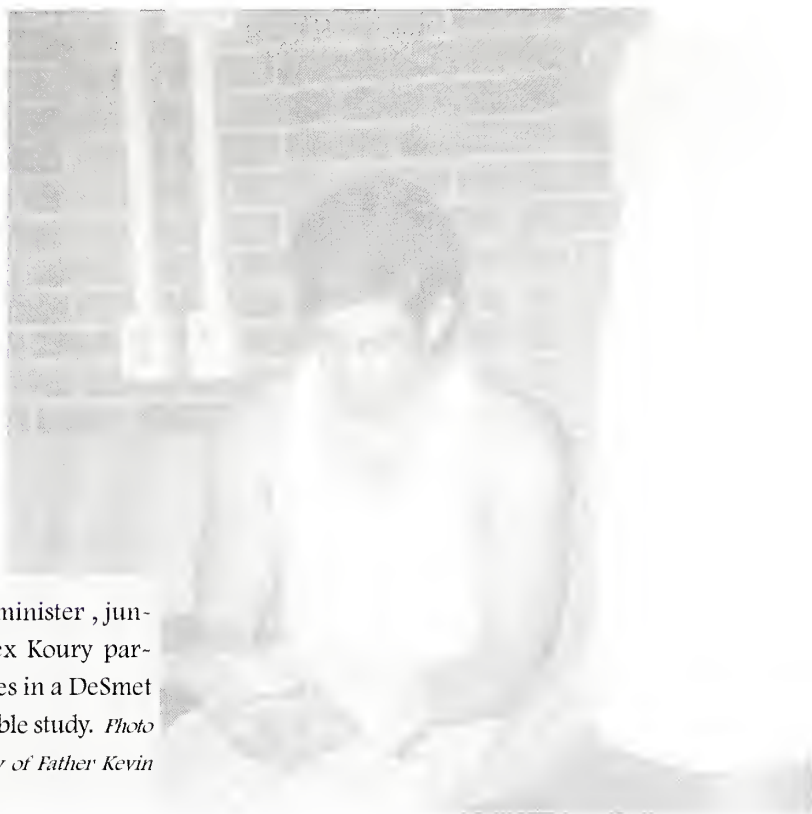
*Photo courtesy of Ally Strobel*

Peer ministers sophomore Irish Cooney and juniors Alex Koury and Gina Tagge find the inner beauty in everyone despite their in abilities.

*Photo courtesy of Father Kevin Cullen*







Peer minister, junior Alex Koury participates in a DeSmet Hall bible study. Photo courtesy of Father Kevin Cullen

By Angie Stockton

Spirituality has a different meaning to everyone. To some, spirituality and religion are one in the same. They believe this because they have been taught to, or possibly they have only felt piritual, or felt the most spiritual while in their chosen place of worship and prayer.

To others, it is possible to be spiritual without being religious, because to them spirituality is something that doesn't only happen within a sacred place. Spirituality is something that happens within people, once they they understand who they are and what they believe.

Either way you define spirituality, it's about seeking out the mysteries of life. One day we will all fade away from the bodies we inhabit, and we will move on. But the mystery lies in figuring out the paths we will take and the experiences we will have on out way to the final destination, and how those experiences affect us.

"Spirituality means...

one's belief in those times that can't be explained."  
-Anthony Toldstedt Junior



Believing in something and expressing it in your own way."  
-Suzi Thompson Freshman

how you live your faith."  
-Zac Clark Freshman



maybe a way of examining things in your life."  
-Lindsay Chabot-Olson Junior

what you learn on the journey of self-exploration."  
-Becky Wood Sophomore





## What motivates

you to exercise?

I like to get out and play sports, it makes me feel energized."

-Jake Lynch  
Sophomore



because I know it's good for me."

-Amanda Moore  
Junior

the feeling of ineptitude and laziness."

-Kevin Kroh  
Senior

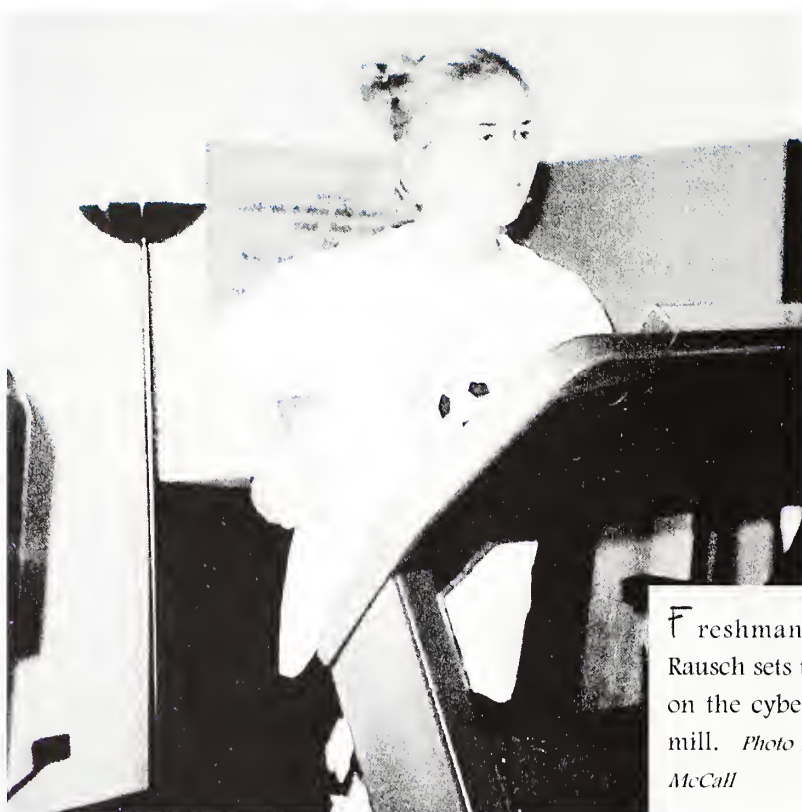


to keep in shape, keep fit and healthy."

-Heidi Kurtz  
Junior

Tim Woodard's girlfriend!"

-Christopher Mariani  
Senior



Freshman Ali Rausch sets the pace on the cyber treadmill. Photo by Tracey McCall

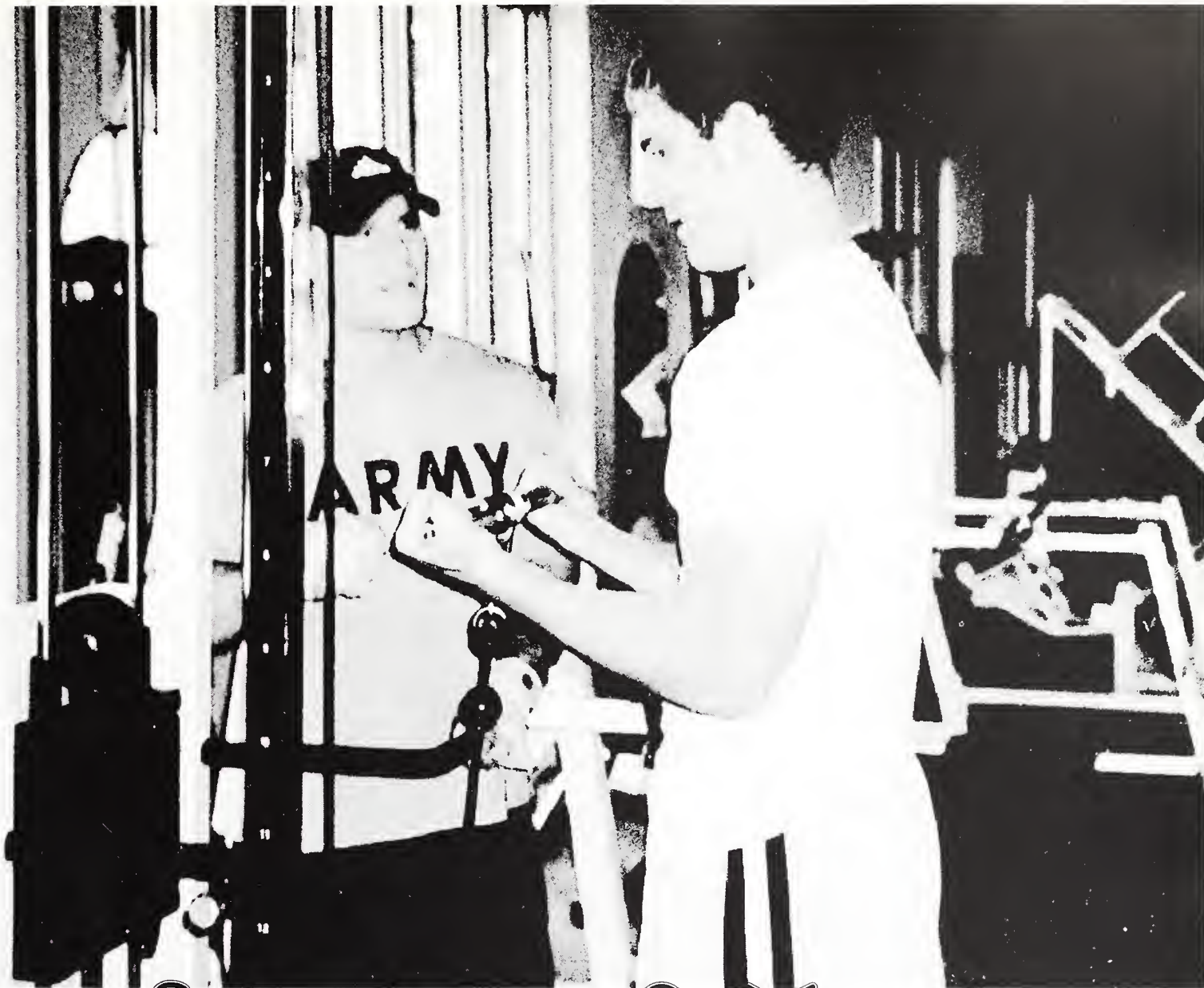
By Tracey McCall

Fitness in the 21st century is all about choice; at the Coors Life Directions Fitness center, it's all about 'flexing' to your needs. On offer are a variety of fitness machines and classes that will suit almost all schedules and workout needs- so no excuses! Fitness assistants, freshmen Kelsy Bane and Erin Jelinek both agree "cardio kickboxing is one of the more popular classes offered first semester."

There is a lot of reasons why people endure an hour of sweating, pain and physical exercise, to feel good, look better, get in shape for that knock 'em dead outfit, train for a sport, or lose weight. "I feel so much better when I work out, I feel healthier and my energy level soars," said Kate Bowman.

Melissa Lanagan said, "because we are in a great state for the outdoors, running beats the gym any day." It may be one thing to run 3 miles on a treadmill, but to discover how far that 3 mile workout can take you out into the fresh air, hiking, walking, running, or climbing a cliff face can be a fun adventure.





# A State of Mind

## Health and fitness



Junior Mike Kasal is encouraged by Senior Kiel Hovland to continue lifting on the cable cross. *Photo by Tracey McCall*

Taking a well earned rest are the students from the backpacking class in the Rocky Mountain National Park. *Picture courtesy of Mike Medina*





# Working Class

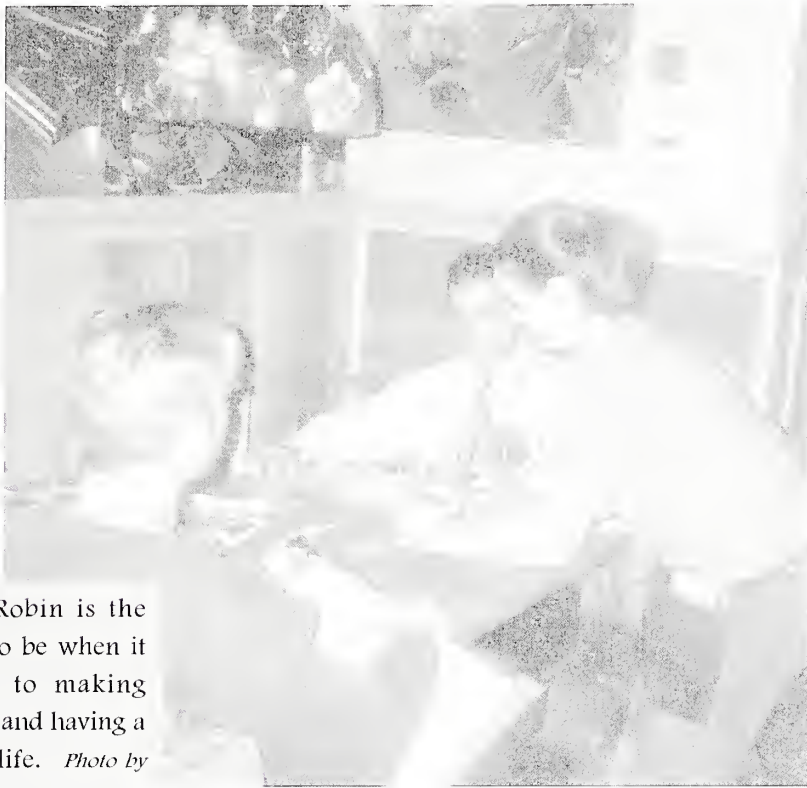
Jobs

Freshman Erin Jelenik enjoys making money at the Fitness Center in her free time. *Photo by Tonia Johnson*

For these students, it really isn't work to play with the kids. *Photo By Tonia Johnson*







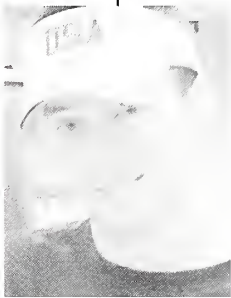
Red Robin is the place to be when it comes to making money and having a social life. Photo by Theresa Bisio

By Tonia Johnson

Working is essential for college students; buying books, paying tuition or just having fun, which makes having a job necessary. Many students seek employment from work-study positions to local establishments. Many students work away the hour serving fries and soda at the many restraunts in the metro area. "Working at Red Robin allows me to meet people and have great food," explained sophomore Liz Chouinard. Students can choose from a plethora of work-study jobs on campus. Choosing from three levels of jobs, they can find something that matches how much they want to work. "Working at the Fitness Center is a great job. It gives you a chance to kick back and relax from classes," said Erin Jelink. Work-study students can also opt to work off campus doing community service as part of the Regis Corps. These jobs usually pay more and the personal rewards are more beneficial than the pay. Seven students work at Mt. Saint Vincent Home where they help take care of children from abusive homes. Regis students have many opportunities to find something that fits their needs and interests when it comes to making money.

get paid for...  
"I wish I could

shopping."  
-Stephanie Trujillo  
Sophomore



trying on different pairs of socks."  
-Eddie Bessenbacher  
Freshman

shopping."  
-Jessica Creadon  
Sophomore



traveling."  
-Maddy Atencio  
Freshman

wearing gray all the time."  
-Travis Prange  
Freshman





**"Who would you  
intern for?"**

Jared Salas, my  
hero."

-Dave Nielson  
Senior



Mick Jagger  
and/or Keith  
Richards."

-Peter "Snake"  
Becker  
Senior



Bill Clinton."

-Jill Arnetta  
Junior



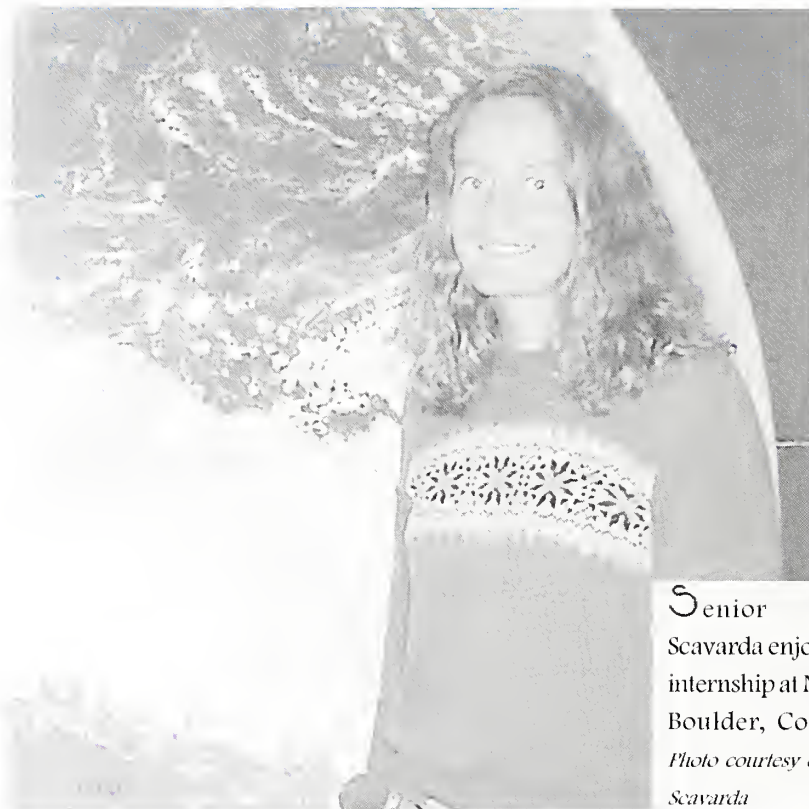
J.T. Marlan."

-Schyler Rohr  
Sophomore



Peter Becker  
and associ-  
ates."

-Jeb Moyers  
Senior



Senior Cindy Scavarda enjoyed her internship at NCAR in Boulder, Colorado.  
*Photo courtesy of Cindy Scavarda*

*By Julia Flauaus*

Many students decide to try out an internship while still attending classes in order to give them the opportunity of seeing what a real job is like. It's an almost risk free opportunity to see what the real world holds, while still leaving the possibility of running back to the comfort of student life. Interns get to experience a taste of the real world and may also receive school credits for doing so. In other cases, internships can be lifesavers when students realize that they truly aren't interested in that particular field. Junior Andrea Buscher, whose internship was for the Regis Corps through Student Activities, said that, "Having an internship is a good experience that will help me later in life. It has also given me the chance to get to know the Regis faculty and staff better." Internships also give students who plan to stay in the region after college a way to meet people in order to gain connections for jobs they might want later in life, after graduating or some other plan. Students will also be able to make better decisions toward their career paths after the knowledge and experience gained from an internship.





# A Taste of Reality

## Internships



Junior Angela Frenier worked at Fletcher-Miller. *Photo courtesy of Angela Frenier*

Working at Physiotherapy Associates at Greenwood Athletic Club, is senior Jon Hier. *Photo courtesy of Jon Hier*





# Do it Yourself

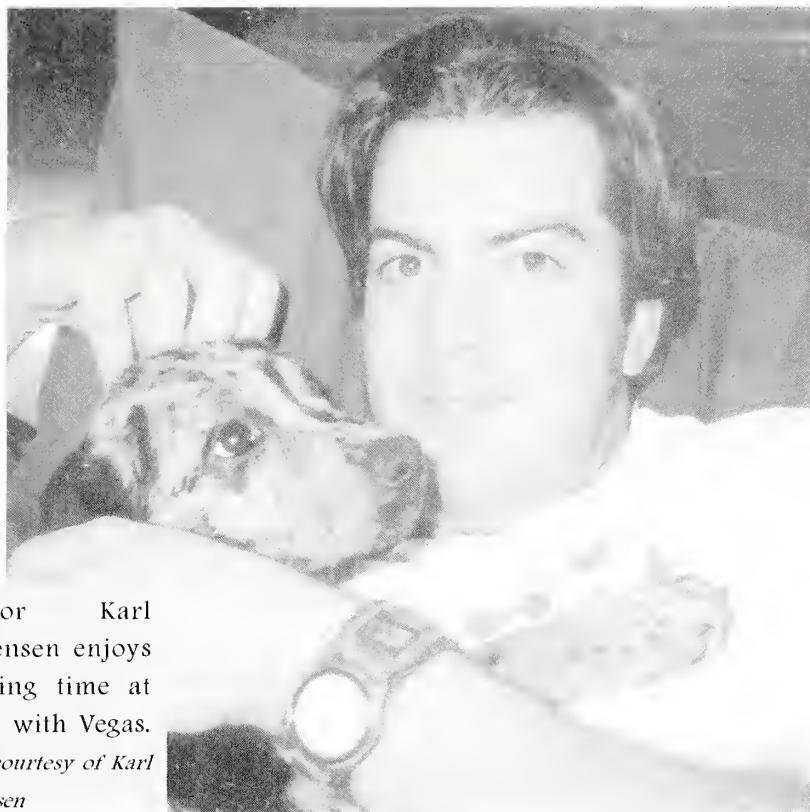
## Living Off-Campus

Sophomores Boo Baghai and Katie Ryan invited friends over for dinner. *Photo courtesy of Boo Baghai*

Speaking of doing whatever you want, junior Brittany Harlodson finds the best place to sit is usually on top of the fridge. *Photo by Angie Stockton*







Senior Karl Carstensen enjoys spending time at home with Vegas.  
Photo courtesy of Karl Carstensen

*By Julia Flauaus and Angie Stockton*

It's nice to finally come home to a place all your own; well maybe it's shared with roommates, but there are no parents, no RA's, no one to tell you what you can and cannot do inside those four walls. So what if you have to pick up after yourself (or even if you don't it doesn't matter), cook for yourself and try to live in peace and harmony with other people's opinions. You've been doing these things for a while now, however this is a little different. You live with who and what you want now. You can choose who you see in the morning, or who sees you, who comes by to visit and who does not. If you don't want to answer the phone you don't have to worry about the person walking down the hall to your door because they "know you are there." If you want a pet, go buy a pet (if it is ok with the rest of the household.) Instead of getting a group of friends together to go out to dinner, have them over. Sure, paying bills is not fun at all because you are giving your well-earned money to other people. All in all, it is a total sense of freedom that comes with the responsibilities, but the freedom is well worth it.

allows me to...

Living off campus

drink a lot and not worry about getting in trouble."

-Michael Periolat  
Junior



not have people bug me when I want to be alone."

-Amy Wilhoit  
Sophomore

do absolutely anything I want!"

-Anthony Amato  
Senior



be able to find out more about myself."

-Brendan Uniacke  
Junior

have more than one cool roommate!"

-Steve Uhen  
Senior





## What was the most exciting

thing that happened this year?

being able to order a pizza from a card."

-Rob Probst  
Freshman



getting kicked out of the hill-billy olympics for always winning."

-Jeff Koraleski  
Freshman



Jessica got a date."

-Evelyn Zatkoff  
Freshman



I had a date."

-Jessica Morrissey  
Freshman



being able to watch the rugby team from my window."

-Danielle Balint  
Freshman



Freshmen Brianna Rodriguez, Jessica Baylis, Laura Fritz, Megan Black, and Johanna Dasteel take time out to play truth or dare Jenga. Photo by

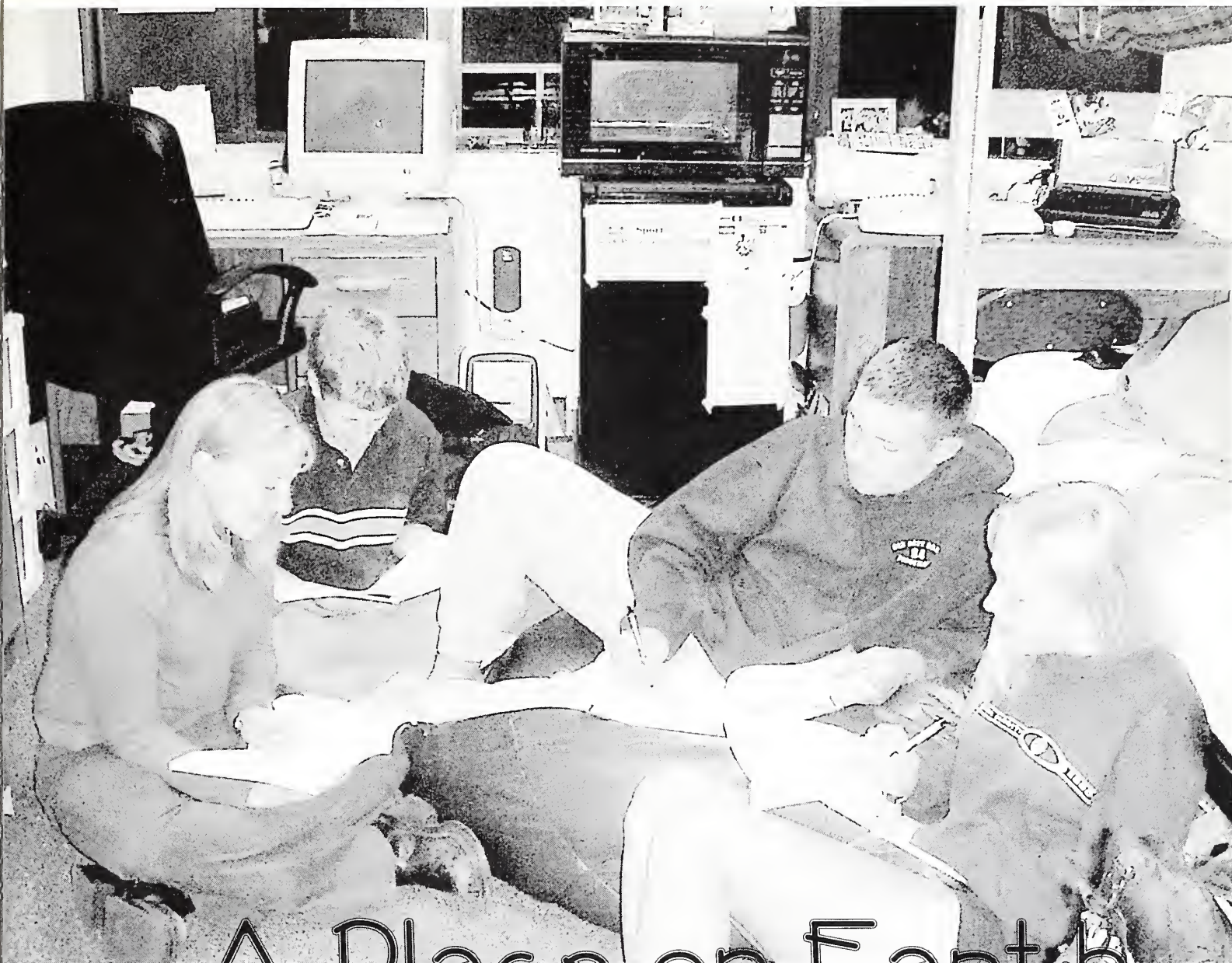
Angie Stockton

By Emily Parris and Angie Stockton

The staff of O'Connell Hall, otherwise known as O'C, had the goal of trying to make their residence hall "The Happiest Place On Earth." Students made the building their home away from home. It was almost like home, though, with homemade cookies provided by the Graduate Hall Director, Darcy Fehringer. An award for the Resident of the Week, which displayed the importance of each and every O'Connellite to the community also hung in the front lobby of the building.

The homey environment wasn't the only thing making O'C life special, however. The building was revamped over the summer, adding a new air conditioning system similar to the system in West Hall and almost all rooms were equipped with new furniture. Where built-in closets once stood, there were now moveable armors. Another special aspect was that the female population in O'C outnumbered the male population 2 to 1, which required 3rd floor to be occupied only by girls. With all of these characteristic that defined O'C, along with the variety of people calling the building home and their interactions with one another, it seemed that indeed O'C was the happiest place on earth.





# A Place on Earth

O'Connell Hall



Freshmen Nick Urcher, Stephanie Braddock, Eric Tew, and friend Jenna Katz hang out in Nick's room. *Photo by Angie Stockton*

First floor RA's Theresa DiCianne and Andrew Simmons ask questions during the "Battle of the Sexes" eating disorder program. *Photo by Angie Stockton*





# A Place To Remember

## DeSmet Hall

The girls from second floor gathered together to decorate their hall for Halloween. *Photo by Julia Flauaus*

Freshmen Helen Lipcomb and Tom Romolo study for an important test. *Photo by Julia Flauaus*







Freshmen Michelle Krause, Monaca Ward, Katie Micek, and Lauren Boxton enjoy remembering kindergarten. Photo by Mike Medina

By Mike Medina

The staff members of DeSmet give the residents opportunities to build new and better friendships. One opportunity the Peer Ministers gave the residence was "A Night to Remember Kindergarten." This program gave everyone the chance to have fun, but at the same time it filled a spiritual need.

Another opportunity was given when the RA's challenged the residents to a board game. The RA might have won the game, but at least residents got an opportunity to have fun during the week and relax from their new hectic school life. Another interesting part of living in DeSmet was the variety of people who lived there. DeSmetians included NCAA athletes to the people who just liked to hang out in the lounge and watch snowboarding videos, or outside being ever mindful of the "25ft warnings" that were constantly being posted.

One thing is for certain. The beginning of the school year saw a lot of fresh faces and new adventures, but by closing time the halls of DeSmet were home to a new set of unforgettable memories.

## of Regis was...

My first memory

The Hawian Luau because it was a unique experience meeting people from other dorms."

-Lynne Hayes  
Freshman



Meeting new people at a new school."

-Matt Gabriel  
Freshman

At tough times everybody supported me."

-Jess Peters  
Freshman



The fun and friendly people."

-Brandy Duran  
Freshman

Getting to know my new roommate."

-Sophia Brown  
Freshman





The best part of  
living in West was...

naked Tues-  
days."

-Andy Allen  
Sophomore



having my own  
bathroom."

-Rachel Koranda  
Sophomore



showers with  
my suite-  
mates."

-PJ McNeil  
Sophomore



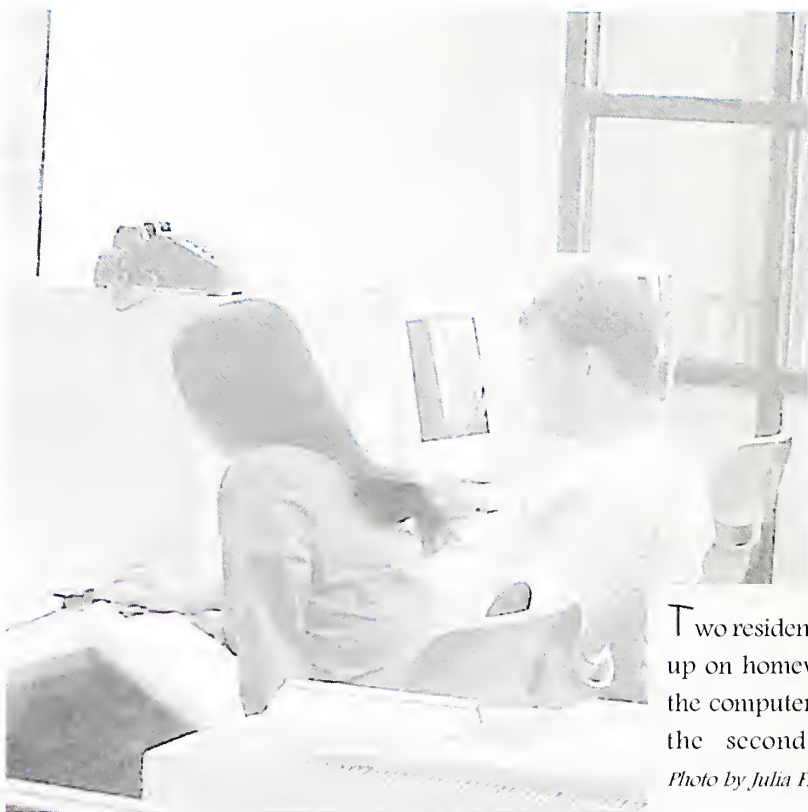
people leave  
you alone and  
it's quiet."

-Tony Tolstedt  
Junior



air condition-  
ing."

-Cody Grimes  
Sophomore



Two residents catch  
up on homework in  
the computer lab on  
the second floor.

Photo by Julia Flatau

By Julia Flatau

West Hall, ah, the fulfillment of being an upperclassman. No more community bathroom traffic jams. No more nights having only the option of the cafeteria, microwaved Raman or cup of soup. And most importantly, no more days and nights interrupted by the noise of freshmen who have not yet settled in to 400 level classes. West is a living environment for upperclassman. Located on the west side of campus, West is set apart from the other halls, which helps attribute to the calmness of the environment. This year, a new rule was created that all returning upperclassmen living on campus, had to live in West, no longer given the choice to reside in either DeSmet or O'Connell. For some, it just wasn't time to live on their own, others had no choice because of parental consent or what have you. So until those new apartment buildings are completed and opened on the east side of campus, upperclassmen are located in West Hall. And like all other on-campus housing, West Hall offered the opportunity to literally roll out of bed, head out of the room, down the hall, out the door and walk right into class, whether with or without taking that shower before entering into your early morning learning.





# An Upper Edge

West Hall



Sophomores Dane Danbury and Lucy Canseco watch TV in the first floor lounge.

*Photo by Julia Flatau*

Playing Nintendo in the afternoon, sophomore Charlie Albrecht relaxes after class by spending quality time alone.

*Photo by Julia Flatau*





# Glorious Food!

Sodexo

David Segura, Sous Chef and Mary Stegeman man the till in the snack bar. *Photo by Tracey McCall*



Chris Camp, Executive Chef and Diana Wink, General Manager of Sodexo. *Photo by Tracey McCall*





Marcus Harris  
line chef is there to  
help out. Photo by  
Tracey McCall

By Tracey McCall


Hunger strikes! Whether it's a snack on the run or a sit down meal you are looking for, on campus dining caters for all. Breakfast, lunch and dinner are served up daily in the cafeteria and Sodexo's staff are the guys working hard to tantalize your taste buds. Chris Camp is the newly appointed executive chef at Regis and he "thoroughly enjoys working with the students and giving them new food experiences where possible." Chris enjoys working at Regis because "It beats working in a hotel where the hours are long, it means I get to enjoy quality time with my family." Sodexo's staff have encountered many challenges since the beginning of the semester and have successfully gotten Einstein Bagels up and running, a welcomed asset to dining facilities here at Regis. Diana Wink, the General Manager of Sodexo, has a very high opinion of her staff and "appreciates their supportiveness and the reassurance that when push comes to shove they are always there." And when it comes to staff, they are much appreciated and loved, from Marko at the grill or Mary at the register, they have always been there for good food and a smile.

about the dining services?

"What do you like best"


It is a good place to interact with people before or after class."

-Nor Falcon  
Freshman




The professional composure of the chefs."

-James Harvey  
Freshman



Assunta and Mark make it worth eating."

-Rich Werre  
Sophomore




The rice krispie treats."

-Mary Beth Cahill  
Senior



The soup in the snack bar, and Donna is way nice."

-Becky Wood  
Sophomore





## How do you help

serve others?

By playing with kids at Children's Hospital."

-Mindy Fuga  
Senior



Tutoring a 5th grade student in math at Skinner Middle School."

-Jon Garcia  
Senior



Working at Wellington Farm with recovering male addicts."

-Jessica Catekista  
Senior



Coaching little league wrestling."

-Brian Redmond  
Junior



By dedicating my time to a special ed classroom."

-Chrystal Bishop  
Senior



Our mascot and sophomore clown Ysabel Martinez have fun at a fair for children. Photo courtesy of Athletic Department.

By Molly Marrin

Perhaps the most unique community service adventure was taken by a group of students who took a 24-hour road trip to Guaymas, Mexico to lend their support to some local families. Many other students are involved in numerous activities organized by Dr. Mary Ellen Carol in the Center for Service Learning. Most of these service hours are spent in organizations and businesses within the immediate surrounding area. Some of the programs include the Cascade Mentoring Program, tutoring at Skinner Middle School, partnering with families and children at the Mount St. Vincent Home, and working with children in various activities at the Boys and Girls Club of Metro Denver.

Student athletes are also a large group that volunteers as many as 3,200 hours per year to the community. Men's basketball coach, Lonnie Porter, organizes projects the athletes participate in and he feels that "the Athletic Department puts a super amount of hours working within the Denver community. Some of the best young people are at Regis University because they give so much of their time to others."





# Giving Back

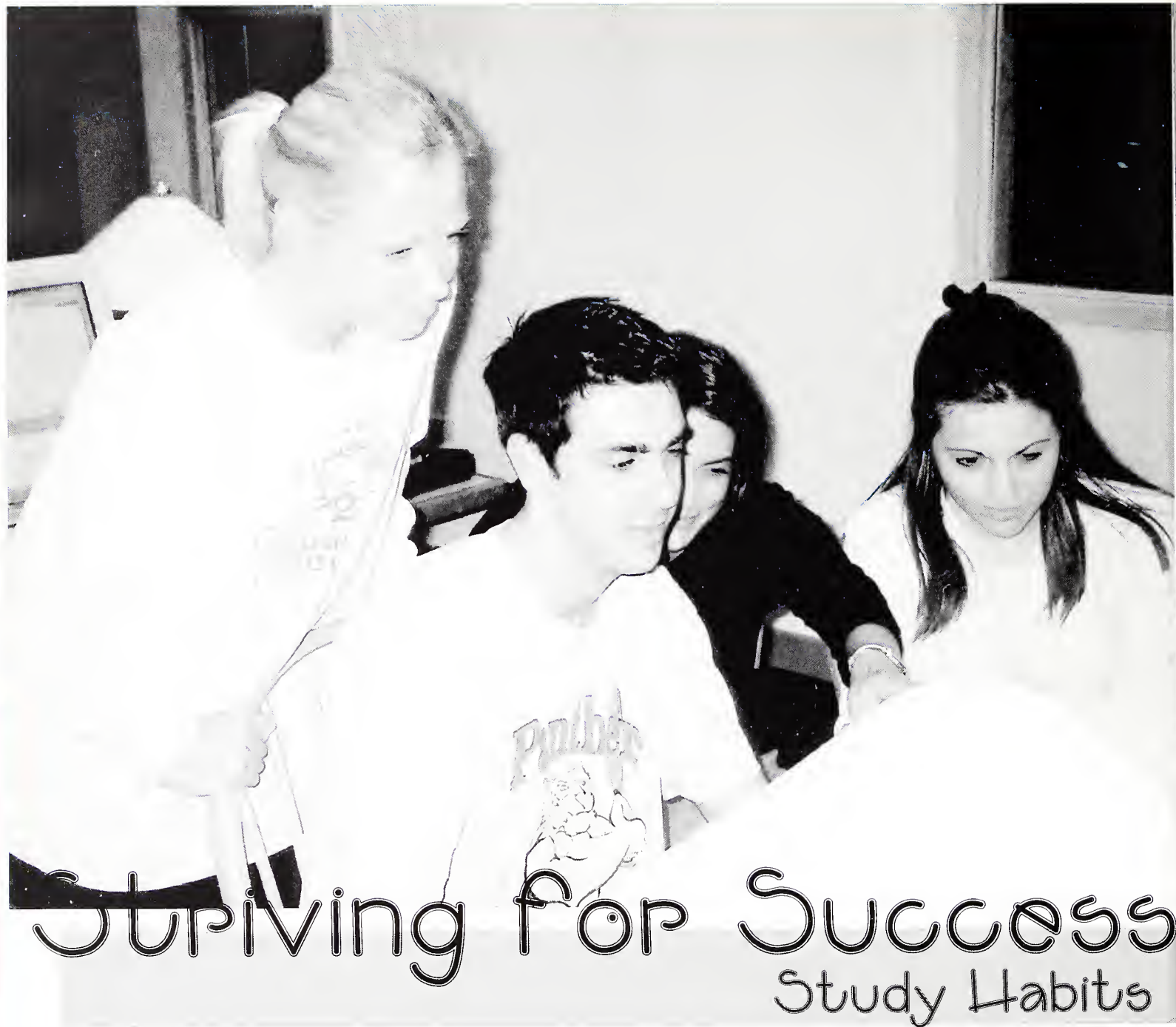
## Community Service

Hardworking students lend a helping hand. *Photo courtesy of Kevin Raleigh*

Three students, graduate James Kaferly, Steve, and junior Kevin Raleigh take a break to act goofy. *Photo courtesy of Kevin Raleigh*







# Striving for Success

## Study Habits

Freshmen Daphne Ryan, Eric Avery, Melissa Koehperick, and Jamie Wahal, use the library computers for research. *Photo by Michael Julius*

Junior Sarah Dickens utilizes the peace and quiet of her neat and tidy room to get some reading done. *Photo by Michael Julius*







Senior Clint Johanek reads a book outside, waiting for class to start. Photo by Julia Flauaus

By Michael Julius

Whether it's reading, writing, or arithmetic; studying is a major part of life here at Regis. And the study habits of students are as diverse as the students themselves. Some are neat and well organized; well others are always searching through papers and binders. Many students prefer to study in the peace and quiet of the Carroll Hall and DML study rooms. A few on the other hand prefer the quad of their rooms. Most people like to get started early on their assignments and be done with time to spare, but there are of course the all-night students as well. Both systems work, but the stress levels of all-nighters can be a killer. "The key is for students to have their own system-something that works for them," says junior Cory Meiser. "I personally try and stay ahead of my studying because cramming causes too much stress," tells senior Sarah Weilert. Over time students learn and develop the study skills like time management, concentration, decision-making, and memorization. The necessary skills that will help them be successful not only here at Regis, but in the world as well.

place to study?

"Where is your favorite

I like to study my anatomy underneath a LADY!"

-Mark Biller  
Sophomore



In my dorm room, where the party's at."

-Meredith Connelly  
Freshman

In the library, because it's quiet."

-Anne Nazareno  
Senior



Isn't that like asking, where is your favorite place to be castrated?"

-Rich Cadwallader  
Sophomore

the library study rooms."

-Tres King  
Junior





"On my study abroad, I would go to..."

Japan, because I've studied the language for 5 years."

-Niki Supebedia  
Senior



Romania, because I've always been fascinated with Romania."

-Dave Martin  
Junior



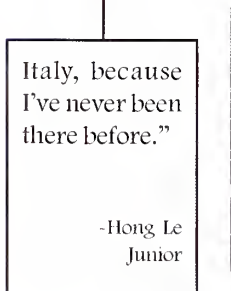
Great Britain, because I've always wanted to see Big Ben."

-Jon Garcia  
Senior



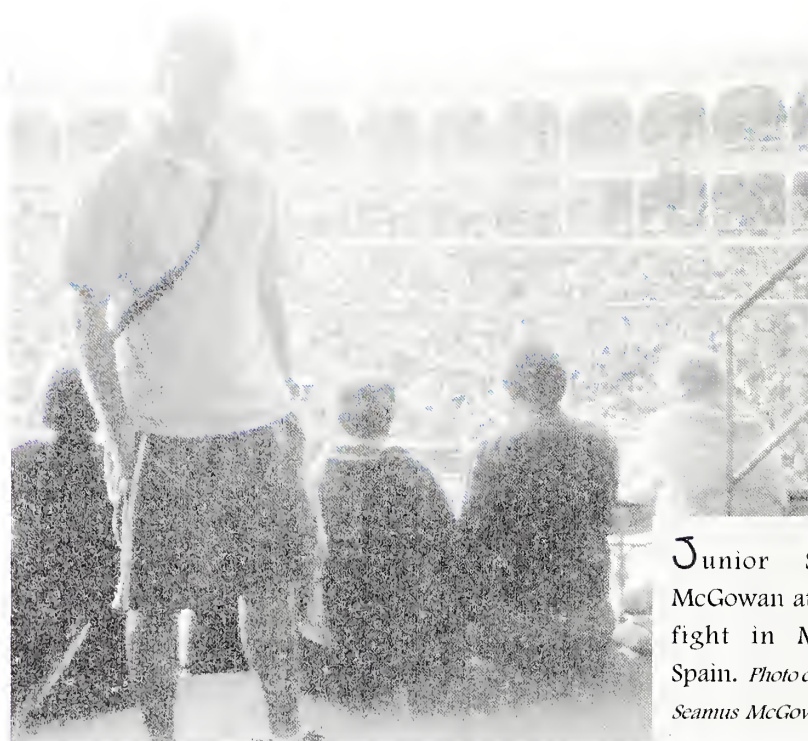
Antartica, because they have a McDonald's there."

-Cindy Scavarda  
Senior



Italy, because I've never been there before."

-Hong Le  
Junior

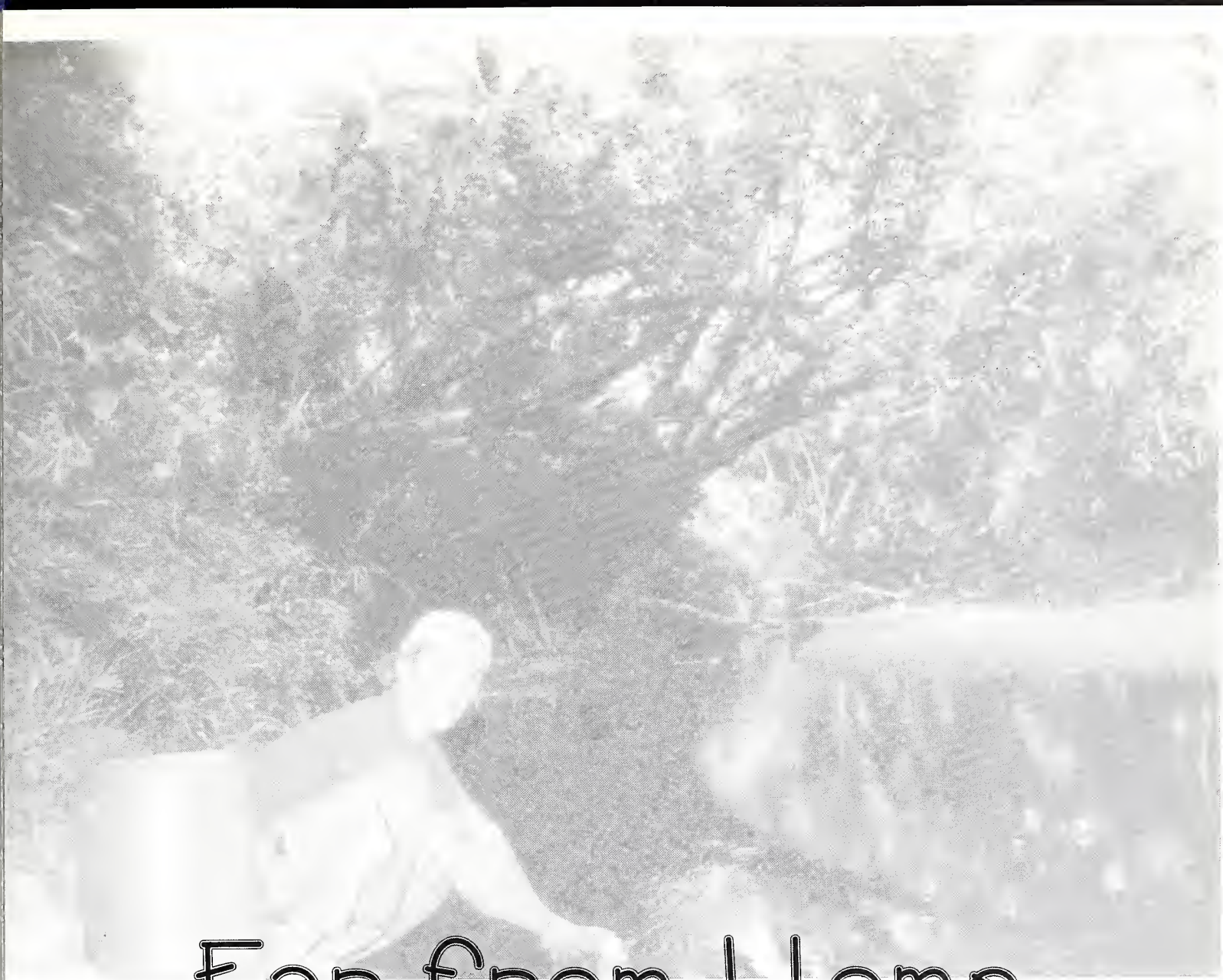


Junior Seamus McGowan at a bullfight in Madrid, Spain. Photo courtesy of Seamus McGowan

*By Laura Henneberry*

Studying abroad is the opportunity of a lifetime, and often times it comes constrained to the time limitations of the college years. When else in life can you pack up the few material necessities of life and fly to another country and totally submerge yourself into a single or even multiple cultures? There have been many chances for students, whether through the Regis summer or Ireland programs, or the opportunities that lay outside of Regis University, such as the NOLS program and Semester At Sea. But as a whole, there are unlimited possibilities for willing students to leave this country and become a part of another for at least a semester and learn the things that can never be taught in textbooks. The fall semester was littered with empty halls, where Regis students had decided to leave for a semester and study abroad. Juniors Seamus McGowan went to Spain, Kristy Photenhauer to Italy, Katie Malosovich to Italy, senior Jordan Jones went to Kenya through the NOLS program and senior Laura Henneberry was on a Semester at Sea. Everyone has come back with the knowledge that the world can be both small and large on the scale of the human experience.





# Far from Home


## Study Abroad



Senior Jordan Jones washes a shirt in the river. *Photo courtesy of Jordan Jones*

Senior Laura Henneberry with some SAS friends in Havana, Cuba. *Photo courtesy of Laura Henneberry*





# A Brave New World

## Outward Bound

The group takes a quick breather while climbing Mt. Elbert.

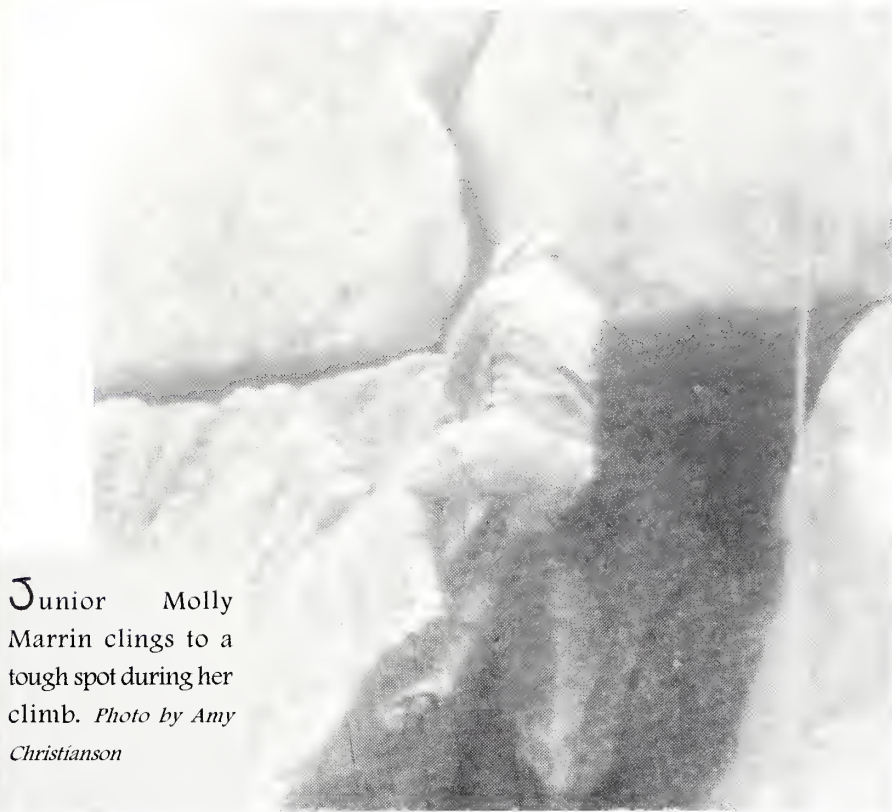
*Photo by Kevin Raleigh*

The group poses with their leaders Derek Cabrara and Lucia Stewart atop one of the mountains they climbed. *Photo*

*courtesy Laura Henneberry*







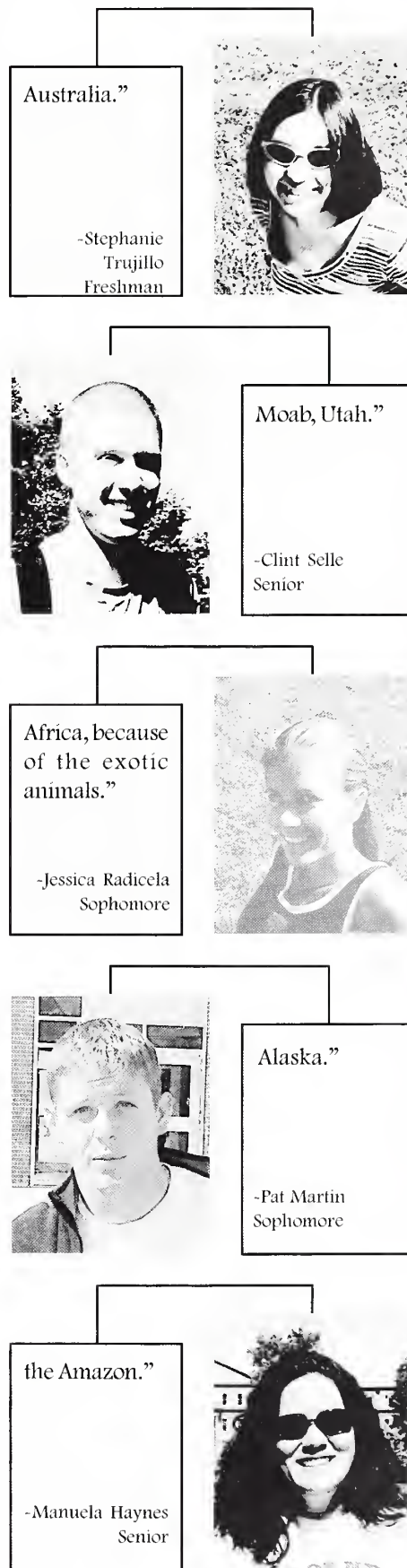
Junior Molly Marrin clings to a tough spot during her climb. Photo by Amy Christianson

By Laura Henneberry

The great outdoors has had power over humans since the beginning of our existence. There is nothing that captures one's attention more than a sunset that illuminates the mountain range spread before one's eyes or the billions of stars that entertains one's breakfast at 4:30. There are many programs available to test one's ability to survive out in the world, making sure you are prepared to deal with nature and what life may have to offer you. Regis students were offered a chance of a lifetime this past summer to try it out, and see if they had what it takes. Seven students, seniors Amy Christianson, Erin Christianson, Laura Henneberry, juniors Antonio Maes, Molly Marrin, Kevin Raleigh, and sophomore Taylor Rhodes, embarked on a 14-day Outward Bound trip filled with day hikes, mountain climbing and rock climbing that changed the way they saw and interacted with the world that surrounds us all. Senior Amy Christianson said, "I challenged myself in new areas and learned a lot about myself."

If I could go on Outward

Bound, I would go to...





# Postcards From the Holidays

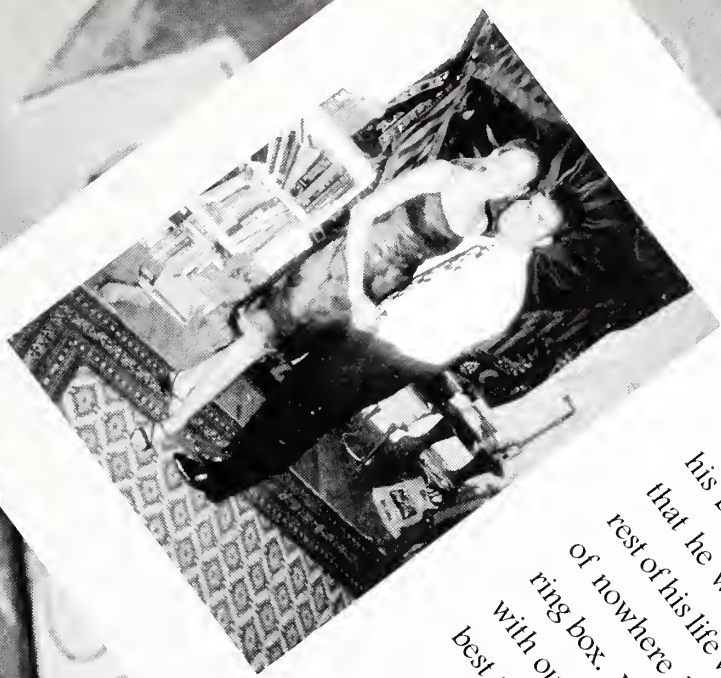
Winter break couldn't have come at a more perfect time. The stress from finals and the need to escape from books, papers, exams and responsibility was making people go crazy. The minute the last exam was done people threw out the books and hit the road for home and comfort. Read how some people spent their break.



This year the house threw our last annual New Year's Eve party. It was great to be able to get all our friends to gether one last time to welcome the new year. There's no better way to celebrate the holidays!

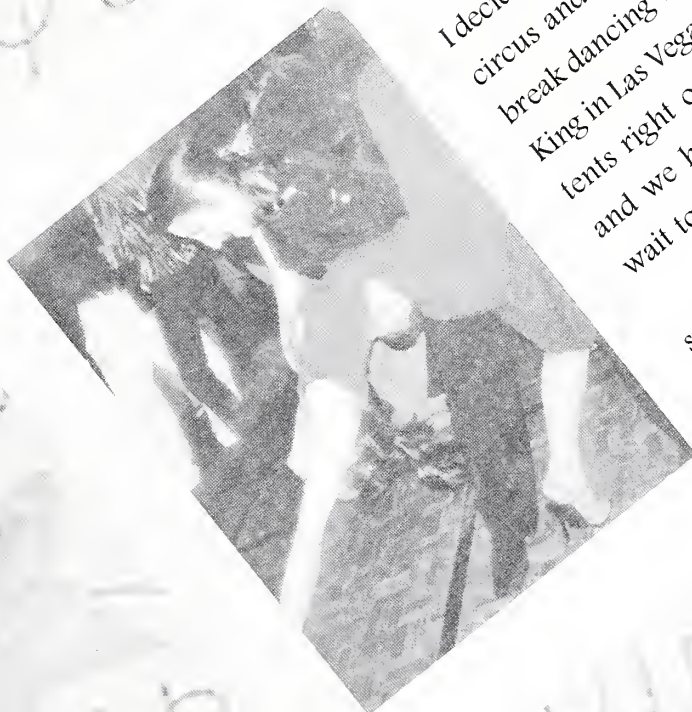
seniors Renee Fabion, Mer  
Gettman, Erica Schutte, Mel-  
issa Koehler and Crystal  
DeVoss





I took Ryan out to dinner for his birthday and he told me that he wanted to spend the rest of his life with me and out of nowhere he pulled out a ring box. We celebrated later with our families. It was the best time ever.

senior Crystal DeVoss



I decided to run away with the circus and I spent my winter break dancing with the Gypsy King in Las Vegas. We were in tents right on the main drag and we had a blast. I can't wait to return.

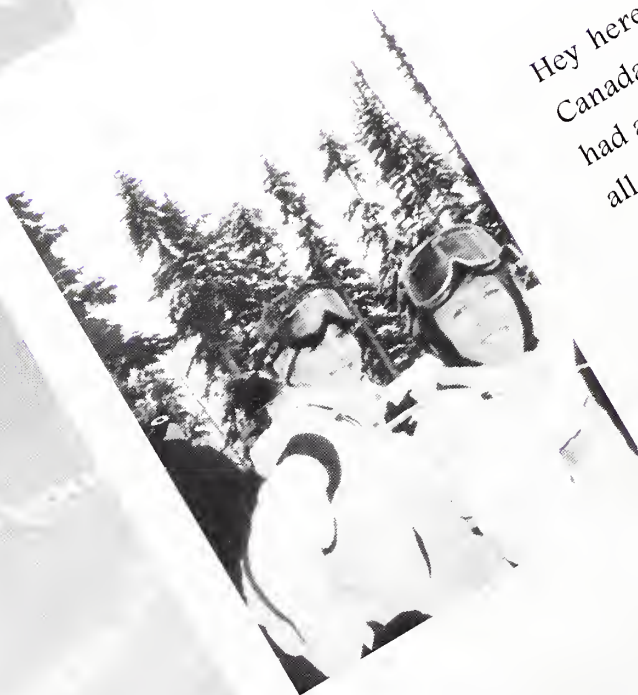
senior Lauren Shugrue





My Christmas present this year was to tour Italy, go to Prague (in the Czech Republic), and to go to Paris. Here I am on the top of the Eiffel Tower. Wow! It really was a great trip.

Meagan Chesrown



Hey here I am in Whistler, Canada with my family. We had a great time and enjoyed all the wonderful snow!

Ceara Murphy





Here we are in southern Arizona on our trip with Regis Corps. We spent 7 days backpacking in the snowy wilderness.

Alli Rausch, Dave Habib, and Maureen Jackson



This year my family and I decided to cut down our own Christmas Tree. We went to the Arapahoe National Forest to pick the one we wanted to bring home.

Catie Smith

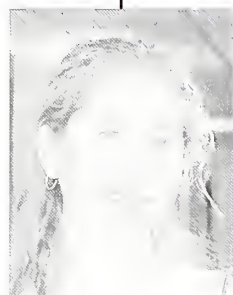


"How did you feel about

the security at the Olympics?

I didn't think it was that bad."

-Irish Cooney  
Sophomore



What security?"

-Sarah Dickens  
Freshman



It seems like there is enough because there has not been any problems."

-Sarah Russell  
Freshman



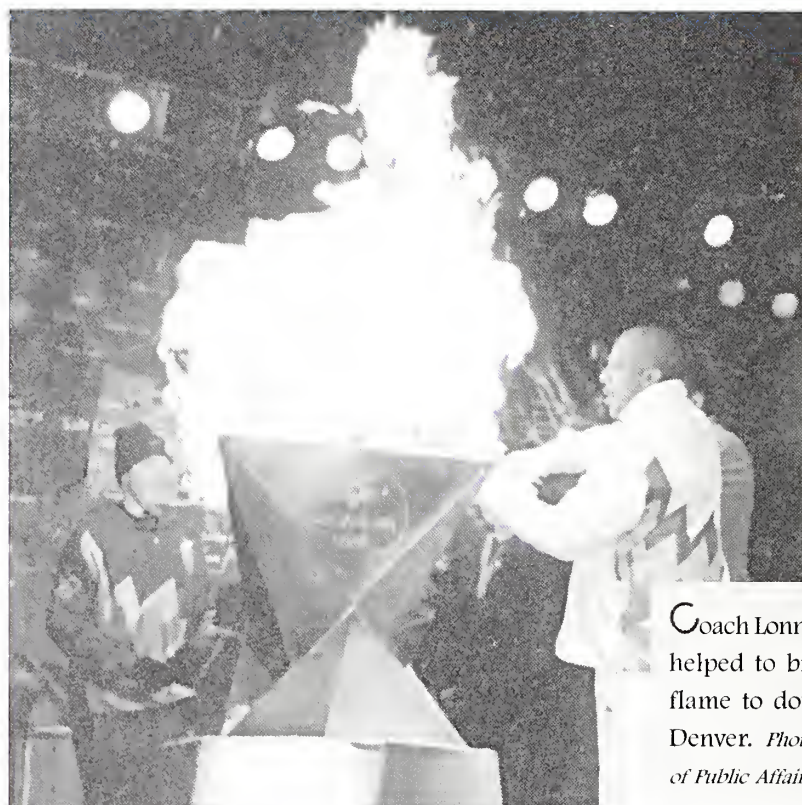
These guys are drunk."

-Mike Cannon  
Freshman



There was not enough."

-Bobby Neuhoff  
Senior



Coach Lonnie Porter helped to bring the flame to downtown Denver. Photo courtesy of Public Affairs

By Julia Flanaus

The Winter Olympics arrived this year to Park City, Utah, under the gloom of past tragedies surrounding September 11th, but also under the mist of hope for peace, for love and for global compassion. Along the way, a flame was carried from one person to another person all across the country until the opening ceremony, where the Olympic torch was lit in celebration of the games. Remember those commercials last year, the ones by Coca Cola that asked you who your hero was? Who you'd like to see carry the flame? Well, selected by members of the community, true heroes including four Regis affiliates were chosen to help carry that light to its destination. The men's basketball coach Lonnie Porter, senior Dan Cahill, and two SPS students were given the opportunity of a lifetime. To be a part of this event, you had to have been nominated by members of your community who had found a hero within each of these people. And so one winter day with snow and cold weather, a number of Regis students stood out on Federal Boulevard and saw the Winter Olympic torch for 2002 pass by in the matter of a couple of minutes, passed by from hero to hero.





# Community Heroes

## Olympic Spirit



Regis students hold an Olympic banner as they watch the runners. *Photo courtesy of Public Affairs*

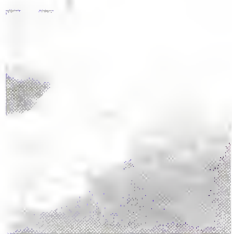
Senior Dan Cahill stands with students who watched him run the torch. *Photo courtesy of Public Affairs*



Seniors Ben Yester,  
Molly Pass, and Nikki  
Giles enjoy the shade  
on a hot day. Photo by  
Julia Flatau



the water of life:  
people





Sophomores Dane Danbury and Chris Schechter hang out with friends in front of the Student center.

*Photo by Julia Flauaus*



Water, is a vital piece to our existence. The people we meet in life also shape our being. The ocean, thousands of miles away, mix together the waters from all over the world, from mountain streams, lowland lakes, and raging rivers formed in the midst of entire land masses. College campuses and universities blend people of all different types together for the sole purpose of a higher education. The people we meet are the people who carry us, make us laugh, pick us up when we fall or trip over our expectations. We may have known them for our entire lifespan, from high school, or for only a brief moment. The rumor is that college is where you find not only yourself, but those unforgettable lifetime friendships. While many have been found, formed, lost, or loved; but most of all, the kind of friendships that touch and soothe the soul are the ones best kept close to your heart.



Sophomore Fred Carney escorts junior Meagan Scott as she rides a scooter through the quad.

*Photo by Julia Flauaus*

These O'C freshmen dressed up for the Hillbilly Olympics to win points for their teams. *Photo by Julia*

*Flauaus*





# Gonna Fly Now

Alice Reich

2002 is a celebration  
of 30 years at Regis.

*Photo by Tonia Johnson*



Dr. Alice Reich was  
honored as the  
1982 Regis College  
Lecturer. *Photo*  
*courtesy 1983 Ranger*  
*Yearbook.*



Dr. Alice Reich and  
her colleagues,  
1986. Photo courtesy  
1986 Ranger Yearbook.



# Anthropology

By Tonia Johnson

Teachers are the most important part of the learning experience. While some teachers merely teach, the best teachers allow students to learn by making information available and accessible to them.

Alice Reich has made learning available to students at Regis for thirty years. Students at Regis College have some of the best opportunities to accumulate knowledge, but it takes a good student to absorb the information from good teachers.

"A good student is willing to participate, work with materials and the class, and take responsibility," according to Dr. Reich.

Dr. Reich has been a successful professor because of her ability to connect with the variety of students on campus and because she truly loves teaching and becomes enveloped in what she does.

"I am able to connect with a wide range of individuals," says Dr. Reich. Dr. Reich is a native of Colorado, after graduating from Boulder High School she attended Pomona, the University of Chicago, and the University of Colorado at Boulder where she received her PhD in Anthropology.

Dr. Reich is looking forward to whatever comes along after her retirement from Regis. "Letting go of one trapeze hoping another flies through the air, or if it doesn't then I can fly," says Dr. Reich on her life post-Regis.

"A great teacher is..."

one who can maintain the class's interest while getting the students to learn."  
-Marilyn York  
Junior



one that takes time to get to know their students and takes an interest in them."  
-Alyssa Pollock  
Junior

someone who just gives you an 'A.'  
-Annie Reap  
Freshman



is always willing to compromise."  
-Chris Riley  
Sophomore

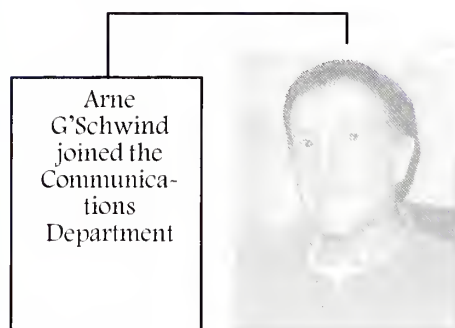
one who brings food to class!"  
-Jeff Landauer  
Sophomore





Additional teachers who are

now a part of Regis faculty



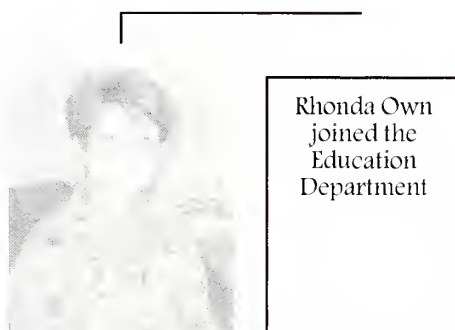
Arne G'Schwind joined the Communications Department



Daryl Palmer joined the English Department



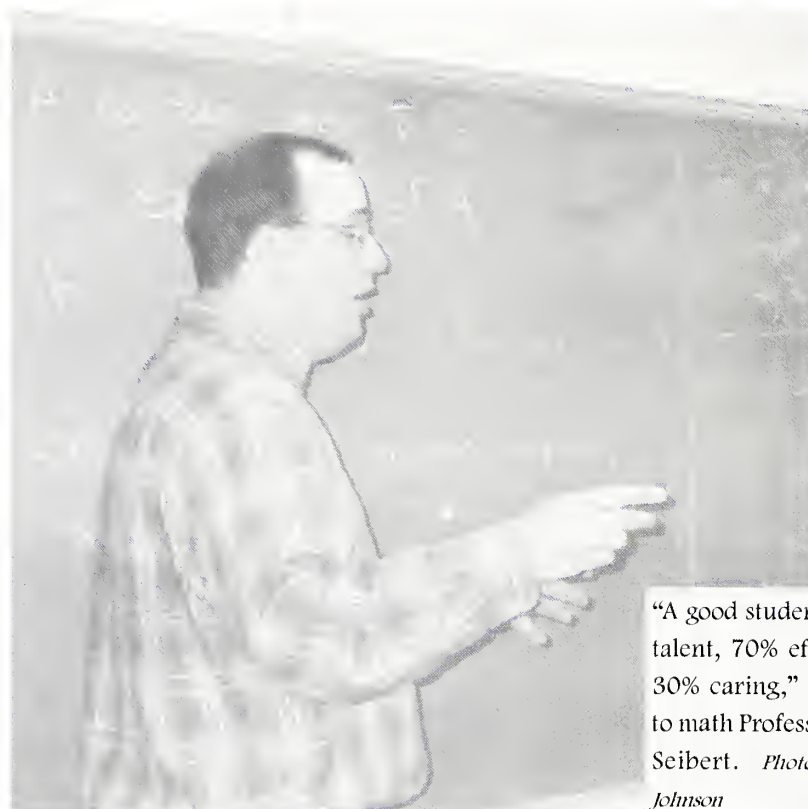
Matt Daly joined Business Department



Rhonda Own joined the Education Department



Marie-Dominique Franco joined the Biology Department



"A good student is 10% talent, 70% effort, and 30% caring," according to math Professor James Seibert. Photo by Tonia Johnson

By Tonia Johnson

They're every where! There was seemingly a new addition to every department. From Education to Science new faces graced the class rooms.

Arne G'Schwind was introduced to the communications department. He hopes to "become a worthwhile and prductive member of the Regis Community."

James Seibert is also a graduate from Colorado State University where we recieved his Ph.D.. "What I expect sets Regis apart is the sese of community, the way Regis cares about each individual student as a whole person,"said math department addition Seibert.

David Hicks taught across the country at Pace University in New York, Mesa State College in Colorado, and Marywood University before coming to Regis.

Rhonda Owen, Education deapartmen, believes "there is never a silly question when a student seeks to learn." Owen previously taught in the public school system in Missouri.

Other new faculty include Marie-Dominique Franco in the biology department, Barabra Coleman in Fine Arts, Business departmen Matt Daly, and Daryl Palmer in English.





# A New Frontier

## New Faculty

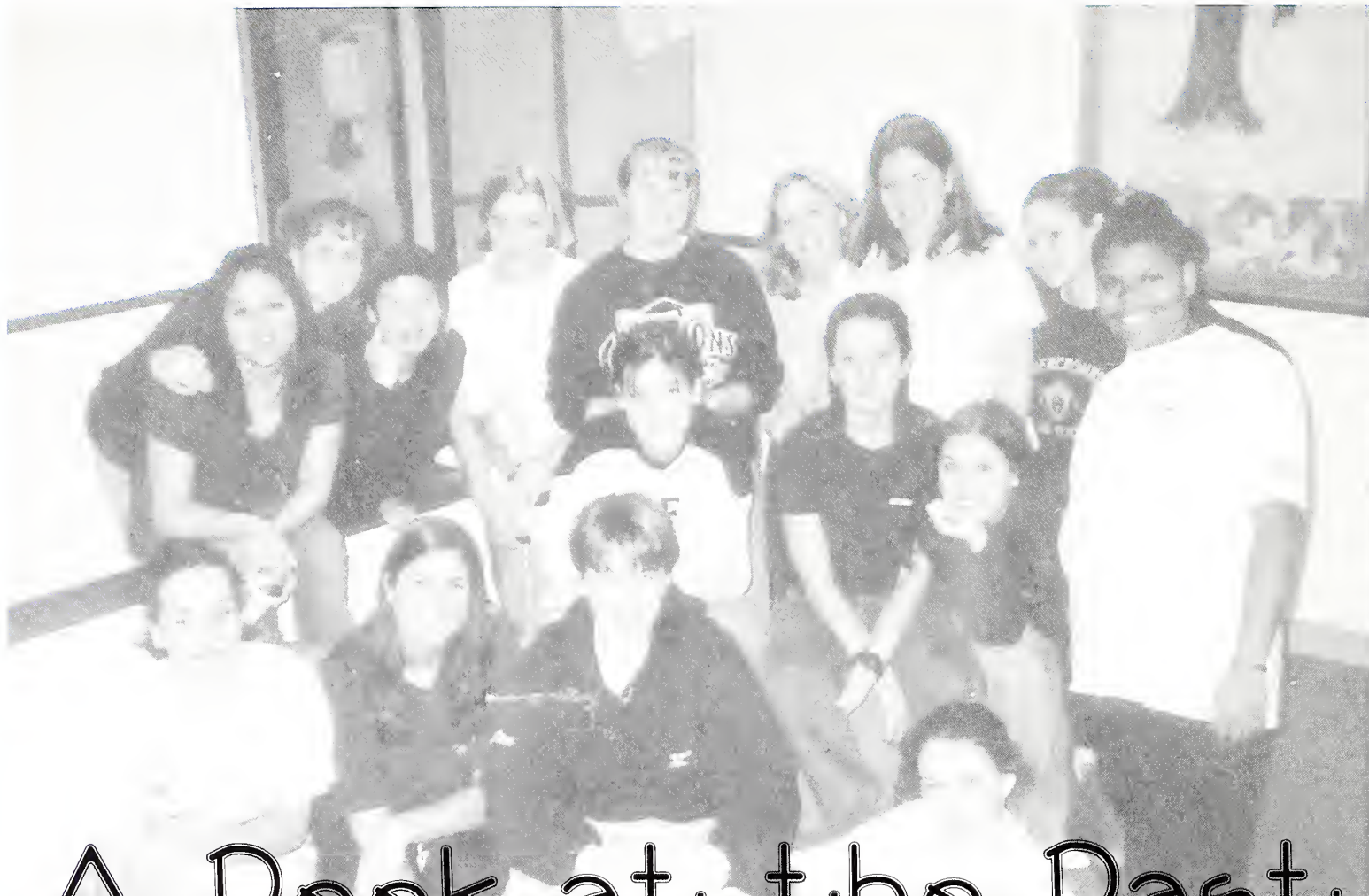


"If faculty members do thier jobs well, and if students are open-minded about their education, then students grow and change at startling rates." David Hicks, director of the writing program.

*Photo by Tonia Johnson*

"A good studednt ques-  
tions what they read and  
hear." Barbra Coleman,  
Fine Arts *Photo by Tonia  
Johnson*





# A Peek at the Past

## Memories

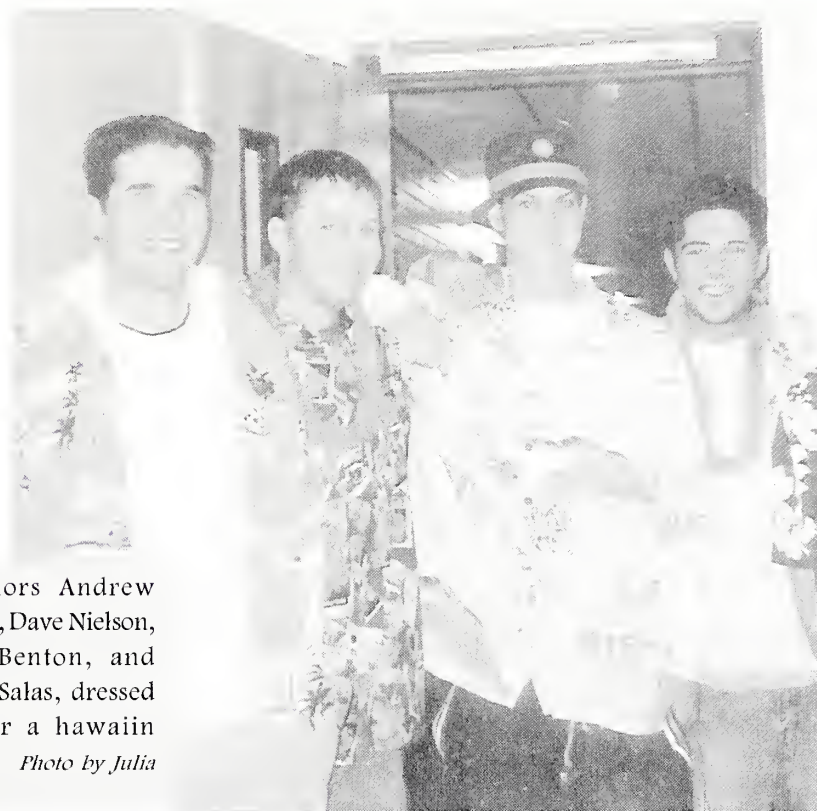
Third floor DeSmet from 1998-99, most of the girls still attend Regis and will graduate in 2002. *Photo courtesy of Theresa Bisio*

A fond memory, camping in Grand Mesa, Colorado, in fall of 1998. *Photo courtesy of Theresa Bisio*





Seniors Andrew Hodge, Dave Nielson, Dan Benton, and Jared Salas, dressed up for a hawaiin party. Photo by Julia Flauaus



By Theresa Bisio

The times that will always be remembered are the days and nights of sitting in the halls of the dorms talking and laughing with friends about the night before. The memories of the great outdoors experience of camping and the unforgettable road trips home for breaks, and other places with friends. There were also those memories of the nights where you jammed ten too many people in to a car to go out. Then, the nights where you ended up staying out way too late, later realizing the next day after missing your morning classes, that it might not have been the best idea. There are those rare nights of true studying or typing a paper all night long. Sometimes it felt as if homework would consume you and you would never get a chance to breathe again. Many times there were those precious days of playing frisbee or football on a warm day in front of the student center in the quad. During the snowfalls of winter, sledding down the hills on campus at two a.m.; or in the beginning of the school year, running through the sprinklers at eleven o'clock at night when it was still hot out. At times, random acts of kindness built friendships from the most unusual places that would last a long time. Looking back on our lives, down the road we will wish we could stay in the times that we were happiest. These memories will help us in the hard times, and be reflected on in times of good. College makes lots of memories for people that will never be forgotten.

at Regis is...

My best memory

spring break of freshman year."

-Christine Cole Junior



the winter formal of freshman year."

-Jaclyn Rostie Junior



living in the dorms freshman year."

-Matt Buschy Junior



this past summer."

-Gabby Decker Junior



playing snow soccer late at night."

-Angie Luetters Sophomore





# Seniors



Melissa Beaudoin

Neuroscience  
Psychology



Tiffany Behunin

Nursing



Dan Benton

Business  
Administration



Nora Bernson

Business Market-  
ing



Chrystal Bishop

Accounting  
Business



Theresa Bisio



Kate Bowman



Tim Brennan



Lisa Brassell



Berendina Bruintjes



Interdivisional



Kimberly Butzen

Biology

History



Dan Cahill

Math

Environmental  
Studies

Human Ecology



Mary Beth Cahill

Biology

Interdivisional



Jessica Catekista

Business  
Professional  
Accounting



Hunter Chamness

Communications



Melissa Chavez

Spanish  
Communications



Amy Christianson

Business  
Administration



Erin Christianson

Business  
Administration



Marissa Carelli

Psychology  
Criminal Justice



Patricia Cruz

Biology  
Neuroscience





Virginia Deganhart

Nursing



Lara DePoyster

French



Cheryl Dunne

Biology  
Biochemistry



Adelina Esquibel

History



Katie Fassbinder

Communications



Julia Flauaus

Business  
Managerial  
Accounting



Paul R. Fulce

Biology



Allisha Galvan

Psychology



Jon Garcia

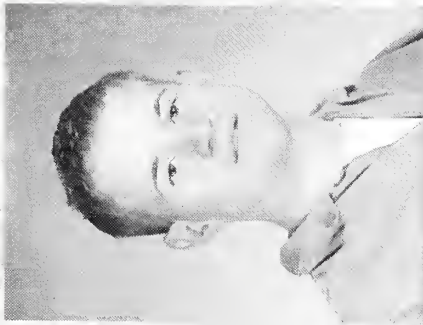
Computer Science  
Professional Accounting



Marissa Gettman

Fine Arts





Todd Halaburka

Marketing



Andrew Hodge

Business  
Administration



Clinton Johanek

Business  
Administration



Heath Kidd

Economics  
Spanish



Scarlett Klug

Psychology



Samantha Larson

Business  
Administration



Corey Leduff

Computer Science



Ryan Malphurs

English  
Philosophy



Michael Mariani

Business  
Administration



Phillip Martin

Math  
Computer Science





Desiree Martinez

Nursing



Carol Matli



Zac Mazzotta

Communications



Christy McFadden

Communications  
Sociology

John McGraw

Computer Science  
Math  
Business

Mary McPartland

Spanish



Douglas Miller

Psychology



Heather Miller

Kinesiology



Mariko Mine

Psychology



Kathleen Mulik

Political Science  
Women's Studies





Anne Mummert

Math  
Computer Science



Erin Murphy

Communications



Mara Naughtin

Biology  
Math



Anne Nazareno

Business  
Administration



Lisa Nazareno

Business  
Administration



Robert Neuhoff

Math



Patrick O'Hayre

Biology



Krista Potter

Interdivisional



Mindy Puga

Accounting



Michael Rhodes

Business  
Administration





Kristin Roth

Business Finance



Elizabeth Rugile

Communications



Jared Salas

Business  
Administration



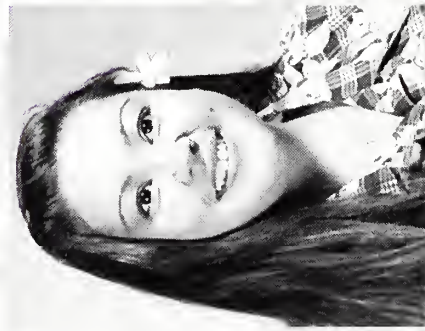
Cindy Scavarda

Math  
Computer Science



Robert Spomer

Business  
Administration



Niki Supebedia

Nursing



Charity Tillemann-  
Dick



Steve Uhen

Business  
Administration



Sarah Unger

Psychology



Cortez Washington

Sociology





Dana Weller

Religious Studies



Mark Whitaker

Business  
Administration



Marissa Wilkerson

French



Tim Woodard

Business  
Administration



Helen Yearby

Accounting  
Business Finance

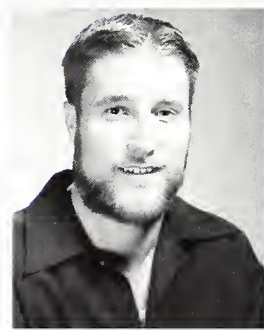
# Class of 2002



Jill Arnetta  
Shawn Bailey  
Jenne Bencken  
Jeremy Bennett



Laura Biondi  
Wendy Brown  
Gerrit Bruintjes  
Mark Brunner



Rachel Caliga  
Catherine Carlson  
Lindsay Chabot-Olson  
Keegan Coffey



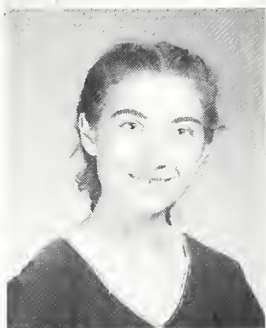
Christine Cole  
Kendra Conners  
Arias Corbin  
Kenneth Cortsen



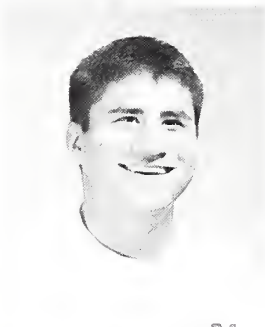
Melissa Deanda  
Sarah Dickens  
Randy Dollins  
Santos Dos







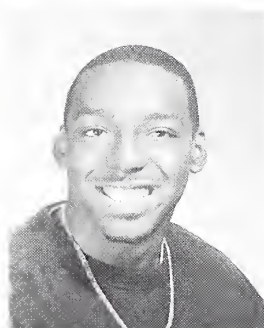
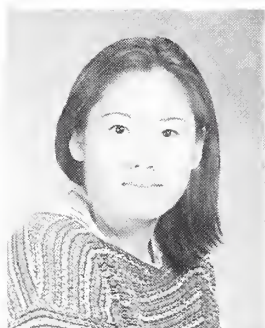
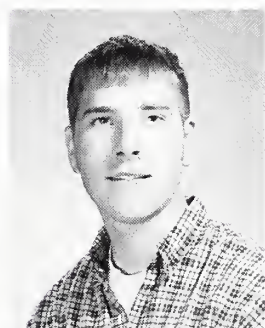
Jessica Frazier  
Angela Frenier  
Nicholas Frerman  
Joseph Garcia-Prats



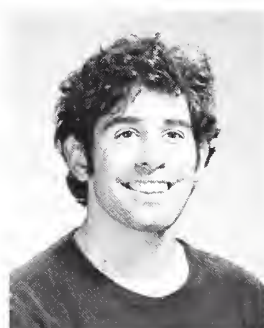
Joseph Gass  
Jillian Goemmel  
Carlos Gomez  
Tim Harden



Schwan Hardi  
Robert Henderson  
Sasha Hernandez  
Maria Jelinek



Michael Kasal  
Elizabeth Kerr  
Min Kim  
Tres King



Jeff Kitchens  
Erin Kloppenberg  
Janelle Kopke  
Alex Koury



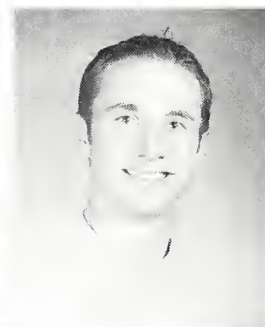
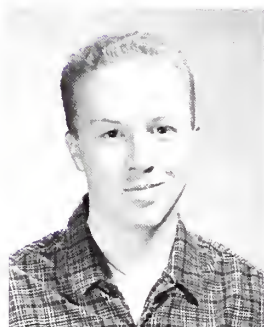
Lisa Kreutz  
 Brody Lemire  
 Wes Lisitza  
 Patrick Lockerd



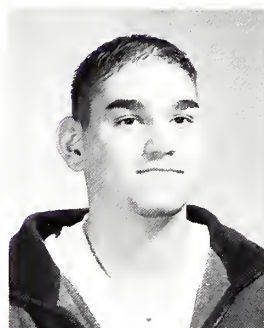
Antonio Maes  
 Molly Marrin  
 David Marten  
 Tracey McCall



Francis McGee  
 Dana Medina  
 Cory Meiser  
 Matthew Moore



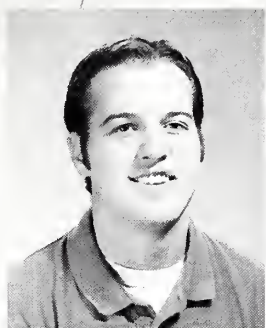
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 Michael Ortega  
 Miquel Rael  
 Kevin Raleigh



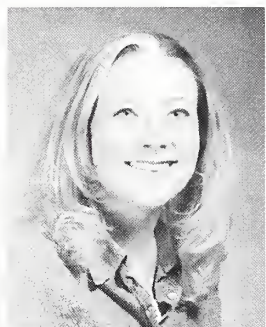
Dano Rivas  
 Jaclyn Rostie  
 Robert Russell  
 Craig Ryerson



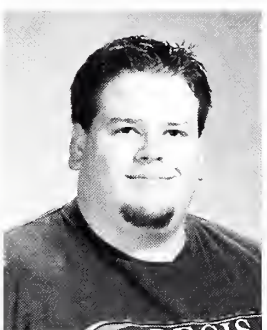
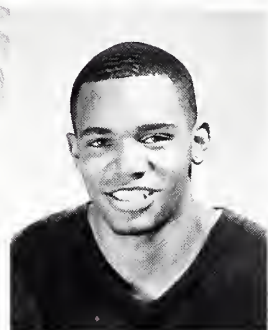




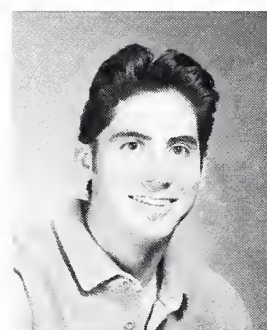
Tamra Scheetz  
Walker Sears  
Kayvon Siadat  
John Slaten



Brianne Smith  
Angie Stockton  
Anne Svoboda  
Regina Tagge



Demel Tarver  
Karin Theisen  
Anthony Tolstedt  
Brendan Uniacke



Steven Voss  
Brent Waller  
James Warren  
Lindsay Wilson

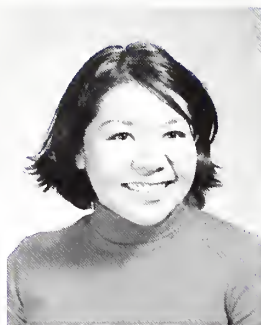


Gregory Wood  
Taras Wynar

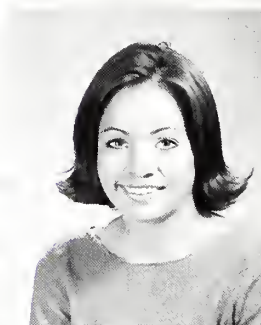


# Seniors

Erica Abeita  
Andrew Allen  
Charles Albrecht



Rachel Anderson  
Theresa Aubinger  
Amy Baisley



Natalie Batchelder  
Julianna Bayley  
Jennifer Beckman



Ericka Bender  
Mark Biller  
Maureen Bisio



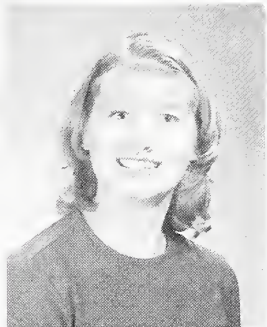
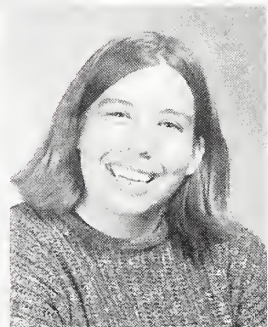
Megan Blosser  
Christopher Bonino  
Carrie Boyd



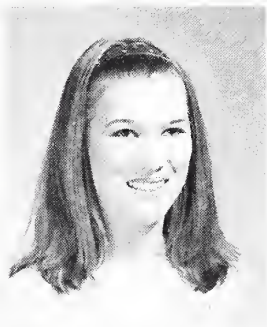




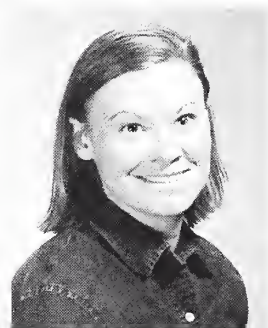
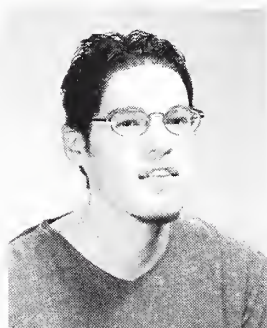
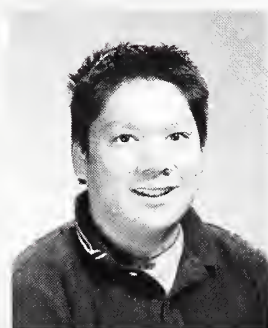
Michael Brassell  
 Fred Carney  
 Joseph Cessar  
 Elizabeth Chouinard



Laura Coddington  
 Irish Cooney  
 Jessica Creadon  
 Richard Danbury



Daniel De back  
 Theresa DeCianne  
 Alexandra Demartini  
 R.J. Denbow



Francis Do  
 Robin Donaldson  
 Jon Eusebio  
 Katieann Fox



Amanda Frye  
 Joshua Garcia  
 Margaret Gavigan  
 Valerie Gillis



Oyamel Gonzalez  
Bailey Green  
Patrick Gronstal  
Caryn Grow



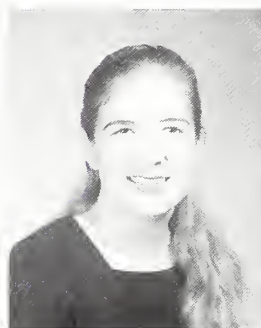
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David Habib  
Hannah Harbert  
Amy Harrell



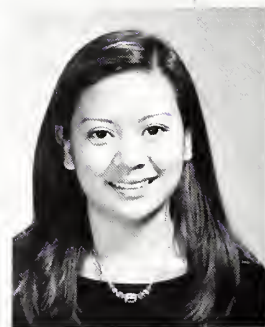
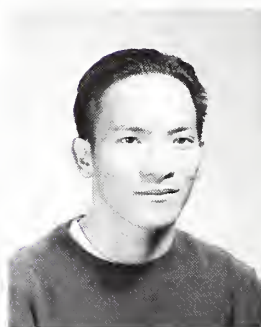
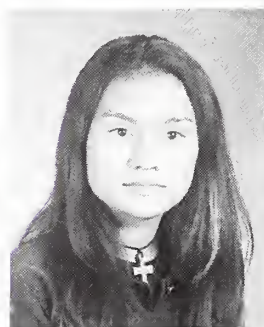
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Travis Heggen  
Matthew Heller  
Catherine Hellman



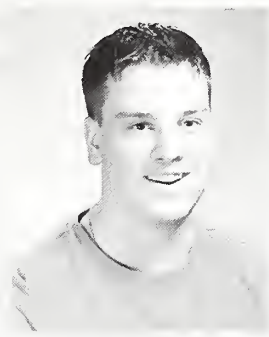
Sadie Hughes  
Maureen Jackson  
Erica Jeglum  
Michael Julius



Carmela Kelley  
Kristen Kumangai  
Hong Le  
Marina Ledesma



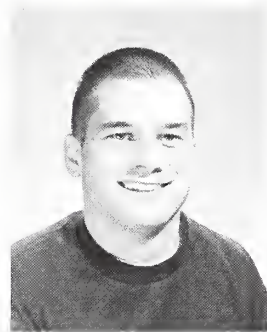
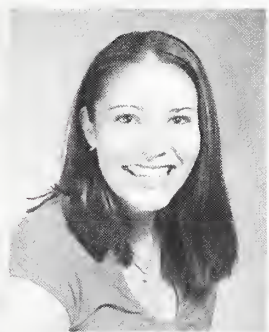




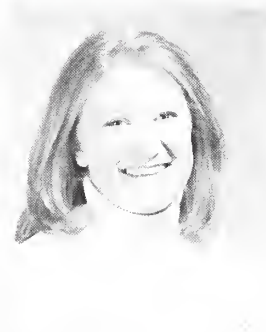
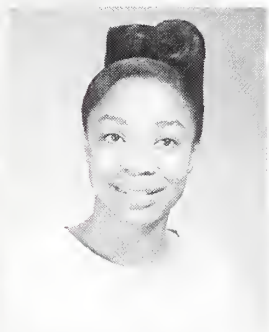
Daniel Leonard  
Matt Long  
Angie Luetters  
James Lynch



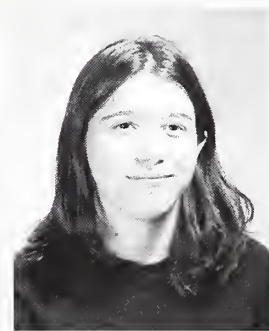
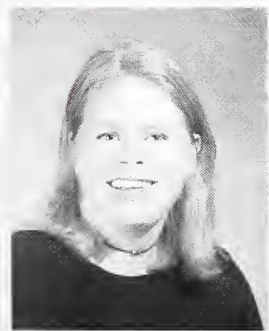
Javier Maes  
Daniela Magozzi  
Kimberly Malsom  
Erin Manion



Ysabel Martinez  
Jonathan Mayles  
Matthew McCarthy  
Trisha Mollholm



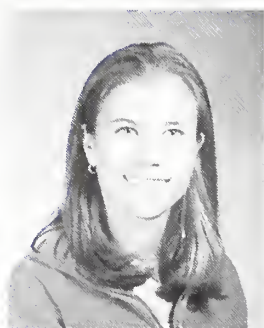
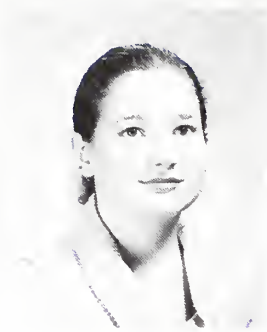
Xaviera Moorer  
Cathryn Mudon  
Joel Naumovich  
Katherine Newland



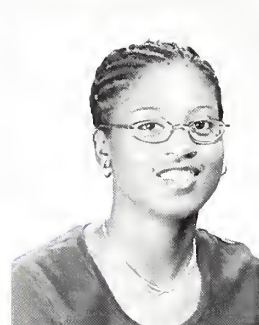
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Brock Peters  
Nhan Pham



Tiffany Pouland  
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 Nadia Regis  
 Scott Richards



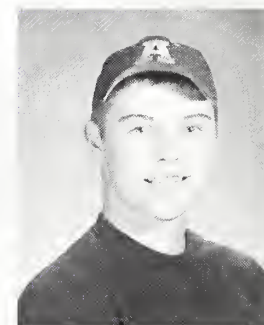
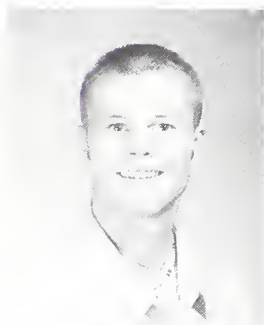
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 Marisha Roberts  
 Schyler Rohr



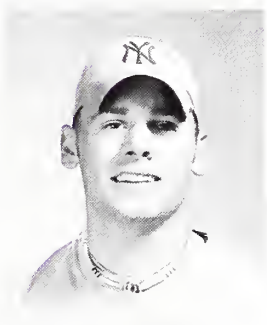
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 Mike Schloss  
 Erika Schneider  
 Jacob Smith



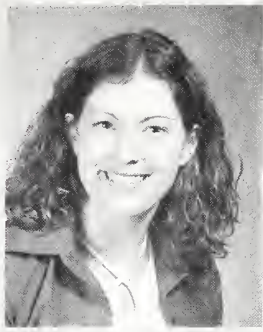
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 Ally Strobel  
 Eric Thompson



Clay Tichota  
 Stephanie Trujillo  
 Javier Vegas  
 Michael Vonfeldt



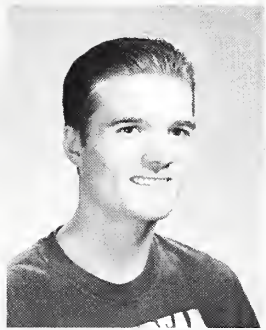




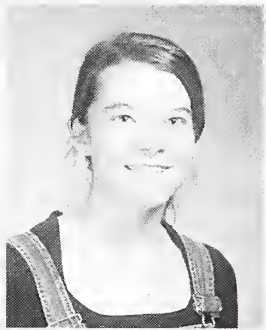
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Chris Wall



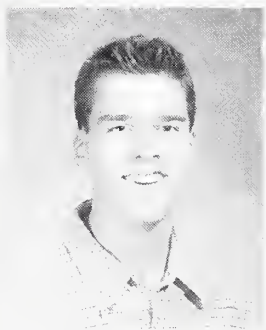
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Jonathan Wise



Rebecca Wolff  
Joshua Wood



Rebecca Wood  
Crystal Wright

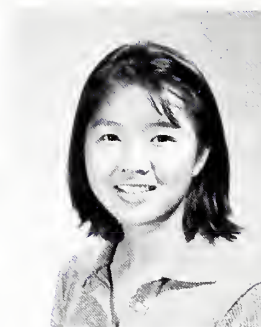


Nicole Zavradinov  
Jeff Zitnak



# Junior

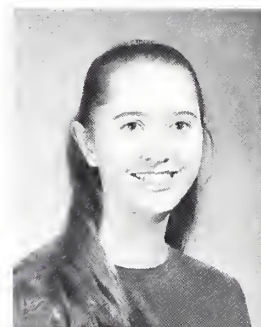
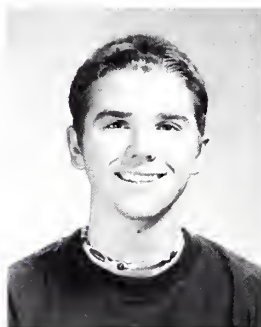
Eve Autry  
Phuong Banh  
Maureen Beach



Meghan Black  
Ashley Blain-Hartung  
Stephanie Bradac



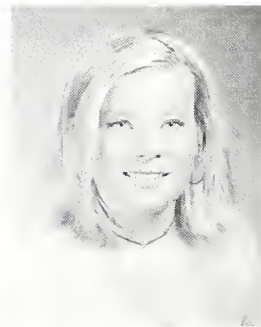
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Sophia Brown  
Timothy Brungardt



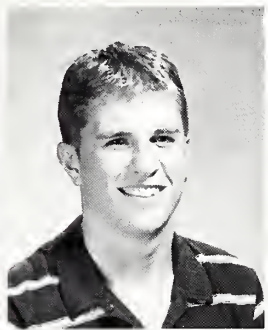
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Noemi Carrillo  
Zac Clark



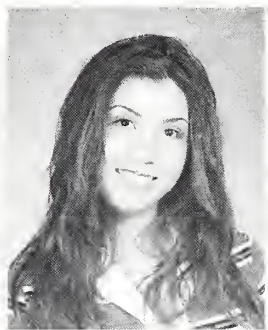
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Craig Cone  
Meredith Connelly







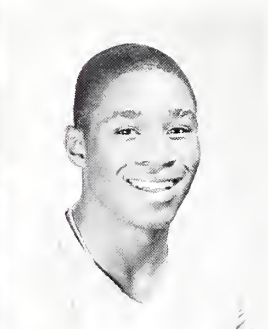
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 Ryan Doyle  
 Carrie Durgin  
 Claire Elizalde



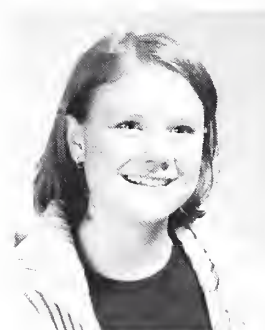
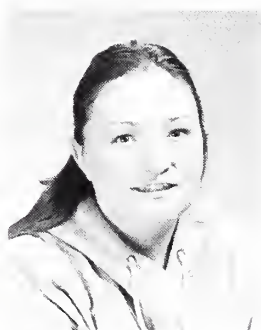
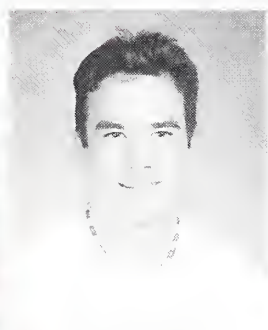
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 Alexandria Ferri  
 Albert Finn  
 Kristen Geyer



Kristin Goers  
 Thomas Griggs  
 Aubrey Hackman  
 Jessica Hammond



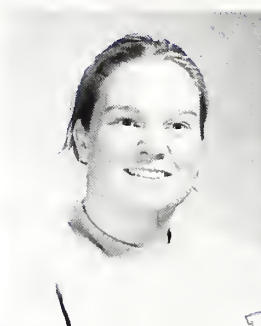
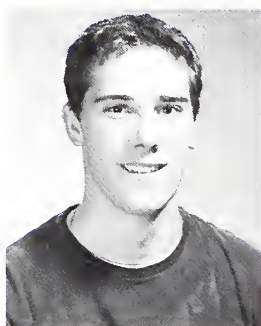
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 Lynne Hayes  
 William Holliday  
 Katherine Hopkins



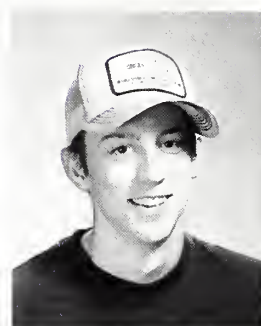
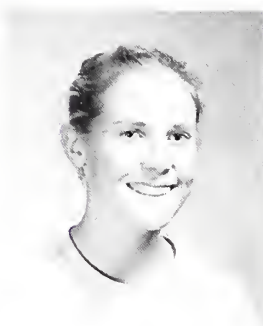
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 Erin Jelinek  
 Tonia Johnson  
 Stephanie Johnson



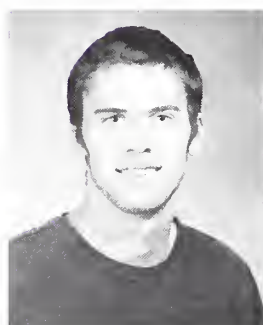
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 Krista Kinn  
 Christina Kloosterman  
 Michelle Kraus



Brian Krouse  
 Nikki Lawson  
 Marcia Lehman  
 Brandon Linn



Helen Lipscomb  
 Ryan Martin  
 Kyle Martinez  
 Margaret Matt



Kyle Mattie  
 Meghan McCarthy  
 Erin McClanahan  
 Kate McGuire



Jo Ann Melendez  
 Gerald Mewissen  
 Samuel Micciche  
 Kathleen Murphy



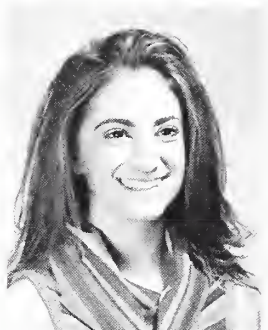




Todd Padula  
Weston Palmer  
Jaime Papa  
Chad Penkhus



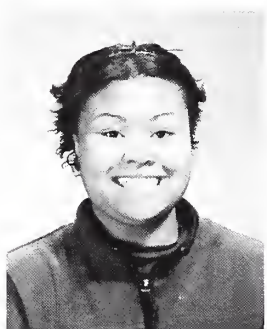
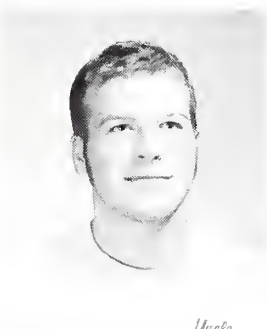
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Eva Pfaff  
Allison Rausch  
Sharita Richmond



Erika Romo  
Jose Rosales  
John Rossell  
Gianna Sannino



Mary Schmiechen  
Jared Schulte  
Colin Servis  
Brady Sheahan

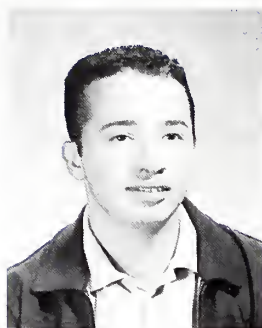


Joshua Silverman  
Michael Simpson  
Jerbonian Sims  
Ryan Smith

*huck*



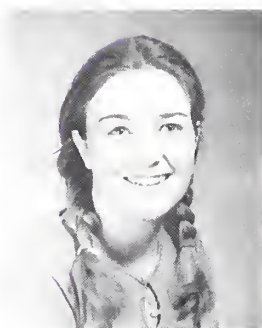
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Javier Soriano  
John Sullivan  
Eric Tews



Desirea Thames  
Suzanne Thompson  
Ronald Wall  
Philip Webb



Patrick Webster  
Laura Weiss  
Joel Wixson  
Misio Wynar



Evelyn Zatkoff





Members of the winning freshmen flag football team hang out after a game.

*Photo courtesy of Kristy Klinck*

DeSmet Hall prepares for a night at Jackson's Hole. *Photo courtesy of Kate McGuire*

# Places to Go Things to Do People to Meet

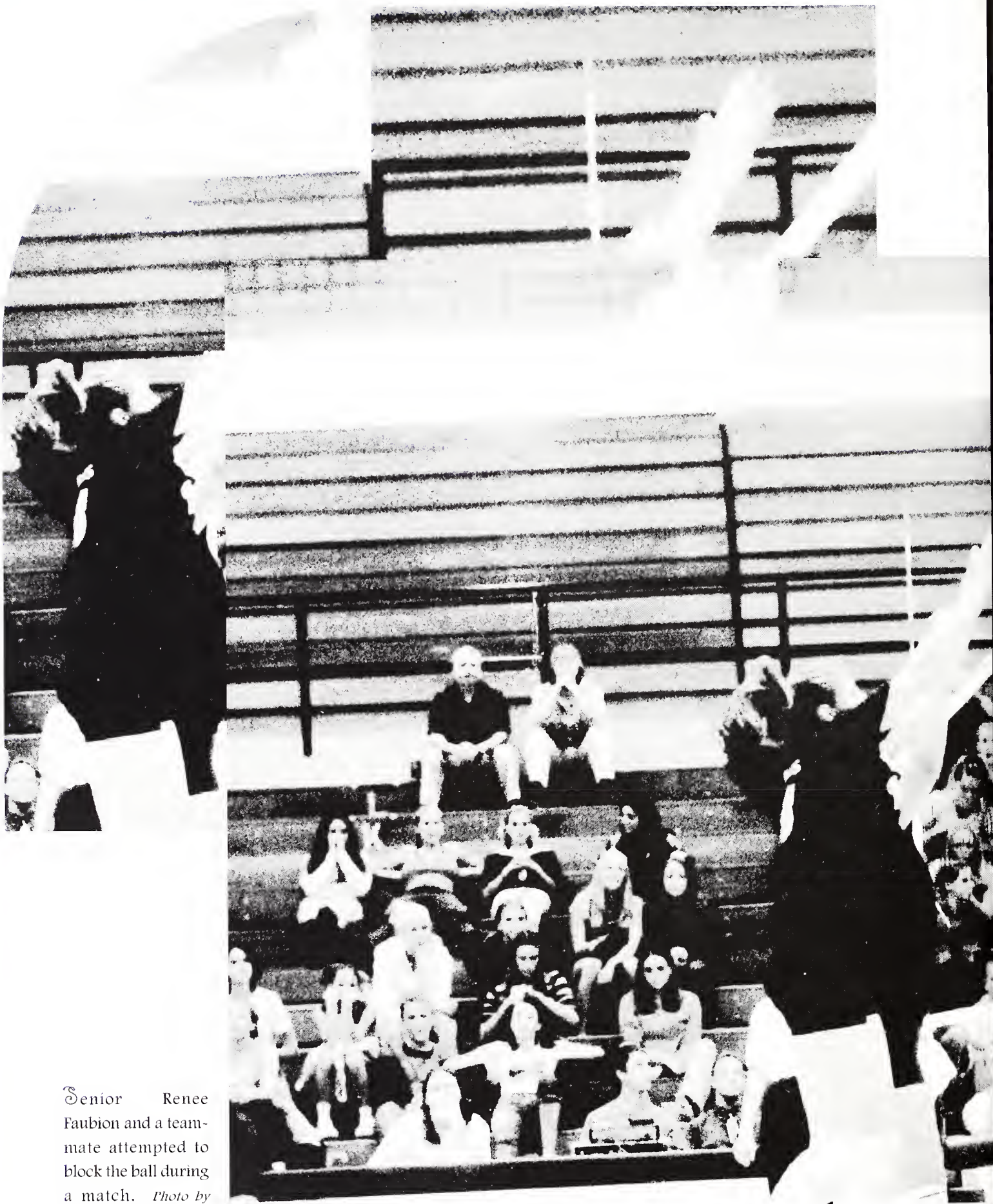


Freshmen ladies enjoying their rafting trip during the best of Colorado program. *Photo courtesy of Kristy Klinck*

A group of juniors and seniors pose to remember Halloween. *Photo courtesy of Kendra Connors*

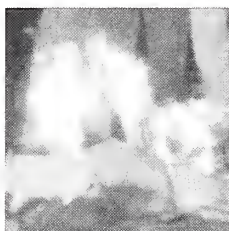






Senior Renee Faubion and a teammate attempted to block the ball during a match. *Photo by Arthur Bilsten*

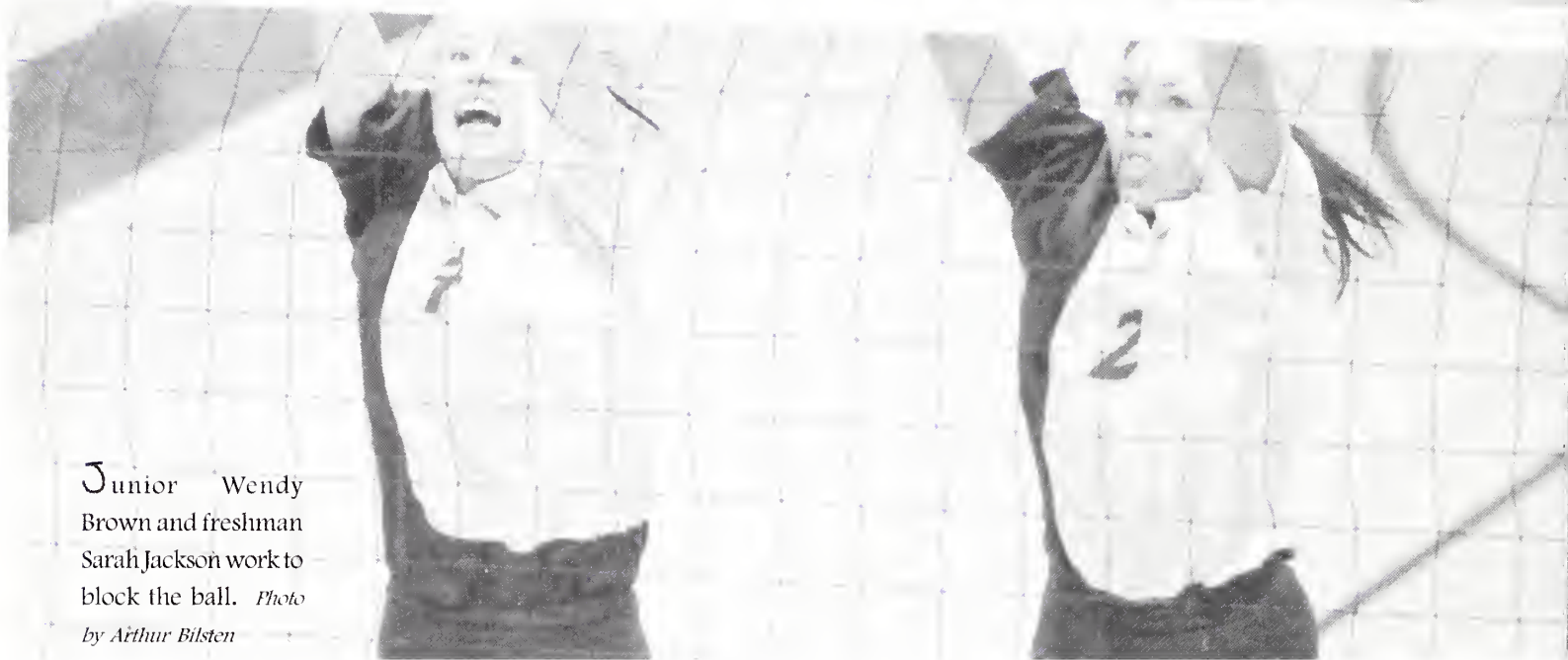




## the fire of life: sports

The passion for any game lies within ones self. The determination and the drive provides the burning desire to achieve success. Sports provide an outlet for many people. To have fun is the main objective. Winning isn't everything, but it sure feels great. Also, exercise doesn't hurt either. For others, it is a way of life. It is the ticket to a better future, whether sitting in the crowd, on the bench, or playing on the field. Teamwork and individual success fuels a better mind.





Junior Wendy Brown and freshman Sarah Jackson work to block the ball. Photo by Arthur Bilsten

The Regis University volleyball team had yet another outstanding season as they ended with a record of 24-9. They played their final game against the University of Nebraska-Kearney in the Southwest Regional Quarterfinals on November 16, 2001. They were defeated by a score of 3-1 against the Lopers. The Ranger women were ranked 11th in the country according to the American Volleyball Coaches Association (AVCA) when their season concluded. Renee Faubion, who was named Second Team All-American in her junior year, finished her final year with First Team All-RMAC and AVCA Southwest All-Region honors. There were also three other Rangers who received All-RMAC recognition as well. Sophomore, Julianna Bayley, who was twice named RMAC East Division *Player of the Week* in 2001, was also named First Team All-RMAC. Senior, Nora Bernson earned Second Team All-RMAC honors while senior, Tara Gonzales was an Honorable Mention All-RMAC pick. Sophomore, Ysabel Martinez said, "I am proud of our play this year. We are losing some great seniors, but I think that we have a good base that we will continue to build from next season."

2001 Volleyball season results; date, team, score=Regis-opponent: 8/24 Cal State- San Bern. 1-3; 8/24 Cal State UNC -Greeley 3-1; 8/31 Abilene Christian U. 3-1; 9/1 Western 1-3; 9/1 West Texas A&M 0-3; 9/7 Chadron 9/18 Co. Mines 3-0; 9/21 U. of Tampa 3-0; 9/22 Metro 1-3; 9/24 St. Edwards U. 3-0; 9/27 Western 3-2; 9/28 Lewis 3-0; 10/12 CU-COLO. Springs 3-2; 10/13 S. Colo 3-0; 10/14 NM Highlands 3-0; 10/19 Chadron 3-0; 10-3; 11/1 Co. Mines 3-0; 11/3 Metro 1-3; 11/9 Ft. Hays 3-1; 11/10 Metro 2-3; 11/16 Neb.-Kearney 3-1.



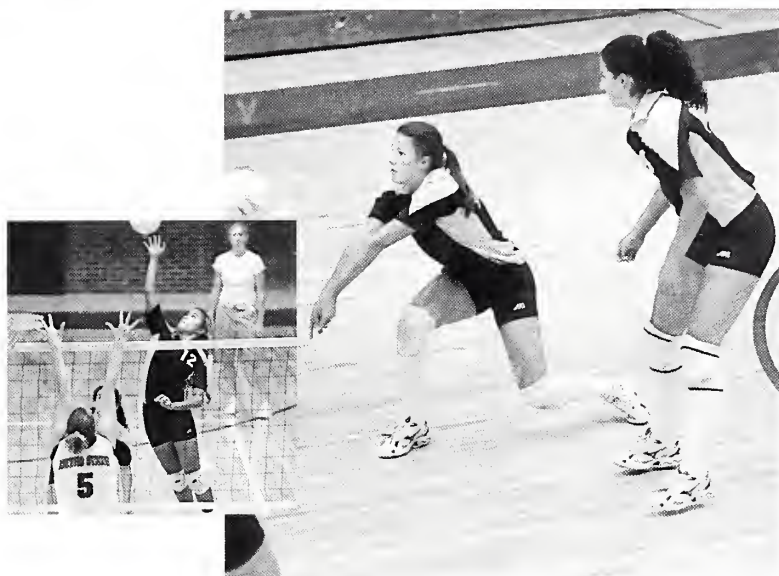
# Volleyball

## ds above the Net

by Molly Marrin

part of the games is...

"My favorite



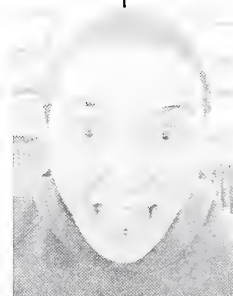
I love the excitement of volleyball games."

-Kristen Alire  
Sophomore



cheering for Mer."

-Kylee Keroher  
Senior



because they are awesome."

-Laura Day  
Junior



that we have an All-American on the team."

-Carlos Gomez  
Junior



Erica Schutte's and Melissa Kohler's blue hair."

-Rebekah Tippetts  
Senior

The 2001 team: Front row (l to r): Sarah Jackson, Julianna Bayley, Nora Bernson, Amy Wilhoit. Middle: trainer Ann Appel, Renee Faubion, Ysabel Martinez, head coach Frank Lavrishia, asst. coach Michelle Buckner, Wendy Brown, Erin Ovitz, asst. coach Darren Buckner. Back: Student mgr. Bernie Nichols, Holly Yamada, Tara Gonzales, Marissa Gettman. Photo

by Arthur Bilsten



Freshman Holly Yamada spikes the ball to score an extra point. Photo by Arthur Bilsten

Sophomore Erin Ovitz passes the ball as sophomore Julianna Bayley stands by if needed. Photo by Arthur Bilsten

Dom. Hills 3-0; 8/25 UC- San Diego 3-0; 8/25 Cal State L.A. 1-3; 8/31 3-0; 9/8 Co. Christian 3-0; 9/14 Fort Hays 3-2; 9/15 Neb. Kearney 0-3; Mesa State 3-1; 10/3 St. Mary's (TX) 3-0; 10/6 Adams State 3-1; 10/7 Ft. 10/20 Co. Christian 3-0; 10/26 Ft. Hays 3-1; 10/27 Neb.-Kearney



by Julia Flauaus

"My favorite thing

about soccer is...

the speed of  
the game."

-Jeff Eggert  
Junior



that my fiancée  
plays soccer."

-Gina Tagge  
Junior



penalty kicks."

-Melissa  
Beaudoin  
Senior



ggooooaaaalll!"

-Raymond  
Bramlett  
Junior



bicycle kicks!"

-Sarah Unger  
Senior



# Good Sport

## Men's Soccer



2001 Men's team (l to r): back row: Chad Mulliniks, Kenneth Corsten, Asst. Coach Seth Ludwig, Head Coach Matt McDowell, Mark Whitaker, Eric Tormoehlen. Middle: Oliver Pertuit, Brendan Uniacke, Patrick Lockerd, Heath Kidd, Jose Rosales, Todd Morris, Andy Allen. Front: Michael Simmonds, Ben Stock,

Sophomore Alan Ramirez fights to get free to defend the ball.

Photo by Arthur Bilsten

Senior Ryan Mahany jumps over the fallen goalie for the ball.

Photo by Arthur Bilsten



2001 men's season results; date, team, score=Regis-opponent: 8/24 College 2-1; 9/7 Southern Co. 4-2; 9/9 CU-Co. Springs 1-0; 9/14 Ft. Lew. Incarnate Word 1-0; 10/12 Southern Co. 4-2; 10/14 CU-Co. Springs 0; 11/4 Ft. Lewis 3-5





The Regis men's soccer team opened up in the early days before the fall semester and prepared to work as hard as they ever had. In this effort, they had a tremendous season. Creating the best record yet for Regis, it's been a while since the boys have had something to show for it. The team came together as one, with everyone going in the right direction. While the team expected a challenging season, it was a great season for seniors who put a lot into it and got a lot in return. Freshman Eric Tormoehlen said, "We had a great season with a lot of good players. We are going to lose a key players, but are looking foward to new recruits who will take the place of the graduating seniors. I am looking foward to next year's season." With a positive attitude and their focus towards the future, things can only be better and brighter looking. They are sure to fare well in the coming years as they are still a young but very strong team with great group of players.

MSU-Billings 3-1; 8/26 Southwestern OK State 2-1; 8/29 Metro 1-2; 9/2 West Texas A&M 0-0; 9/3 Westminster 1-2; 9/16 Midwestern 3-2; 9/21 Co. Mines 3-6; 9/23 Co. Christian 1-0; 9/28 St. Edwards U. 4-1; 9/30 2-1; 10/17 Metro 2-0; 10/19 Ft. Lewis 3-2; 10/26 Co. Mines 1-0; 10/28 Co. Christian 4-0; 11/3 Mines 2-





The Regis women's soccer team concluded the season with an impressive record of 18-1-1 overall and a number three-ranking in the nation. The Rangers were undefeated until they lost to San Antonio's Incarnate Word in the NCAA II Midwest Region Final by a score of 3-1. With a remarkable average of 2.4 goals a game as compared to their opponents with .6 goals a game, it is no wonder that the women were so successful. Freshman Katie Murphy led the Rangers offensively with 12 goals and 11 assists on the season. Defensively, junior goalkeeper Taresa Cavaliere was the anchor for Regis with an outstanding 60 saves and ten shutouts. A number of players were recognized in the Rocky Mountain Athletic Conference (RMAC) for their achievements. Murphy was named *Freshman of the Year* as well as first team All-RMAC. Taresa Cavaliere and Nicole Meyer also received first team All-RMAC honors while Ashley Blain-Hartung, Arlene Basquez, and Shantelle Wagner made second team All-RMAC.

2001 Women's Soccer results; date, team, score=Regis-opponent: 8/24 MSU-Billings 2-0; 8/26 ST. Edwards U. ern Co. 1-0; 9/9 N.M Highlands 4-0; 9/14 Ft. Lewis 4-0; 9/16 Mesa 4-2; 9/21 Metro 3-0; 9/23 Co. Christian 2-1; 10/14 N.M. Highlands 2-1; 10/19 Ft. Lewis 5-1; 10/21 Mesa 1-0; 10/26 Metro 3-1; 10/28 Co. Christian



# Attitude

## Women's Soccer

by Molly Marrin

about the team is...

"My favorite thing

Arlene  
Basquez."

-K.C. Nettleton  
Junior



It was cool that  
they were on  
the news."

-Mike Periolat  
Junior



They're built to  
a higher stan-  
dard."

-Kristen Morales  
Junior



I enjoy watch-  
ing them, espe-  
cially when the  
weather is  
nice."

-Antonio Maes  
Junior



It is fun watch-  
ing them be-  
cause they play  
well together."

-Megan  
Disharoon  
Junior



2001 (r-l, t-b): Lacy Richardson, Nikki Lawson, H. coach J.B. Belzer, trainer Greg Harper, asst. coach Diana DiMatteo, Shantelle Wagner, Rachel Wonner, Nicole Meyer, Lindsay White, Lauren Buell, Brooke Glasmann, Taresa Cavaliere, Katie Hopkins, Ashley Blain-Hartung, Arlene Basquez, Katie Murphy, Kristen Geyer, Mary Nell Klein, Alli Rausch,

Freshman Katie Hopkins does a little fancy footwork around an obstacle.

Photo by Arthur Bilsten

Defender freshman Ashley Blain-Hartung storms after the opponent. Photo by

Arthur Bilsten



1-0; 8/31 Midwestern State U. 2-0; 9/2 E. Central U. 5-1; 9/7 South-1-0; 9/28 Incarnate Word 2-1; 10/5 Barry U. 2-0; 10/12 Southern Co. 1-1; 11/3 Southern Co. 2-0; 11/10 Incarnate Word 1-3.



by Julia Flatau and Maria Jelinek

"How do you prepare

for a competition?

I listen to music to get fired up."

-Chris Bonino  
Sophomore



Basically I drive around for an hour listening to Metallica."

-Doug Miller  
Senior

I prepare all night before."

-Fred Carney  
Sophomore



Normally I get a good nights sleep and try and not talk to anyone."

-Katie Carlson  
Junior

I listen to music."

-Jonathan Job  
Freshman



# Running Around



Junior Joe Gass hold off his opponent in the last leg of the race. Photo by Arthur Bilsten

Sophomore Joe Osdieck runs in the DU Invitational. Photo by Arthur Bilsten

The 2001 team (l to r): Trey Garrity, Geoff Arte, Maria Jelinek, Diana Leos, Jessica Radicella, Dan Hoffman, Joe Osdieck, Kassi De Raad, Pat Martin, Crystal Wright, Joe Gass, Amy Baisley, Theresa Aubinger, Tessa Dellarosa, Janey Beulke, Erika Schneider. Photo courtesy of Maria Jelinek



2001 Cross Country results; date, team, score: 9/24 Colorado State U. 9/22 New Mexico Highlands Meet Men-4th (of 5) Women-2nd (of 5); Women-8th (of 10); 11/3 NCAA II Regionals Men-19th (of 20)





— This season, the cross country team welcomed a new coach, Mike Mittelstaedt, hoping to improve their skills as runners and also hoping to improve their team as well as individual results. The season proved to be very successful. With the help of many new faces to the program both the men and women's teams, they finished out the season with great satisfaction. Within the competitive RMAC Conference, both teams placed in the top ten; with the women's team at 8th, and men's team at 10th. At the NCAA II Regionals, both teams continued to do well as they placed 19th (men) and 16th (women). Team captain junior Maria Jelinek said, "This is one of the best seasons in the team history. With the many new faces and returning runners, along with the help of our outstanding coach, we anticipate a more exciting and challenging team next year." Freshman Janey Beulke placed 64th, and junior Trey Garrity placed 117th at Regionals for the Rangers.

Invitational Men- 9th (of 9) Women-8th (of 9); 9/15 Denver U. Invitational Men-5th (of 5) Women-3rd (of 6); 10/6 Dan Libra Invitational Men-6th (of 7) Women-5th (of 8); 10/20 RMAC Championships Men-10th (of 10) Women-16th (of 23).





The flag is out and putting has begun by junior Mike Melena.

*Photo by Arthur Bilsten*

The green, green grass is polished with an early morning dew as the golf team steps out onto the course for their 18-hole competition. Despite it being an individual sport, the team formed as one and competed against other schools to place in every tournament. Senior Steve Uhen said, "Once again, the Regis Rangers had a great season. It maybe not the greatest statistically, but we had some great weather and tons of fun." Junior Justin Holmes and junior Jeff King rocked the Southern Colorado Invitational with third and sixth place individual finishes, respectively. The team is anxiously anticipating the spring season where they will continue their domination of the RMAC. The team is expecting nothing but success; Jeff King will be hungry for more RMAC achievements, and it is the last chance for senior Steve Uhen to play collegiate golf. Expect him to bring his "A" game to the course every time. With him being the only departure, the team is looking strong for next year.



# Golf

## On the Green

by Julia Flauaus and Steve Uhen  
you've done on a golf course?

"What's the coolest thing



Tipping the golf cart off a bridge into a ditch."

-Donald Schoeninger  
Sophomore



Watching Adam Ristau cheat as I drove the golf cart."

-Joel Naumovich  
Junior



had sex."

-Sarah Starceovich  
Junior



I got a 235 yd. hole-in-one."

-Dan Rasschaert  
Senior



Playing bumper carts."

-Ben Mattox  
Junior



Junior Justin Holmes goes for the long shot, hoping for the green. Photo by Steve Uhen

Junior Jeff King checks out the green and contemplates his putt. Photo by Steve Uhen

The team of 2001: (l to r) Cody Grimes, Mike Melena, Jeff King, Steve Uhen, John Grandlienard and Justin Holmes.

Photo courtesy of Steve Uhen





by Maureen Bisio

"What's the best sports game

you've ever been to?

A ski competi-  
tion."

-Johanna  
Dasteel  
Freshman



The only Dallas  
Mavericks  
home playoff  
game in the  
past 10 years."

-Walker Sears  
Junior

Freshman  
homecoming  
game."

-Deirea Thanes  
Freshman



Notre Dame  
and USC."

-Dan Mertes  
Junior

Women's soc-  
cer when they  
beat Mesa State  
1-0."

-Charity Hermes  
Senior



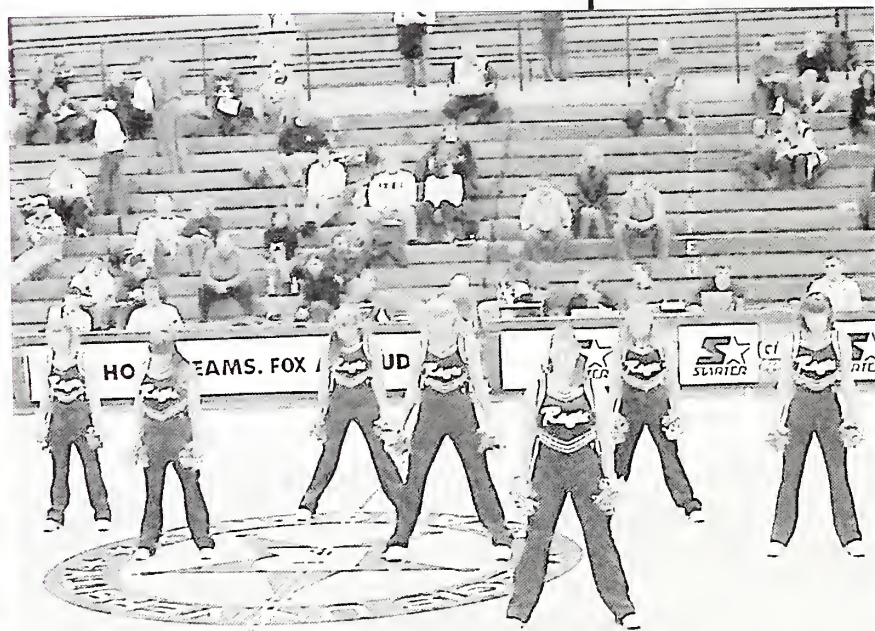
# Superfans

## In the Bleachers

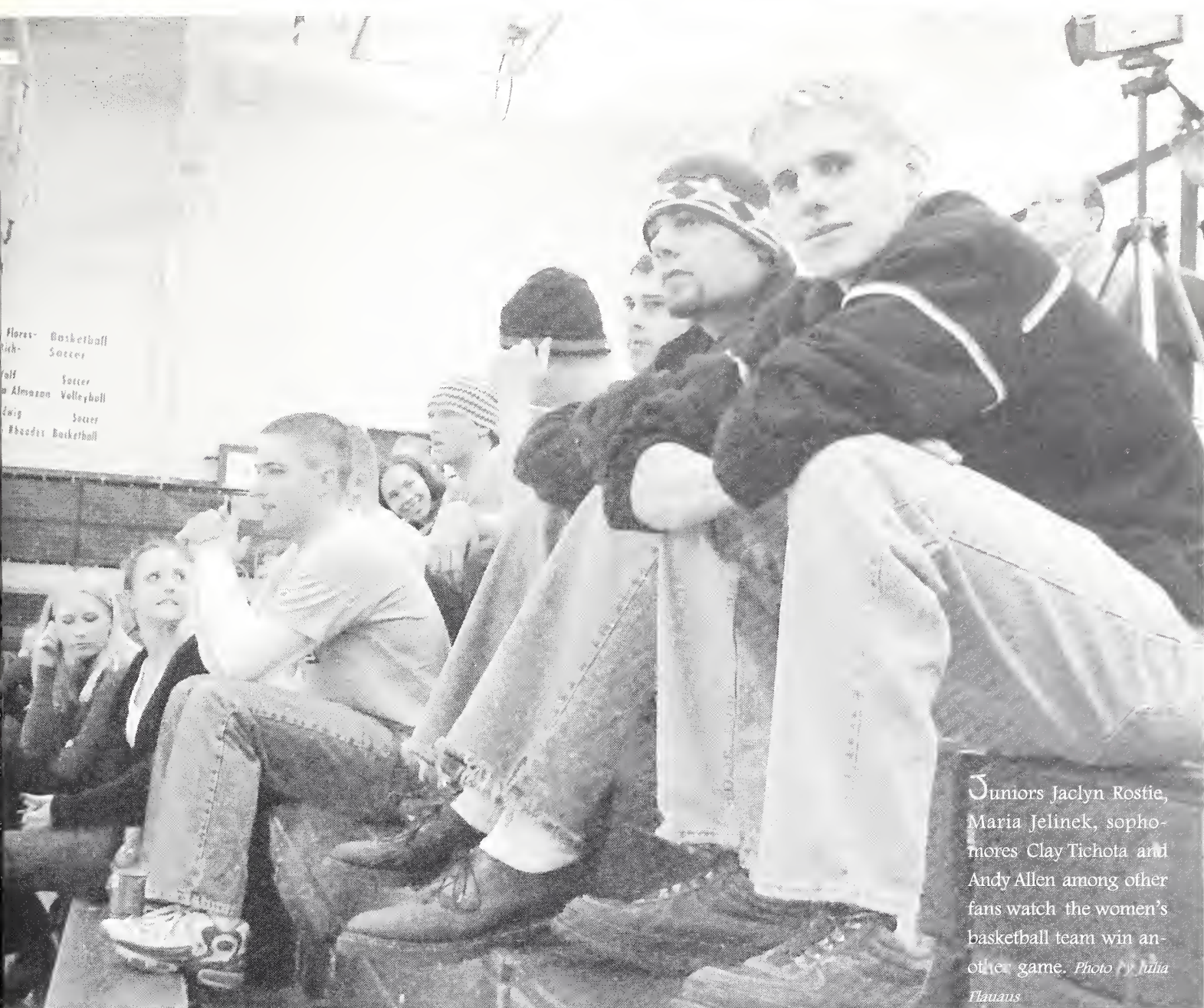


Students cheer for  
the men's basketball  
team as they take the  
lead. *Photo by Maureen  
Bisio*

The dance team per-  
forms at halftime dur-  
ing the women's bas-  
ketball team against  
Mines. *Photo by Julia  
Flauaus*







Juniors Jaclyn Rostie, Maria Jelinek, sophomores Clay Tichota and Andy Allen among other fans watch the women's basketball team win another game. Photo by Julia Flatau

As players and coaches gear up and get ready for the game, so do the fans. By looking around in the gym, or on the sidelines, a reputation is obvious....Superfans! This year, a black t-shirt with Superfan written in yellow provides the look and environment of loyalty. Students, faculty, alumni, and supporters come to each game with a sense of pride and dedication. The Superfan program was run by SIC, or Student Involvement Committee, who also provided the super, super fans with various road trips to the Denver area away games. "Superfans help motivate the crowd to show their spirit for their school and team," said sophomore Erica Abieta. Being a superfan was an excellent way to become involved and meet the players. The Regis Rangers have an excellent athletic program and superfans to cheer them onto their victories. Going to games and supporting the teams was more than just a statement, it was often also a social event, where students, faculty and staff could relax and check out the competition.





Junior Jeremy Moff extends play to competition to win the ball for 2 points.

Almost every team has its own fare share of triumphs and its own fare share of tribulations. This year's men's basketball team was no exception. Senior co-captain admits, "injuries held us back a little, but it was a learning experience that taught us how to deal with adversity." To balance out the tough times, there were moments of greatness. The Regis defeats over Adams State and Southern Colorado only to begin naming some of them. Another highlight of Coach Lonnie Porter's 25th season was being selected to carry the 2002 Olympic torch. So, despite the difficult times, both senior captains Corey LeDuff and Randell Nelson agree, "basketball was a wonderful experience and it was a pleasure to play at Regis." One fine memory for the season was Corey LeDuff breaking the past record for 3-point shots when he scored 30 points in a single game all from 3-point shots, a goal that had been set into sight from the beginning of the year. For a team with a lot of new players, they bonded to play well.

2001/02 Men's Basketball results as of 2/15; date, team, score=Regis-opponent: 12/7 Adams St. 76-72; 12/16 Highlands 84-72; 1/10 Mesa St. 70-87; 1/11 Western St. 78-88; 1/18 Nebraska-Kearney 75-90; 1/19 Fort Hays St. 80-65; 2/2 Metro State 62-74; 2/8 N-Kearney 66-75; 2/9 Fort Hays St. 49-70; 2/15 Mines 64-58; 2/16



# ootin' Hoops

## Men's Basketball

by Angie Luetters



The 2001/02 team:  
top(l-r) manager  
Erica Grounds,  
Randell Nelson,  
DeMel Tarver,  
Michael Rhodes, Kyle  
Shumway, Cortez  
Washington, bottom  
(l-r) Corey LeDuff,  
Louis "Tres" King,  
Jeremy Bennett,  
James Harvey and  
Marques Harris. Photo  
by Arthur Bilsten

Junior guard  
Marques Harris gets  
the team set up for a  
winning play. Photo by  
Arthur Bilsten

Freshman James  
Harvey gets around  
the defense to shoot  
for two. Photo by Arthur  
Bilsten



"My worst  
injury was...

when my horse  
fell on top of  
me."

-Casey Roberts  
Sophomore



when I was in  
a racing crash  
and a bolt split  
my kneecap."

-Zac Mazzotta  
Senior

a concussion."

-Jimmy Wagner  
Freshman



a broken  
neck."

-Javier Sniano  
Freshman



my back is  
messed up for  
the rest of my  
life."

-Bridget Condon  
Junior



CU-Springs 64-69; 12/17 S. Colorado 79-71; 1/4 Fort Lewis 79-71; 1/5 NMSt.  
53-61; 1/24 Mines 69-65; 1/26 Chadron St. 71-78; 1/29 Colorado Christ-  
Chadron 73-68; 2/19 CC 75-68; 2/22 Metro 49-77; 2/26 Fort Lewis 71-72



by Molly Marrin

"If I made the winning shot

in the RMAC championship...

# For the Record

## Women's Basketball

I would kiss  
Don Francis."

-Stephanie Culp  
Sophomore



I would jump  
up and down  
and scream."

-Jill Welsh  
Junior



I would chew  
gum."

-Pat Webster  
Freshman



what do I  
win?"

-Kathleen Coyne  
Junior?



I would go to  
Disneyland!"

-Paul Crane  
Freshman



Junior Haley MacNeil shoots for two points. Photo by Arthur Bilsten

Junior Molly Marrin prepares to pass to a teammate. Photo by Arthur Bilsten

The team (l to r)  
Back row: Jenny Bahl, Candice Bott, Julie Jestus, Jessica Workman, Laura Day.  
Middle: Asst. coach Heather Sower, Molly Marrin, Melissa Sauter, Erica Schutte, Keeley O'Dell, head coach Linda Raunig.  
Front: Kylee Keroher, Krystal Jackson, Haley MacNeil, Rachel Caliga, Jen L. Wig. Photo by Arthur Bilsten



2001/02 Women's Basketball results as of 2/15; date, team, score=Regis-op  
NM Highlands 90-71; 1/10 Mesa St. 69-78; 1/11 Western St. 80-74; 1/18  
Christian U 87-58; 2/2 Metro 71-64; 2/8 N-Kearney 53-82; 2/9 Fort Hays  
3/1 UNK 57-65; 3/7 S. Dakota St. 76-91





With one senior, nine juniors, two sophomores, and one freshman, the Regis women's basketball team completed a season that will remain in the record books for years to come. The Rangers will miss the play from the lone senior, Erica Schutte in 2002-2003, but with the veteran junior class, it is likely that they will return stronger than ever. Even faced with numerous injuries this season, the women managed to compile the best record in the history of Regis women's basketball. Ranked as well as fourth in the North Central Regional Poll, Regis was successful because of an entire team effort and their unmatched resiliency. Senior Erica Schutte was very proud of her last season. "This season was a great accomplishment. We worked really hard but also had fun along the way. It really paid off when we made it to the NCAA Division II tournament." Looking forward to next year there should be great things to expect from these ladies.

ponent: 12/7 Adams St. 70-59; 12/16 CU-Springs 72-76; 12/17 S. Colorado 77-74; 1/4 Fort Lewis 72-70; 1/5 Nebraska-Kearney 54-64; 1/19 Fort Hays St. 79-71; 1/24 Mines 70-56; 1/26 Chadron St. 62-57; 1/29 Colorado St. 66-69; 2/15 Mines 42-41; 2/16 Chadron 76-44; 2/19 CC 67-50; 2/22 Metro 65-61; 2/26 Fort Lewis 78-70





There is nothing more exciting in this world than sports and since the majority of college students don't play on university teams, intramural sports provide the closest comparison. Minus the rigidness of NCAA sports, they are twice as fun and allow some necessary release of tension and stress. There are four sessions available to students. In the fall, flag football, bowling, and volleyball are offered. Basketball, floor hockey, and the continuation of bowling follows later in the semester. In the winter/spring, indoor soccer, indoor volleyball, bowling, softball, and other provide a little bit of entertainment. The all time favorite can arguably be bowling having on average twenty plus teams gathering on Tuesday nights at the 64th and Wadsworth bowling alley for some knocked down pins and beer. But altogether intramurals allows the college community to gather in an action packed environment in order to simply enjoy college.



# Intramurals

## For The Glory

by Julia Flauaus

intramural moment?

"What is your greatest



Taking the 2001 bowling championship!

-Hans Von Der Hofen  
Senior



Knowing I am the greatest softball player ever to grace Regis."

-Christian Van Minnen  
Senior

Protection was much needed during floor hockey, due to the intensity of the match. Photo by Julia Flauaus

Floor hockey is another intramurals favorite. Fast paced and difficult. Photo by Julia Flauaus

Watching Lucas Carroll trip over himself and look foolish."

-Jeff Tenney  
Junior

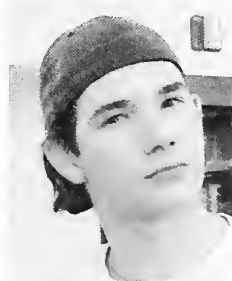


Playing for the multi-talented Bone and the Janks."

-Dano Rivas  
Junior

Beating those darn Canadians!"

-Kevin Oldenburg  
Junior





by Julia Flatau

"If you could compete in an

Olympic event, it would be...

synchronized  
swimming."

-Jim Morrow  
Sophomore



baseball."

-Eric Thompson  
Sophomore



speedwalking."

-Hunter  
Chamness  
Senior



gymnastics."

-Lucie Tran  
Senior



lumberjack  
competition."

-Andy Newton  
Sophomore



# On the Edge

## Extreme Sports

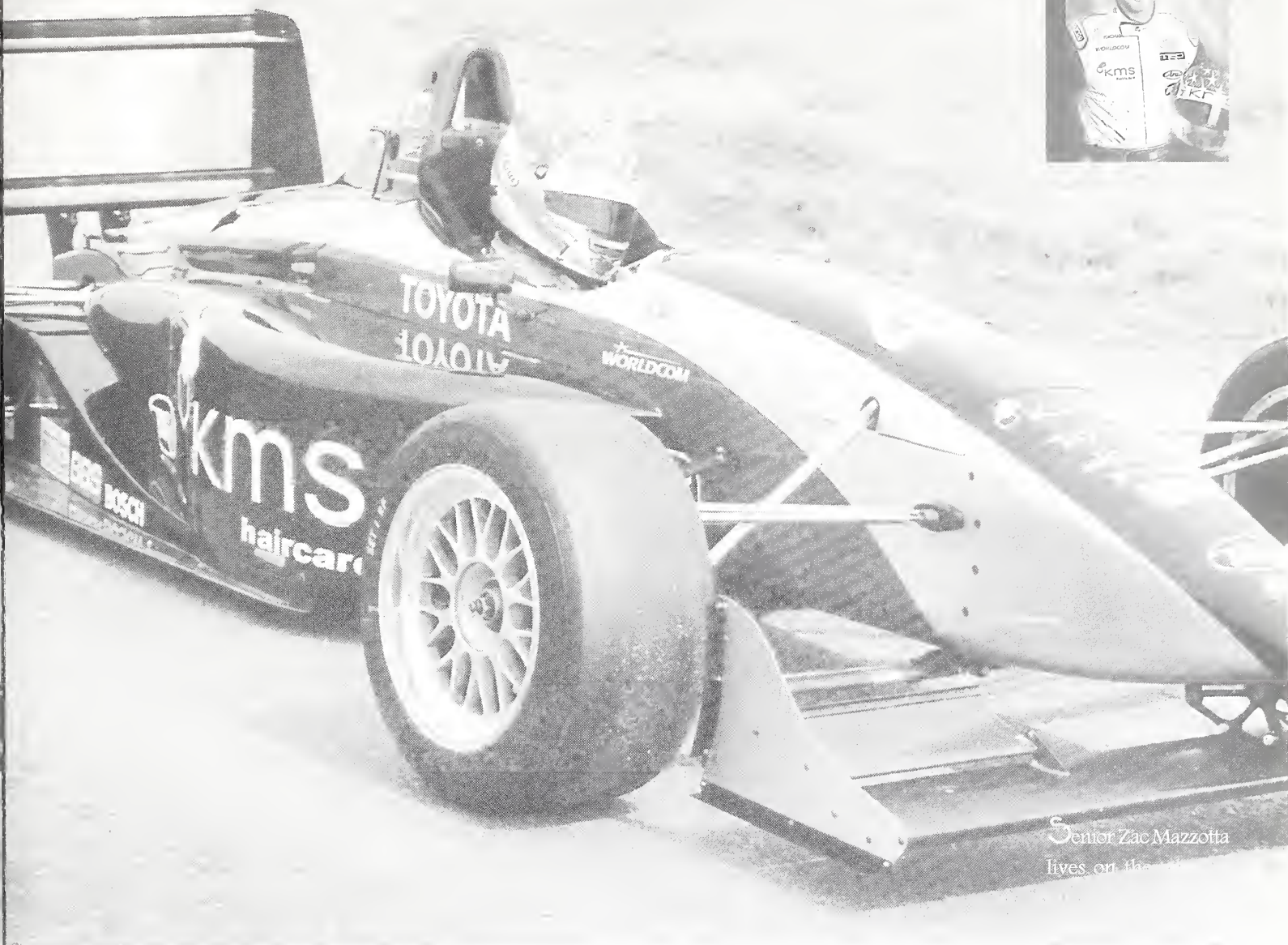


Juniors Joe Gass,  
Trey Garrity, and Matt  
Sanchez hunting  
Canadian Geese. *Photo*  
*courtesy of Matt Sanchez*

Students on Out-  
ward Bound decide to  
try their luck at ex-  
treme sledding. *Photo*  
*by Antonio Maes*







Senior Zac Mazzotta  
lives on the track

There comes a time in one's life, when the fear factor is diminished; you face your worst fears and do something really cool. Some people do this every day for fun. Rock climbing, back country skiing, or anything where broken bones, cuts, and bruises are the only trophies could be considered extreme. Once upon a time, snowboarding was considered an event such as these, but it has grown in to the mainstream of society and has now become an olympic event. For the first time there is a U.S. Snowboard Team, that makes everyone who cherishes this sport or way of life happy to have contributed to this success. This year, the Winter X Games were held in Aspen, Colorado. Where else does the danger ride high- motorcross on a snow-covered run, snowmobiling events, a few ski and snowboard competitions by the best of the best who are crazy enough to try and actually be amazingly great at it.





The one thing about rugby is it's not a sport for sissies. You can't pretend you are tough, you have to be able to show your strength and courage. Without any padding, these boys take more hits than Cypress Hill. There is no stopping the clock as in football, the only time the game stops is for serious injuries, which there are plenty. Concussions are handed out like candy, broken bones, cuts, bruises, missing teeth, cauliflower ear; signature wounds left by the battles of games against opponents. To prevent those lovely ears from being disfigured, electrical tape or other sort of tape are wrapped around the head to tape the ears down. As for the shorts, the shorter the better. They are much easier to play in and aid the players with more movement while protecting what is important. Captain senior Ryan Malphurs said, "Rugby is the fastest growing club sport in the nation, and Regis Rugby now has close to 40 members. I'm very excited about the future of this sport at Regis."



by Julia Flauaus

# Rugby

## Push it To the Limit

“How short do you like your shorts?”

four inches.”

-Sarah Jackson  
Freshman



Like sentences, they need to be long enough to cover the topic, but short to be exciting.”

-Jay Stooksberry  
Freshman



To about my boobs, they are my best feature.”

-Lisa Arling  
Junior



It depends if they are wearing tighty whities or boxers.”

-Amanda Harrison  
Freshman



Shorts? I don't even wear them to the gym.”

-Jen Roller  
Freshman



The 2001 team (l to r):

Front row: Kane Peschl, Brad Ehikian, Mike Simpson, Matt Conway, Nick Angelillo, Zac Clark, Chase Smith, Russ Hencke. Middle: Coach Dan Hattnup, Pete Speissbach, Robert Henderson, Chris Heng, Chris Hull, Dano Rivas, Justin Nicolace, Ian McAuliffe, Andy MacDonald. Back: Ryan Malphurs, Tim Brennan, Ryan Martin, Eric Math, Jason McGaughey, Dave Erstad, Chris Bonino, Brandon Linn, Gerald Mewissein. Photo by Julia Flauaus

Number 8 kicks the ball down the field.

Photo by Julia Flauaus

Senior Ryan Malphurs and teammates work on a play.

Photo by Julia Flauaus





by Julia Flannus

"What is your favorite

thing to do in Colorado?

Drive around  
in the moun-  
tains."

-Christy  
McFadden  
Senior



Go horseback  
riding."

-Kacie Willis  
Freshman



Running in the  
mountains."

-Kaitlin Whitney  
Freshman



Backpacking."

-Erica Jeglum  
Freshman



Sitting on my  
porch drinking  
a 40."

-Liz Kerr  
Junior



# All for Fun

## Club Volleyball



This is the first year,  
guys volleyball club  
team after one of their  
tournaments. *Photo by  
Gabby Decker*

This is a picture of  
the girls club volley-  
ball team consisting  
of eight girls. *Photo  
courtesy of Theresa Bisio*





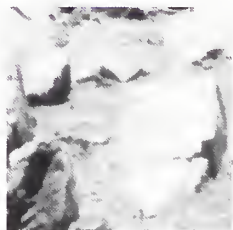


Junior Carrie Bova is going up at the net for a block at a tournament at Evergreen Rec center. Photo by Theresa Bruc.

Last year, juniors Laura Biondi and Rachel Perry approached Dave Law and started a girls club volleyball team. This year there are two girls teams, and after the girls set the example last year, junior Taras Wynar approached Dave Law about starting a men's club team, and was given the opportunity to start one up. Now, all of the teams compete in tournaments all over the Denver area. Club volleyball gives students a chance to play competitive volleyball outside of the traditional competitive arena, and have fun at the same time. "We have fun, some growing pains, but mainly fun. We've come together, and it's like a big party," Wynar said. "Long live Frontier Motel," he added. The teams practice two or three times a week in the ALC gym. They have tournaments about once a month. The tournaments usually start at about 8:00 am in the morning and run until the late afternoon. They play a variety of different teams from different colleges and random club teams. Junior Gretchen Sewczak said "It was a shocker at the first tournament to see the majority of the teams consisting of older women, but we soon got use to it."



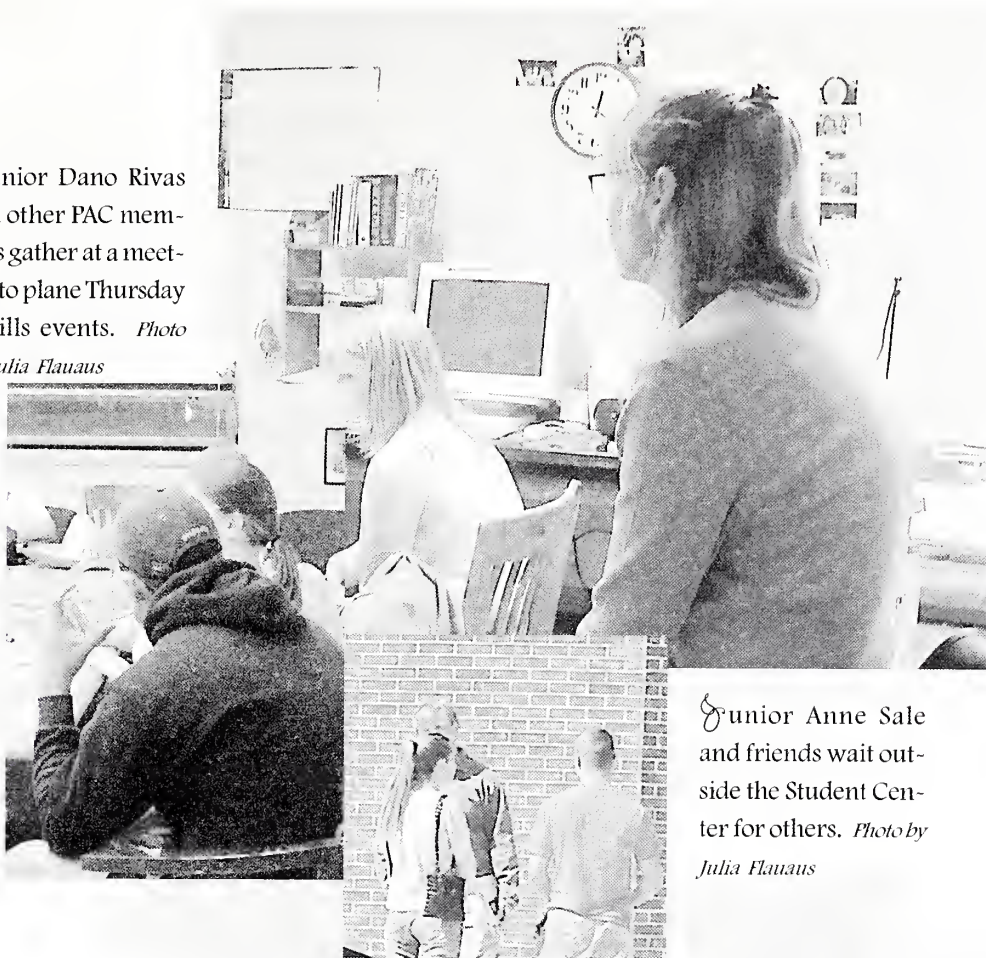
## the earth of life: organizations



Life has a funny way of organizing itself and keeping people busy. The earth is also organized in a special way, a sort of pecking order that keeps everything running smoothly.... Regis is no exception to the rule; about twenty different organizations participate in making college life as it should be. From ROC to the Highlander, there are many ways for students to become involved. It is important to lend a helping hand. These groups provide structure that mock up a small portion of reality and how the real world works. The people involved provide a sense of community and help give that extra something to create a better educational experience.



Junior Dano Rivas and other PAC members gather at a meeting to plan Thursday Thrills events. *Photo by Julia Flauaus*



The Highlander meets with its advisor, Janellen Hill of the Communication Dept. *Photo by Julia Flauaus*

Junior Anne Sale and friends wait outside the Student Center for others. *Photo by Julia Flauaus*





# The Student Voice

Exec Cab poses for a group picture. *Photo courtesy of Dana Emmons*



Juniors Laura Nielsen and Quinn McCoy take a break to watch T.V. *Photo courtesy of Dana Emmons*







The committee at dinner on a trip to Seattle, Washington. Photo courtesy of Dana Emmons



Following their motto, "Executive Cabinet is maximizing your Regis experience through authentic leadership," 12 students met each week to better the Regis community. Consisting of President Dana Emmons, Vice President Walker Sears, Chief Justice Robert Spomer and nine directors, this group proposed ideas, discussed them and voted on whether they were beneficial for the student body. Meetings, which are open to all students, were held on Tuesday at 4:40 p.m. in the Exec. Cab. office on the second floor of the student center. During meetings, the group discussed such things as the school budget, upcoming events and past events. Each cabinet member applied and interviewed for their position. The executive Cabinet is a group of student leaders that represent the student body and work diligently to ensure a positive Regis experience.

Junior Antonio Maes and Scott Campbell play a round of cards. Photo courtesy of Dana Emmons

by Molly Marrin

**"If I was the student-body president, I would ...**

have NBA all-stars play in a charity game for cancer research."

-Tres King  
Junior



turn the cafeteria into a five-star restaurant."

-Josh Payne  
Junior



make every night like Jackson's Hole."

-Alex Koury  
Junior



give everybody free books."

-Rob Russell  
Junior



make more opportunities for political activism."

-Andrew Drummond  
Freshman





"If you were able to plan an

a huge game of capture the flag in the snow."

-Kaiten Hannon  
Freshman



event, it would be...

an outing to see the ocean, because I've never seen it."

-Michelle Kraus  
Freshman



a bunch of bands that came to play."

-Craig Kone  
Freshman



I would plan a down time night."

-Kate Murphy  
Freshman



to have Dave Matthews come play at Regis."

-Emily Parris  
Sophomore



A group of co-workers enjoy outside time together.

Photo courtesy of Student Activities



The only time there is peace and quiet in the office of Student Activities is when the lights are off, the door is locked, and everyone has gone home (or after 4:30 on Friday afternoons). Otherwise the office is alive with planning, talking and laughter during the hours of 8-5. Senior Dana Emmons said, "Working in Student Activities is exciting and different every-day." The office and its staff members provide services such as the Best of Colorado program for freshmen, ROC, and Seniors' Last Call. Staff members are usually leaders or members of groups or organizations themselves, so many of the activities and events are planned or discussed during their time spent in the office. With almost all groups based out of one office a network of cooperation is completed. "Student Activities provides a much needed network of liaisons and student representatives in order to better build a cohesive community here at Regis," senior Robert Spomer said.

Senior Erin Christianson hands out candy in the Student Activities office for Halloween. Photo

by Theresa Bisio

by Angie Stockton





# A Wild Day At The Office



The Student Activities staff usually enjoy their job obligations while lounging on the couch. Photo by



Senior Arias Corbin and junior Anne Svoboda lounge by the copy machine.

Photo by Gabby Decker





# E n t e r t a i n m e n t   P A C

Seniors   Caryn  
Smotrilla,   Tim  
Brennan, and Theresa



Director, Junior  
Quinn McCoy, is at  
her finest while giv-  
ing her input to all  
the PAC members.

*Photo by Theresa Bisio*







Junior Dano Rivas and Sophomore Carmela Kelley work hard to make posters to advertise Thursday Thrills events. Photo by Quinn McCoy

What is PAC? PAC stands for Programming Activities Council. It is made up of students who plan entertainment and other activities for the rest of the student body. PAC events help build a community and bring students together to enjoy a variety of events. A few events they put on include Thursday Thrills, the Spring and Fall formals, and most importantly, Ranger Week. Thursday Thrills is a time for students to enjoy different entertainers as well as getting involved by participating in the events. Junior Quinn McCoy is this year's director. She lead her committee during Monday night meetings to plan a stress free environment in a fun atmosphere. At these monday night meetings, the members of PAC brainstormed ideas for all the different events and then began to go through a process to select the events that students would find the most entetaining.

The members of PAC are listening closely to what Quinn has to say at the Monday night meeting.

Photo by Julia Flauaus

by Theresa Bisio

you have the most fun?

"At what Thrills did

I enjoyed the comedians. They were usually pretty funny."

-Tony Sheata  
Sophomore



Bingo. It was exhilarating!"

-Tris Bierkle  
Junior

The one where we went and it was already over."

-Clint Johanek  
Senior



The comedian events."

-Mandy Norton  
Junior

Jackson's Hole because you are away from school downtown."

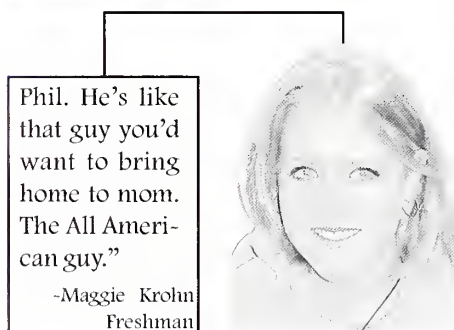
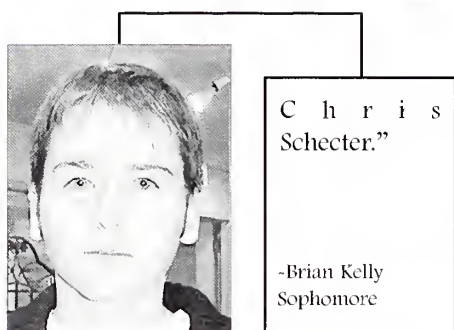
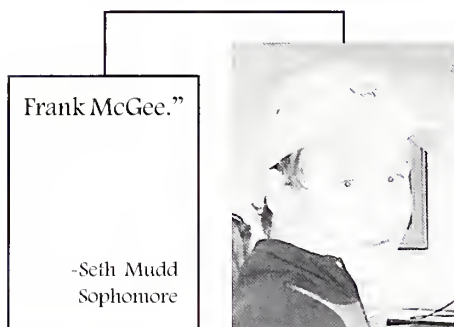
-Jim Cessar  
Sophomore





## "Who would you nominate

for Mr. Regis?



S o p h o m o r e  
Carmela Kelley  
makes sure the  
crown fits. Photo by  
Julia Flauaus

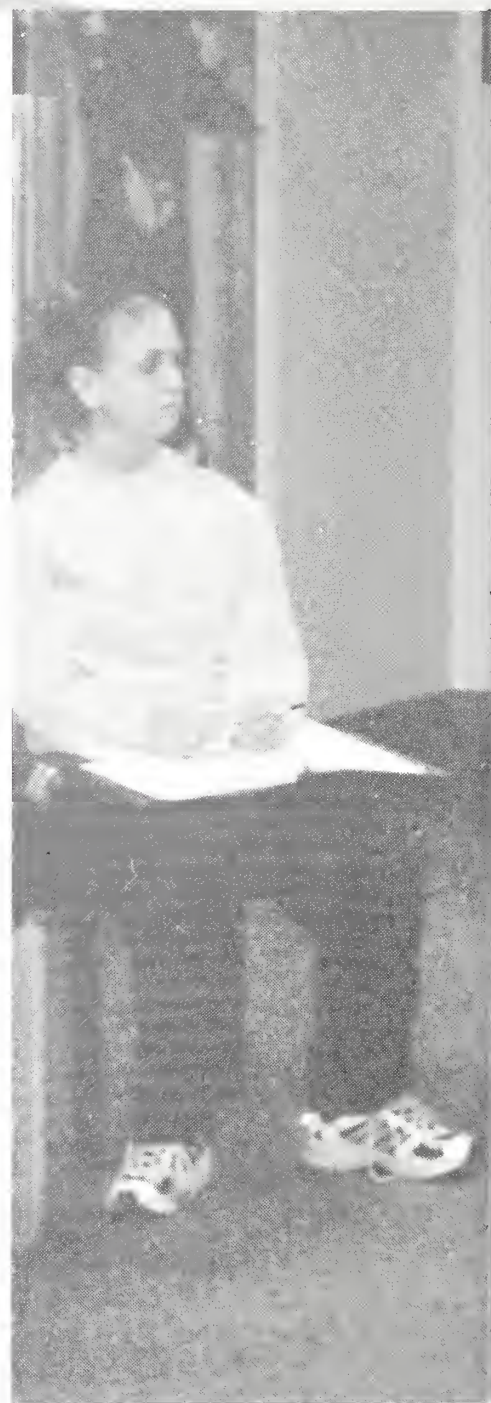


T hat's gross, oh wait, it's just SIC. SIC is the Student Involvement Committee at Regis University going on its fifth year. Their main goal is obviously to get the student body involved in school functions. They put on events such as the entire Homecoming Week, many Superfans events, and of course, the infamous Mr. Regis Competition held every spring during Ranger Week. They also provide fan vans to give students the opportunity to watch our sports teams at neighboring colleges. Co-Directors senior Marissa Carelli and junior Antonio Maes work as a team to get people more involved on campus and to support the athletic teams. By following their mission statement, "To be Ranger famous by building a fun community through support, commitment, and enthusiasm," said Marissa Carelli and it seems that the committee gets it done.

J uniors Amber Molinaro, Antonio Maes and Lindsay Chabot-Olson discuss decisions about an upcoming event.

Photo by Gabby Decker

by Theresa Bisio





# Get Involved SIC

Junior Sue Pagorek  
gets her hair tugged  
by a SIC member. *Photo*  
*by Gabby Decker*



Sophomore Lauren

Buell is a senior.  
Meagan Scott finds a  
comfortable seat.  
*Photo by Gabby Decker*





# Living it up ROC

Freshmen Zac Clark and Shannon Smith watch as a wild gray sparrow hops on their hands while



Snowshoeing provides excitement for







Enjoying a view a the summit of Mt. Elbert is sophomores Dave Habib, Erika Schnieder, and freshman Zac Clark. *Photo courtesy of Dave Habib*



For some students there is nothing more exhilarating than exploring the great outdoors. With the wilderness of Colorado at hand, ROC is able to offer these students many choices of outdoor activities. Some of the trips that ROC provided this year included snowshoeing in the Rocky Mountain National Park, fly-fishing in the South Platte River, and rock climbing at the Paradise Rock Gym. The purpose of ROC is to not only offer a wide variety of outdoor trips, but to also teach the Regis community to what the outdoors have to offer in a safe environment. Sophomore Dave Habib, the director of the Regis Outdoors Club said, "ROC is a club that is different from all the other clubs. I believe that the outdoors is a great way to experience new things and enhance the skills that one might already possess. I love the outdoors and love to share my experiences with others so they might appreciate the outdoors more."

ROC members white water rafting in the Colorado River. *Photo courtesy of Dave Habib*

by Angie Luetters

**"My favorite outdoor activity is..."**

full-contact  
Badminton."

-Tim Brennan  
Senior



snow skiing."

-Erika Schneider  
Sophomore



eating."

-Kayvon Siadat  
Junior



water skiing."

-Susan Hart  
Sophomore



motorcycling."

-Kiel Hovland  
Senior





## "How has your spirituality

God's grace truly does abound."

-Gina Tagge  
Junior



It made me realize how grateful I am and how vital God is to life."

-Caitlin Whitney  
Sophomore

I am in awe how our generation has pulled together everywhere."

-Sarah Unger  
Senior



It renewed strength in my faith, in and through our community."

-Raymond  
Bramlett  
Sophomore

I would have fun all night and drink."

-Kristen  
Kumungai  
Sophomore



been affected this year?

The choir performs during the Mass of the Holy Spirit. Photo courtesy of University Ministry



The staff of what is now University Ministry participates in and organizes many more activities than commonly believed. They work with not only the undergraduate program, but also the School for Professional Studies and the School for Health Care Professions. They also work with the other Regis campuses, including the Colorado Springs location. And masses are only part of what they do, although they do help organize daily masses as well as the Mass of the Holy Spirit. They also organize inter-faith services that serve not only the catholic faith, but others as well. They work with Romero House, and help those students and house leader. Lights, Lessons, and Carols, which service held after winter final and celebrates moving into the new year is also an anual activity. Members of the office also focus time on promoting peace and justice.

Even though it is sometimes they don't do anything, there's more than meets the eye.

Students gather for a prayer service on September 11. Photo courtesy University Ministry.

by Angie Stockton





# A New Look at an Old Office

The office also sponsors events during Great Women of Spirit week.

*Photo courtesy of University Ministry*



University Ministry staff members discuss upcoming events for the end of the semester.

*Photo by Angie Stockton*





# Retreat to Remember

Junior Alex Koury tests himself on a ropes course during a

retreat at the University of Utah.



Father Kevin climbs the ropes and leads the students. Photo courtesy of University Ministry







Team building events such as this were often used as icebreakers to get the weekends started. Photo courtesy of University Ministry

“Where would you

hold a retreat?”

Miami.”

-Marques Harris  
Freshman



Australia.”

-Jonathan Mayles  
Sophomore



L a k e  
Pendouille.”

-Amy Harrell  
Sophomore



Vietnam.”

-Francis Do  
Sophomore



Aruba.”

-Chris Wall  
Freshman



Getting in touch with what life is all about is the key to becoming a whole person. In today's society it is easy for students to become distracted and miss the mark. University Ministry offers retreats to help them rediscover the true meanings of the human spirit. It is a chance for students to get away from everyday life and get in touch with themselves. There are a wide variety of retreats all aimed at giving students and faculty a chance for rediscovery.

For the new freshman, there is Starting Now, which offers a chance to meet new people and build relationships. For the busy student and faculty member there are the Busy Student and Workday retreats. For those who want to deepen their faith and relationship with God and others, the most popular retreat is Kairos, offered each semester.

Participants complete a task during their retreat. Occasionally, crafts were made and taken home. Photo courtesy of University Ministry

by Michael Julius



## “What do you think

On Mondays eat dinner together and talk about their service projects.”

-Nikki Giles  
Junior



Romero house does?

House manager Katy Seitz plays with Alexis, a neighbor girl, while talking to Mike McMannis, 1992 house member and co-founder.

Photocourtesy of Angela Frenier



I partied hard at Romero House.”

-Brian DeGryse  
Junior



Romero House gives students an opportunity to experience the real world while helping others.”

-Carina Garcia  
Freshman



I think the Romero House does wonderful things for our community.”

-Chase Smith  
Freshman



Romero House is super sweet.”

-T.J. Griggs  
Freshman



The Romero House give students the opportunity to live as a community. The students that live together focus on simplicity, service, faith, and social justice. These students get the chance to share their academic experiences, as well as explore their spirituality. Junior Angela Frenier, who live at the house this year had this to say, “I lived with the five most awesome people in the world. Living at Romero House was a great ooprtnunity to explore the connection between faith and service to others. It also helped me determine how to serve others for the rest of my life.” The Romero House is a very open and welcoming house for all Regis students. These students live together in order to achieve a common goal and help each other grow by supporting one another to help find a better understanding of their surroundings.

Senior Raina Hedge and freshmen girls from O’Connell talk in the living room.

Photo courtesy Angela Frenier



by Theresa Bisio



# Serving Others in Need



Three sophomores enjoy a barbeque in the backyard of the house. Photo courtesy of Angela Frenier



Juniors Maura Smallwood and Katie Seitz participate in a vigil for peace after September 11th. Photo courtesy of Angela Frenier







# UP diversity MAC



Jump back in the swinging twenties.

MAC held a swing dancing event

Photo courtesy Chrissy Kloosterman

Junior Nam Pham with a fellow member, participated in the pumpkin carving contest

Photo courtesy Chrissy Kloosterman







Members with the swing dance team photo courtesy of Chris [unclear]

The Multicultural Affairs Committee (MAC) seeks to connect students throughout their diversity. Students had opportunities to get involved in community, holiday festivities, and their culture through this very unique club. MAC made swing dancing a reality for its members who traded in the Macarana for something a little more cultural.

From the swinging Twenties students found themselves engaged in Halloween. Throughout the week of Martin Luther King Jr.'s birthday students had many opportunities to discover his dream with the help of MAC.

The celebration of Martin Luther King and his battle for civil rights ended and a celebration of black history began with Canadian poet George Elliot Clark on February 1. Clark lead a reading/colloquium during the day and held a poetry reading in the student center that night. Students can find exciting events year-round thanks to MAC.

Canadian poet George Elliot Clark shared his poetry with students. Photo by

Theresa Bisio

by Tonia Johnson

day, I...

"On MLK

slept in and worked on homework. I watched the 'marade' on TV." -Kari Loos Freshman



slept in, ran errands, did homework and talked with friends and my mom." -Johanna Dasieel Freshman



slept in and spent time with friends."

-Stephanie Farman Freshman



spent most of the day lifting and practicing for softball."

-Amy Tarnoff Freshman



spent the day at Jr. High basketball games selling food."

-Jennifer Hornder Freshman





## “What do you do

instead of drinking?

Just hang out  
with friends!”

Cassidy  
Pokorny  
Freshman



sleep, until I  
can drink  
more.”

-Charlie Albrecht  
Sophomore



Get movies, eat  
popcorn and  
chit chat. Also,  
play with my  
dog Rookie.”

-Kelly Lechuga  
Senior



Play video  
games, watch  
movies, and  
play board  
games.”

-Schwan Handi  
Junior



Go dancing.”

-Erin Ovitz  
Sophomore



The members of  
Choices take time to  
pose for a picture.  
*Photo courtesy of The  
Highlander*



o drink, or not to drink? This is a question weighing on many students' minds when they have any free time. Choices is a group of students to help the rest of the students to find an alternative for drinking. “We encourage making good decisions about drinking, school, and with your friends,” said sophomore Crystal Wright. Choices has advertised many campaigns this year involving smoking and drinking. “We want people to realize what the norm is. It is not the norm for college students to drink every night,” said Crystal. The norm campaign has been successful in letting students know the real statistics. Choices also sponsors speakers once a month about social issues that college students deal with. They supervise an “unbar” at many Thursday Thrills that provides non-alcoholic drinks to the students who choose not to drink or are not of age. Choices wants students to make good decisions for themselves.

Senior Terrence Menegdeg and sophomore Amber Rockwell participate in a trusting activity.

*Photo courtesy of Choices*



by Liz Kerr

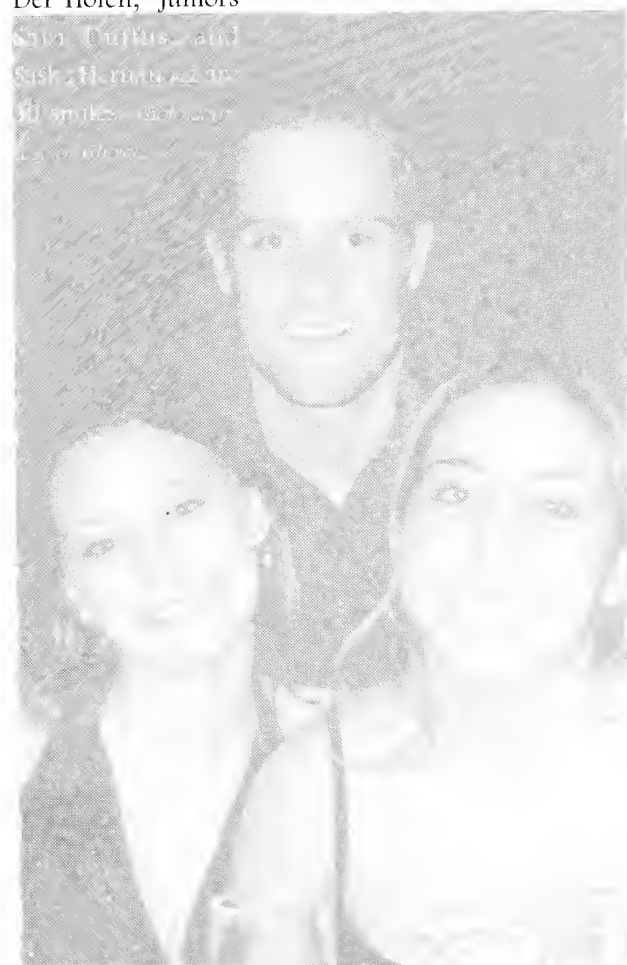


# A World of Choices

Junior Shasha Hernandez participates in a trusting



Senior Hans Von Der Hofen, juniors





# Commitment To Excellence

Freshman Erin Kloppenberg wraps a gift for the homeless.

McCabe



Students such as freshmen Chase

Smith gathered for the Family Wrap-up. Dr. A.







Tutoring a child at Annunciation School is freshman Jaime Papa. Photo by Dr. McCabe



An annual spaghetti dinner held by Dr. McCabe, brings together students past and present. Photo by Julia Flatau

When it comes to helping students excel, there is no parallel to the Freshman Commitment Program. Designed to help freshman develop and master the skills necessary for college, the program offers services that range from classes that help develop reading and writing skills, extra-help study sessions, study rooms, and tutors. Helping each student along are program directors Dr. Victoria McCabe and Dr. Terry Lynch. The Commitment Program follows the mission of the University in developing the mind, body and spirit. It does this by offering various service projects. By letting students see and experience how others live, they learn about themselves while helping others. The most famous project, the Father Woody Christmas Party for the homeless, is one chance for students to give back to the community. The program has helped many students go on to excel in the world beyond school.

by Michael Julius

students with...

“Commitment provides

a helping hand which helps students get used to college and classes.”

-Marcia Lehman  
Freshman



many opportunities while giving back to the community.”

-Andrea Filler  
Freshman

a chance to help them excel later on in life.”

-Erick Lindenau  
Sophomore



different opportunities to study and have fun!”

-Katie Ryan  
Sophomore

late night study rooms and a friendly environment.”

-Meghan Moran  
Sophomore





## I pick up the Highlander

I want to see who has made it in the paper each week."

-Brent Waller  
Junior



Of a severe case of boredom."

-Travis Haggen  
Sophomore



I know how much they both want to be supported."

-Christy McFadden  
Senior



I want to see if there's any pictures of people I know."

-Carmela Kelly  
Sophomore



I want to see what's going on around campus."

-Anne Svoboda  
Junior



and Ranger because...

The yearbook staff discusses a deadline with their advisor Joan Connors of the Communication Dept. Photo by Julia Flauaus



The Highlander and Ranger are a student's doorway to the experience of life as a Regis student. Key events and issues that play an important role in the life of many students are presented in both pictures and words. The pictures and words on the page strengthen the memories we have of these events.

Produced in the basement of the Student Center, both publications sweat through the normal problems and deadlines facing all newspaper and yearbook staffs. While working for the Highlander or Ranger can often be stressful, especially around deadlines; it can often be a rewarding experience as well. Friends are made and the skills of working with a team are learned. "It keeps me involved, I get to know everyone on campus, and it is also teaches good work ethic," Ranger editor senior Julia Flauaus says. "It's worth those late nights when you see the paper come out on Monday," Highlander editor senior Liz Rugile tells people. Both the Ranger and the Highlander staffs enjoyed the feeling of satisfaction when their work is finally circulated, whether it be bi-monthly or at the end of the school year.

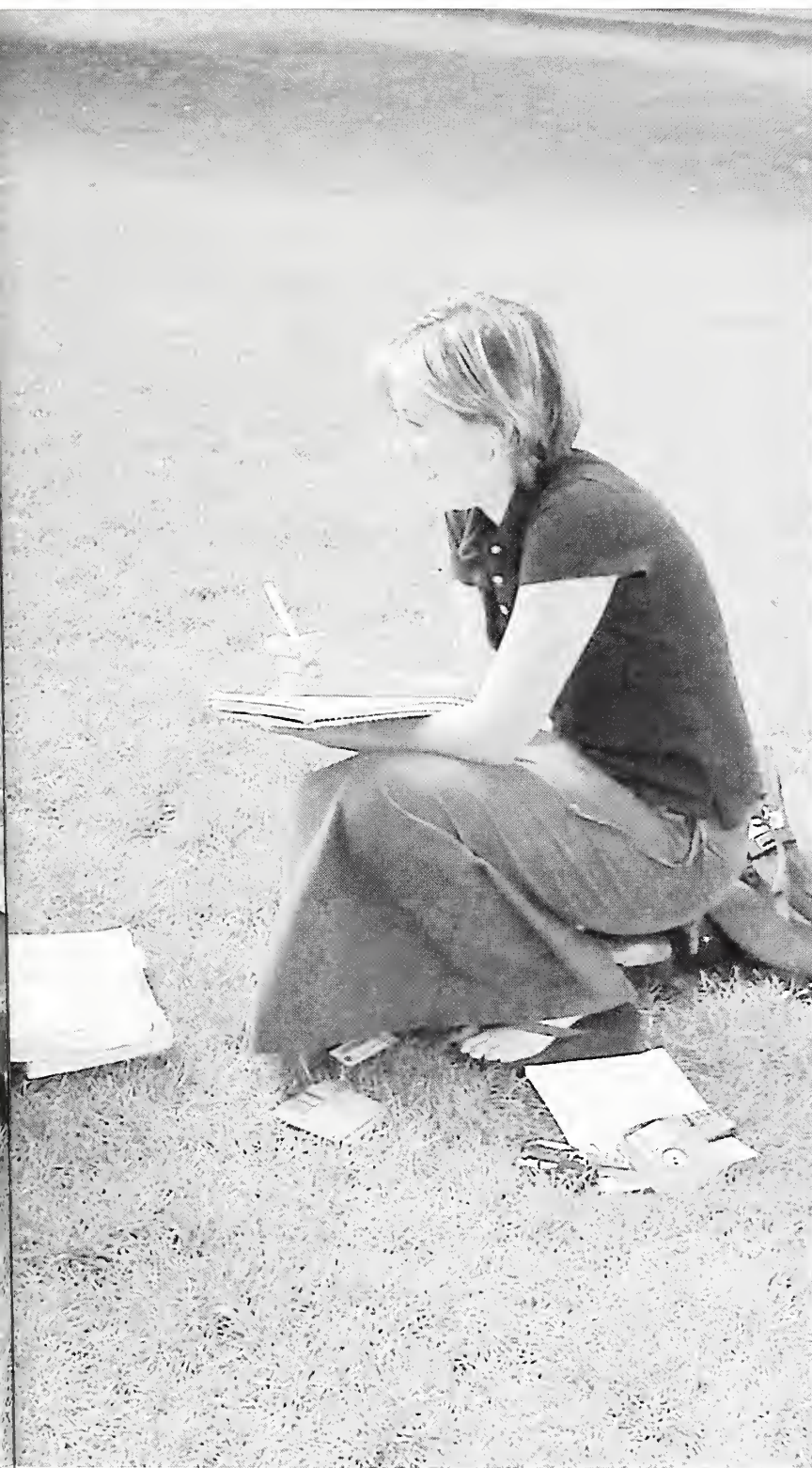
Sophomore Erica Abeita is asked a question for the Ranger. Photo by Angie Luetters

by Michael Julius





# A Window Into Life At Regis



The staff of the Highlander gets together for a meeting.

*by Julia Flatau*



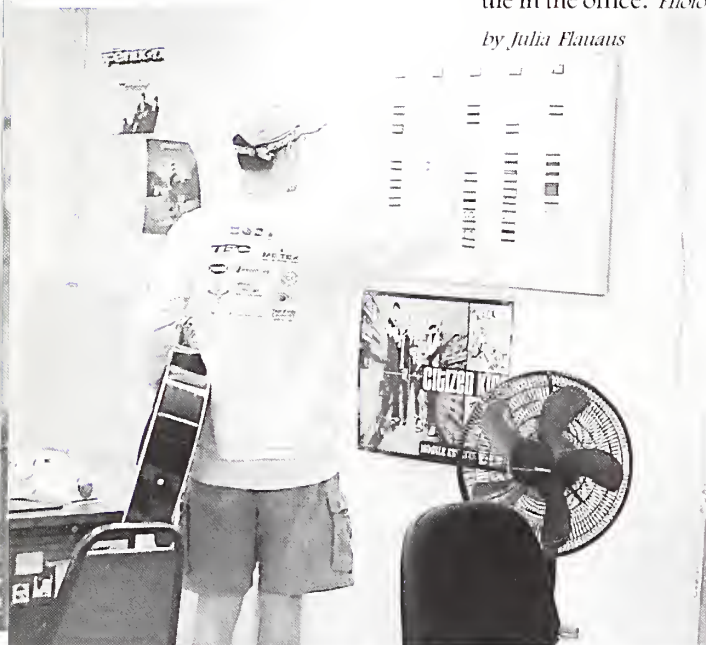
The editor of the Highlander, senior Liz Rugile works on a deadline. *Photo by Julia Flatau*



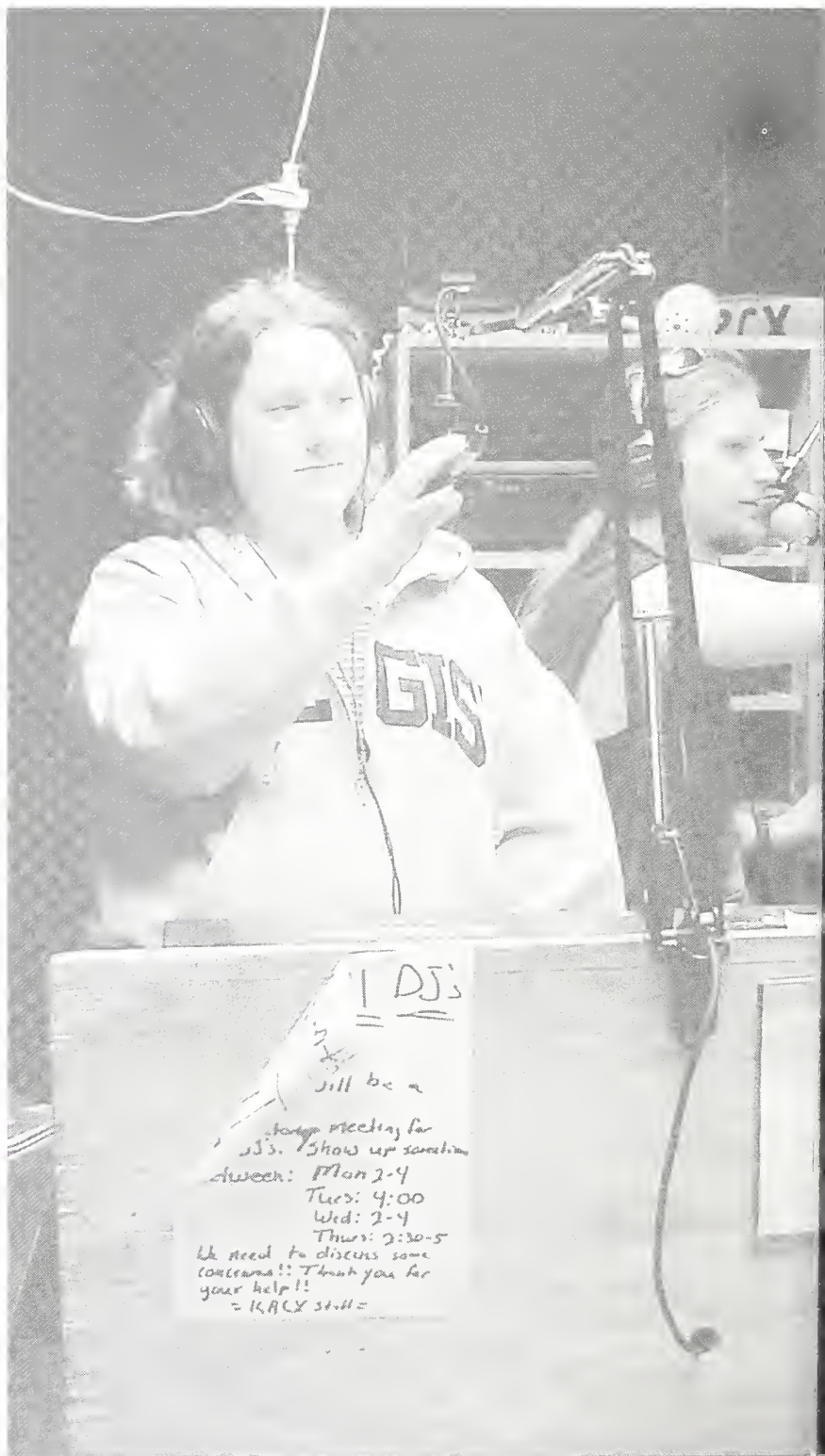


# Radiowaves KRCX

Junior Joe Gass prepares the DJ schedule in the office. *Photo by Julia Flatau*



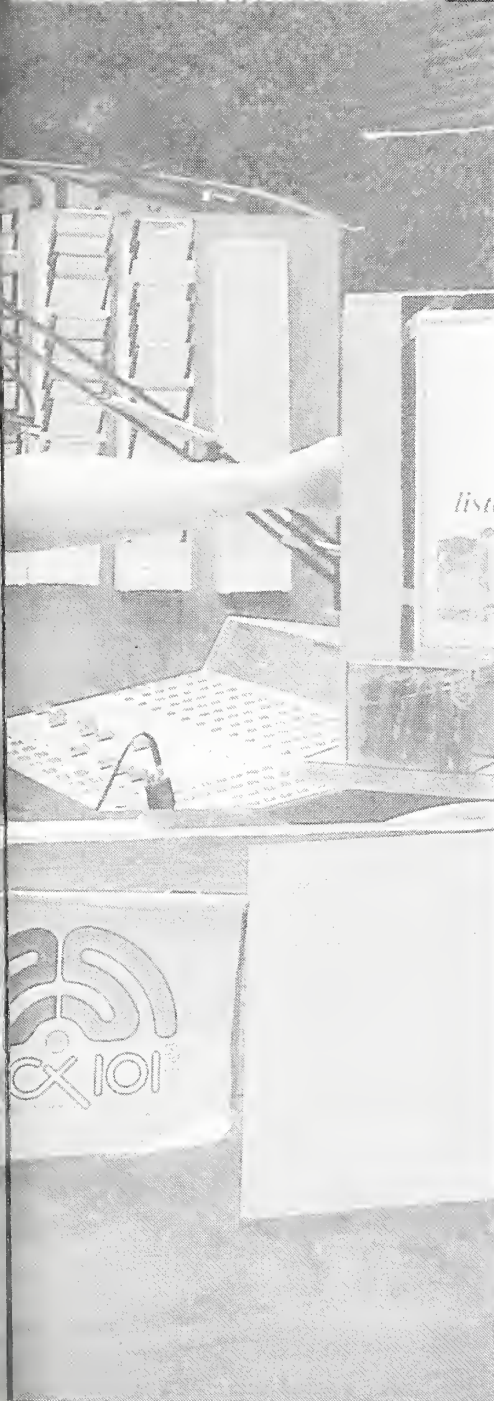
Choosing what song to play next, freshman Laura Fritz and junior Dan Commors share a laugh. *Photo by Julia Flatau*







Freshman Laura Metz works the equipment in the DJ booth. Photo by Julia Flauaus



Can you hear that? From the basement of the Student Center students gather to broadcast their choice of music on 101.5 FM.

Working at the station gives students a taste of producing and managing a creative outlet. Assistant General Manager, senior Melissa Chavez said about her experience at the station, "KRCX where the music never stops, the fun never ends, and we always have an alibi."

The student managed and produced station is a significant part of the Regis experience. Using the air waves as a medium is not something that is accessible to everyone, except at Regis. Students can volunteer to DJ or for any other aspect of running the station, or they can just drop by to hang out.

KRCX has been broadcasting FM since 1999, and will continue strong into the future with the independent spirit of students who want to keep the dream alive.

Senior Pat Russell and junior Erin Green broadcast their show from the DJ booth.

Photo by Julia Flauaus

by Julia Flauaus

If I could be a singer, I would be...

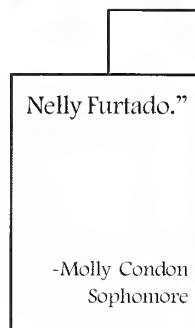
Dexter Holland from Offspring."

-Carrie Boyd  
Sophomore



Etta James."

-Jessie Frazier  
Junior



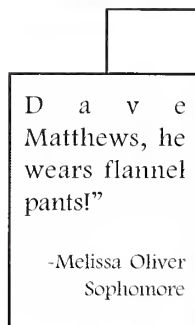
Nelly Furtado."

-Molly Condon  
Sophomore



D a v e  
Matthews."

-Gio Glasscock  
Sophomore



D a v e  
Matthews, he wears flannel pants!"

-Melissa Oliver  
Sophomore





# A Way To Escape

Members of JCru  
enjoy an evening of  
fellowship and pizza.

*Photo by Gabby Decker*



Rambler members  
rehearse for their  
show. *Photo by Gabby  
Decker*







Sophomore Jen  
Roller practices the  
songs for a Ramblers'  
production. Photo by  
Gabby Decker



Students can never really say they don't have anything to do. They can pretend their schedules aren't packed, but a good majority of the time students need to take a week off of school just so they can catch up. But if students can actually convince themselves they can handle a little extra, or if they need something different to keep their minds off things there are always clubs they can join. Some clubs, such as chess club were recently initiated for those students needing that kind of break. Other clubs like Ramblers are popular around school. The members of these groups spend many hours together practicing and preparing the programs they present to not only the Regis community, but the surrounding neighborhood as well. So, whether students have a little extra time or a lot, or just a passion for something outside of learning, there is a good possibility they can find some-way to occupy their time.

Sophomore Brock  
Peters stops by the  
chess club to relax a  
little between  
classes. Photo by Gabby  
Decker

by Angie Stockton

“What club(s) do  
you wish Regis had?”

Instead of the  
writing center,  
a write-it-for-  
you center.”

-Justin Gorrie  
Freshman



An environ-  
mental club.”

-Miriell Collins  
Junior



The 18-year  
old ready and  
willing club  
with me as  
president.”

-Jeff Kitchens  
Junior



Ping pong  
club.”

-Nick Langoney  
Junior



Tuesday Night  
Poker.”

-Chad Mulliniks  
Junior





## "What is your

dream car?

A '69 Ford Cobra."

-Michelle Lindstrom  
Freshman



A Hummer or 1965 Mustang."

-Kile Mattie  
Freshman



2000 Silver Mustang."

-Karee Hutches  
Freshman



2002 Red Land Rover."

-Laura Shaw  
Freshman



MacLachlan F-1."

-Jamie Papa  
Freshman



Juniors Angela Frenier, Kathryn Lloyd, Jaclyn Rostie, Aleksandra Arsenova and Gwendlyn Dooley were just inducted new members of the Society. *Photo by Gabby Decker*



Alpha Sigma Nu is the National Jesuit Honor Society. To be accepted into the program, a student must have good grades and also show that they show leadership by embracing the values of service to others and loyalty to the ideals and goals of Jesuit education. They must continue on throughout their lives dedicated to this mission. There were seventeen new members added this year. The members as well as the officers participated in many activities to help others. They also helped with the Easter Basket Collection in conjunction with the alumni department. President of the Society this year, was senior Katie Mulik. The other officers of Alpha Sigma Nu were: senior Charity Hermes as vice president, senior Amy Christiansen held the position of secretary, and senior Erin Christiansen was the treasurer. Dr. Bruhn was invited this year as an honorary inductee into the society.

Seniors Randall Roberts and Andrew Hodge discuss important issues. *Photo by Gabby Decker*

*by Julia Flauaus*

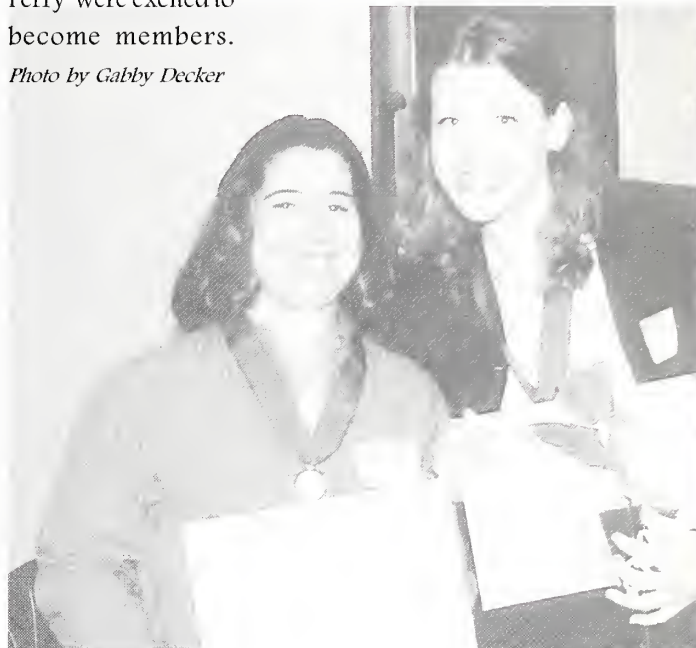




# With Honore

Juniors Laura Biondi and Rachel Perry were excited to become members.

*Photo by Gabby Decker*



Lighting candles during a ceremony

the juniors Mary McPartland Zach

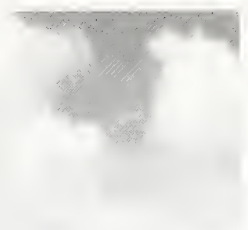
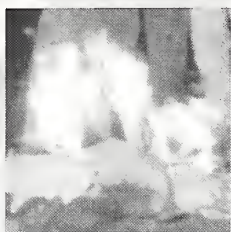
Petra. *Photo by Gabby Decker*











# The Elements of Life

Earth, air, fire, water. The four major elements of our lives. Life is a funny thing. We go through high school and college trying to find out who we are. There are those who find their place early on, others are still out there looking. But it seems that college always helps pave the way for self-discovery. Along the way, certain people and places affect us and alter that path we are traveling on. Some find a fork in the road, others find a shortcut. The world becomes a better place, and there is somewhere to run and hide if there is ever stormy weather. These things help to form the world we live in. Somehow, the real world decided it would crash the grand old party, sometimes ruining our fun. But, we make do and continue on. Changes, for better or worse, happen for a reason. There is a famous saying, "when a door closes, a window opens."

Good luck to the graduating class of 2002. In the shortest four years of life, we all have had the greatest of opportunities and made the best of friends. Some will travel along with us upon the open roads of life, while others will become a faint memory in the back of our minds. Sometimes it feels as if we're leaving this destination more confused than when we arrived, but how exciting would the future be if we knew what was going to happen? Enjoy every moment of life; take a deep breath, absorb the elements of life and take a good look around. We may never have the opportunity to return to this place. But even then, it will never be the same as it is right now, in the present.



# Colophon

This is the 2002 edition of the Ranger Yearbook, volume #87. From Logan, Utah, this piece of history was published by Herff Jones Publishing. Each book contains 160 pages. 1000 books were printed and distributed to the students. A percentage of the student activity fees created the budget for the staff to make this book possible. The layouts were designed on Gateway PC's using Adobe Pagemaker 6.5. A scanner was used to upload some pictures by way of Adobe Photoshop 4.01. The majority of the photos were taken by Sony Mavica FD-88 and MVC-FD95 digital cameras. A spring supplement was provided with the books to include the last events that did not happen before publishing. These 16 pages were locally printed. Disclaimer: The views represented in the Ranger Yearbook are expressly of the student's own interpretation and observations, and published for the enjoyment of such students, faculty and administration that so represents Regis University. The contents do not necessarily represent the views and opinions of the faculty, staff, or administration.

I personally would like to thank the faculty adviser, Dr. Joan Conners, as well as Mr. Jim Herbertson, a representative of Herff Jones, who guided me through the production of the tedious process of creating the yearbook. I also would like to thank the staff members past and present who helped to create this book.



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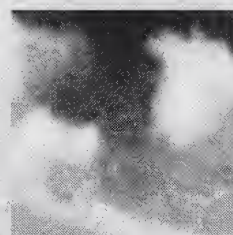
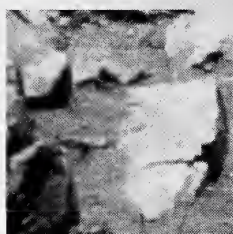
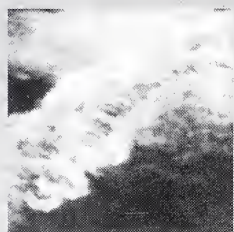


air

water



# Regis University Spring Supplement 2002



the element of life:

C h a n g e s



# Spring Break

This legendary time of year is known for wild vacations that will never be forgotten. As a tradition of college students around the world, it is the best time to let loose and de-stress. Many students choose exotic locations, others choose to stay close. It's the classic case of the beach vs. the snow. Whatever the case, whatever the price, any time far away from the thought of books and classes is all any student with common sense needs.



Juniors Brittany Haroldson and Angie Stockton spent time in Victoria, British Columbia. *Photo courtesy of Angie Stockton*



Seniors Sarah Talarico, Christy LeQuire, Virginia Deganhart, Letitia Hudson, Kim Gaskill, and Tiffany Behunin have a great time in Cancun. *Photo courtesy of Virginia Deganhart*

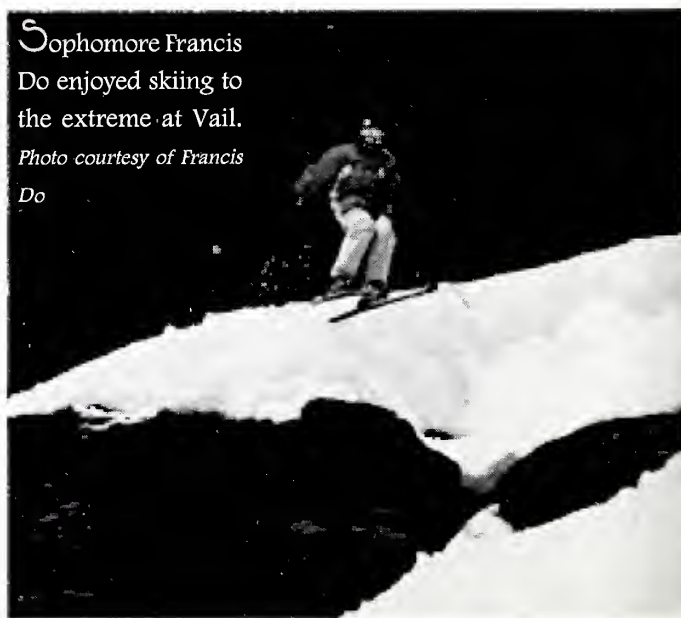
Seniors Dana Weller, Raina Hedge, Melissa Bedouin, Theresa Bisio, Marissa Carelli, and Heather Miller enjoy the scenery in Maui.

*Photo by Phil Martin*

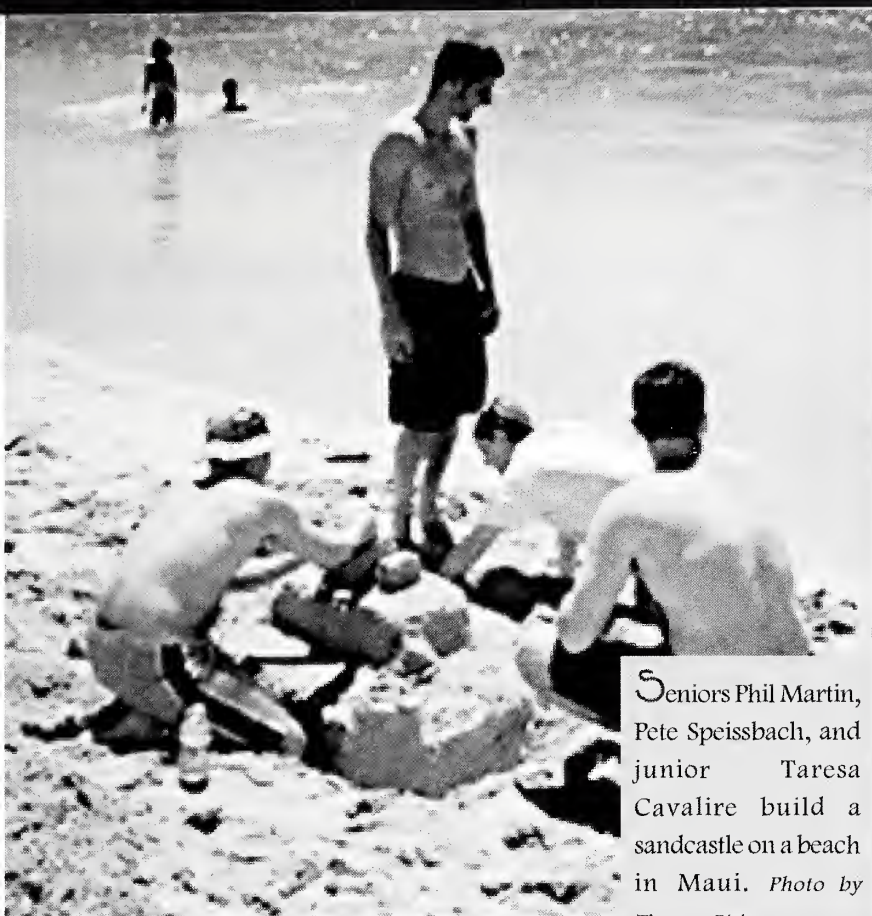


Sophomore Francis Do enjoyed skiing to the extreme at Vail.

*Photo courtesy of Francis Do*







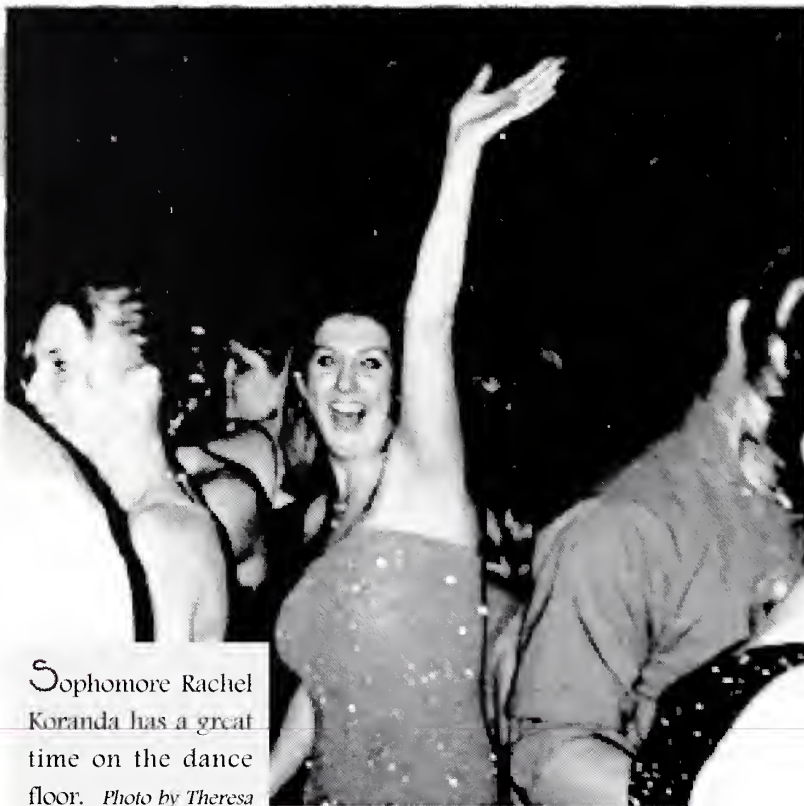
Seniors Phil Martin, Pete Speissbach, and junior Taresa Cavaliere build a sandcastle on a beach in Maui. Photo by Theresa Bisio

Sophomore Irish Cooney and freshman Laura Applegath have fun cooking in Houston. Photo courtesy Irish Cooney.



Seniors Clint Johanek, Christopher Mariani, and Zac Mazzotta hang out with friends in South Padre, Texas. Photo courtesy of Michael Mariani





Sophomore Rachel Koranda has a great time on the dance floor. Photo by Theresa Bisio

By Theresa Bisio

# Spring Fling

As everyone entered the Park City Golf Course clubhouse, they could hear the loud music of this year's spring formal. The last formal of the year went out with a bang when everyone danced the night away. It was the last opportunity of the year for students to get all dressed up and go out. With the girls in their dresses and guys wearing ties, happy faces covered the dance floor.

Junior Brendan Uniacke said, "The dance was a lot of fun and the DJ played really good music that I danced to all night." The spring formal, like any dance, gives students a night to kick back and have fun with friends. The dance was a carefree night that was enjoyed by everyone who attended.



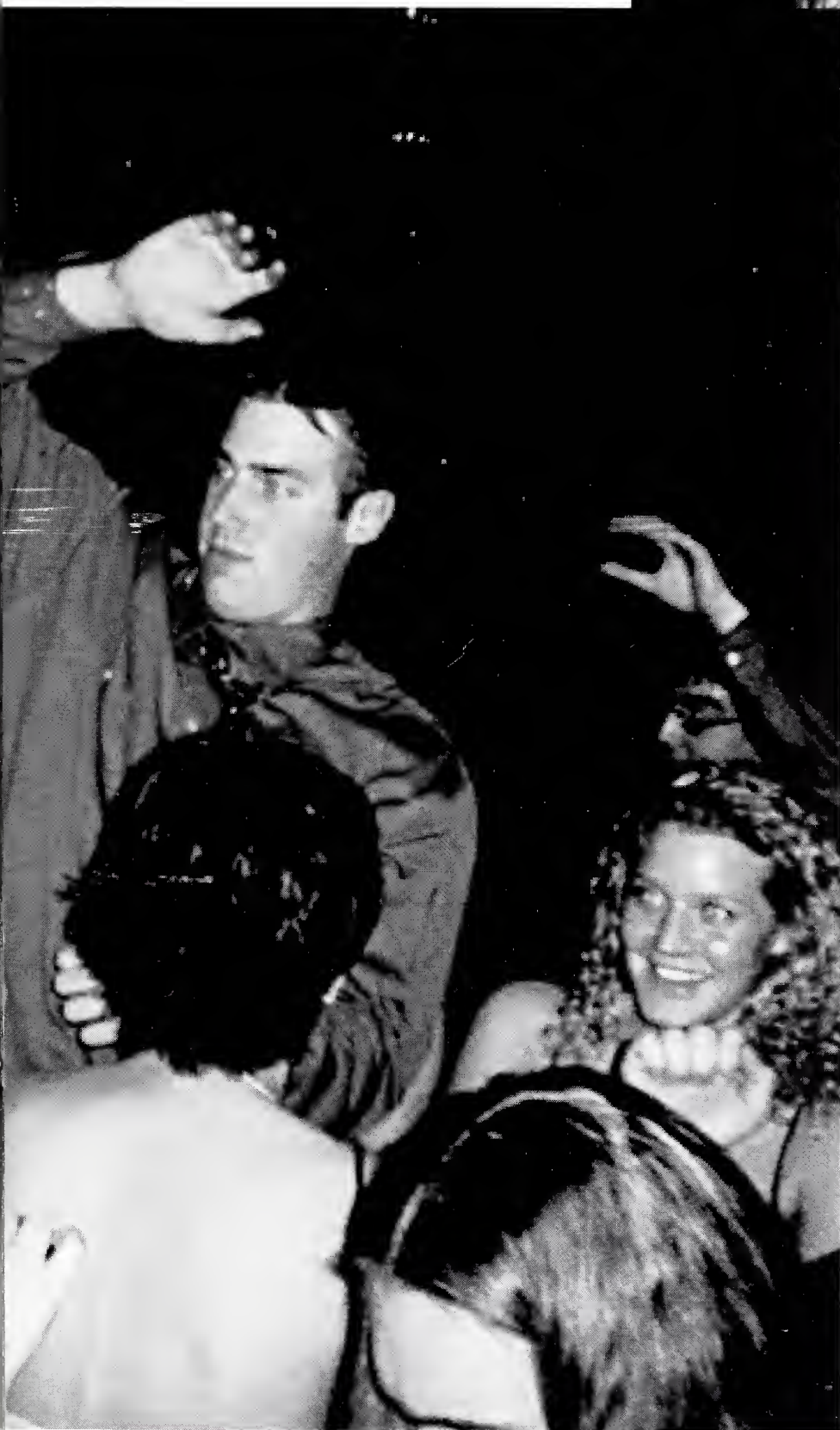
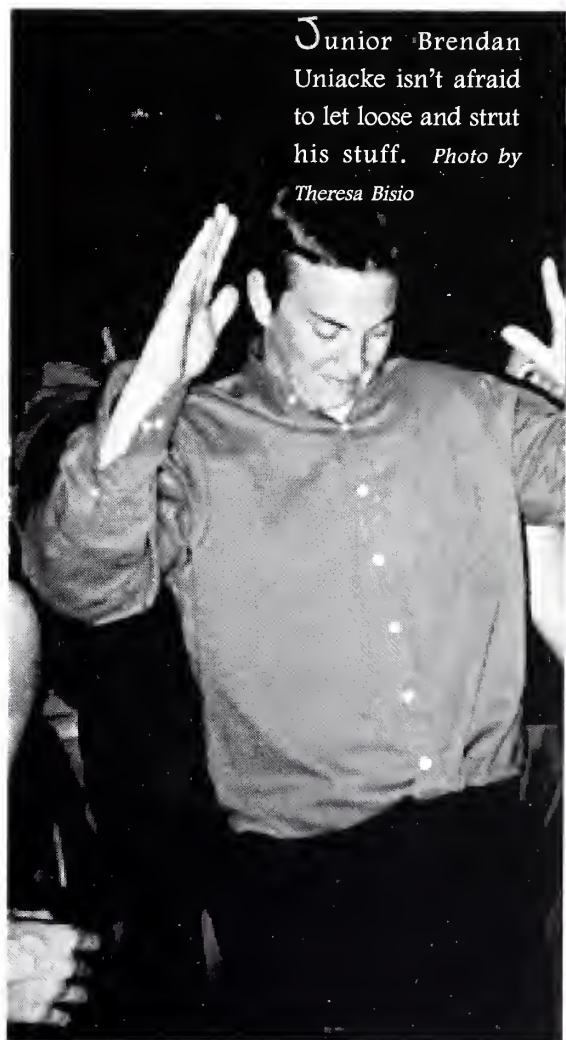
Sophomore Colin Maher and junior Laura Nielsen in the midst of a crowded dance floor. Photo by Theresa Bisio



Seniors Allisha Galvan and Pete Speissbach take a break from dancing.  
*Photo by Theresa Bisio*



Junior Brendan Uniacke isn't afraid to let loose and strut his stuff. *Photo by Theresa Bisio*





Kairos 7 posed for a group picture in beautiful Estes Park, Colorado. Photo courtesy of Dana Weller



Members of ROC learn wilderness survival skills in Moab, Utah. Photo by Dave Habib







Great Women of Spirit Week is an inspirational part of the spring. Photo by Gabby Decker



The Ramblers of 2002 performed their annual spring performance, "Guys and Dolls." Photo by Laura Henneberry

By Tonia Johnson

# Celebrate

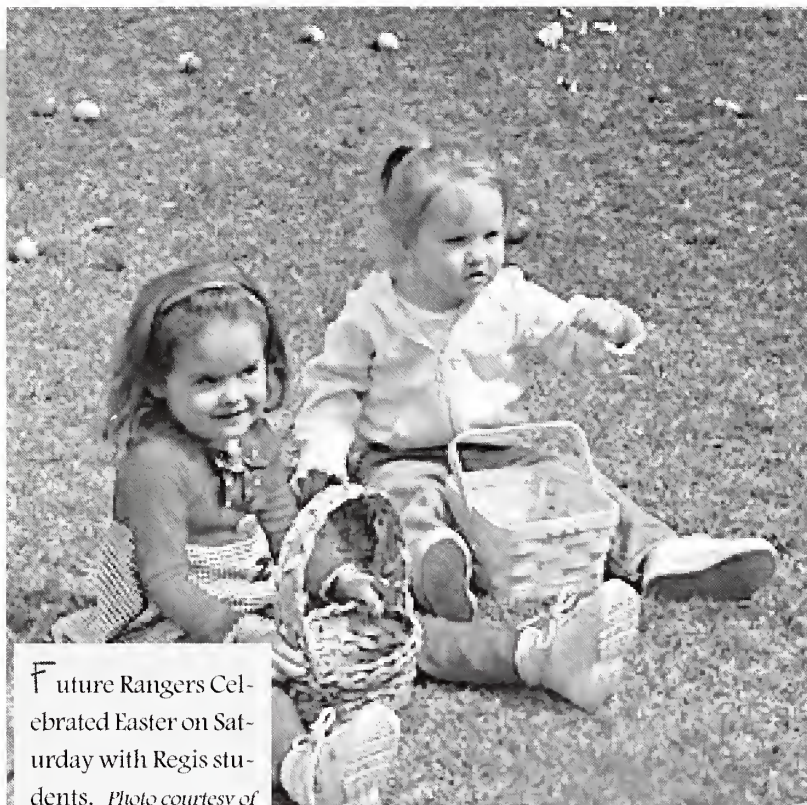
Green grass, blooming flowers, spring break (and snow) aren't the only things that celebrate the ominous end of the school year. Spring may usher the school year out but it also welcomes in fun celebrations.

The 7<sup>th</sup> annual Great Women of Spirit Week celebrated the strength and diversity of women during March. There was something to learn and celebrate all day – every day during the week.

ROC also celebrated with an Easter backpacking trip in Moab. Throughout April the group held climbing and fly fishing seminars and expeditions.

April began with a Guys and Dolls performance by the Regis Ramblers. No matter what week it is, if its spring on campus there's something to celebrate.





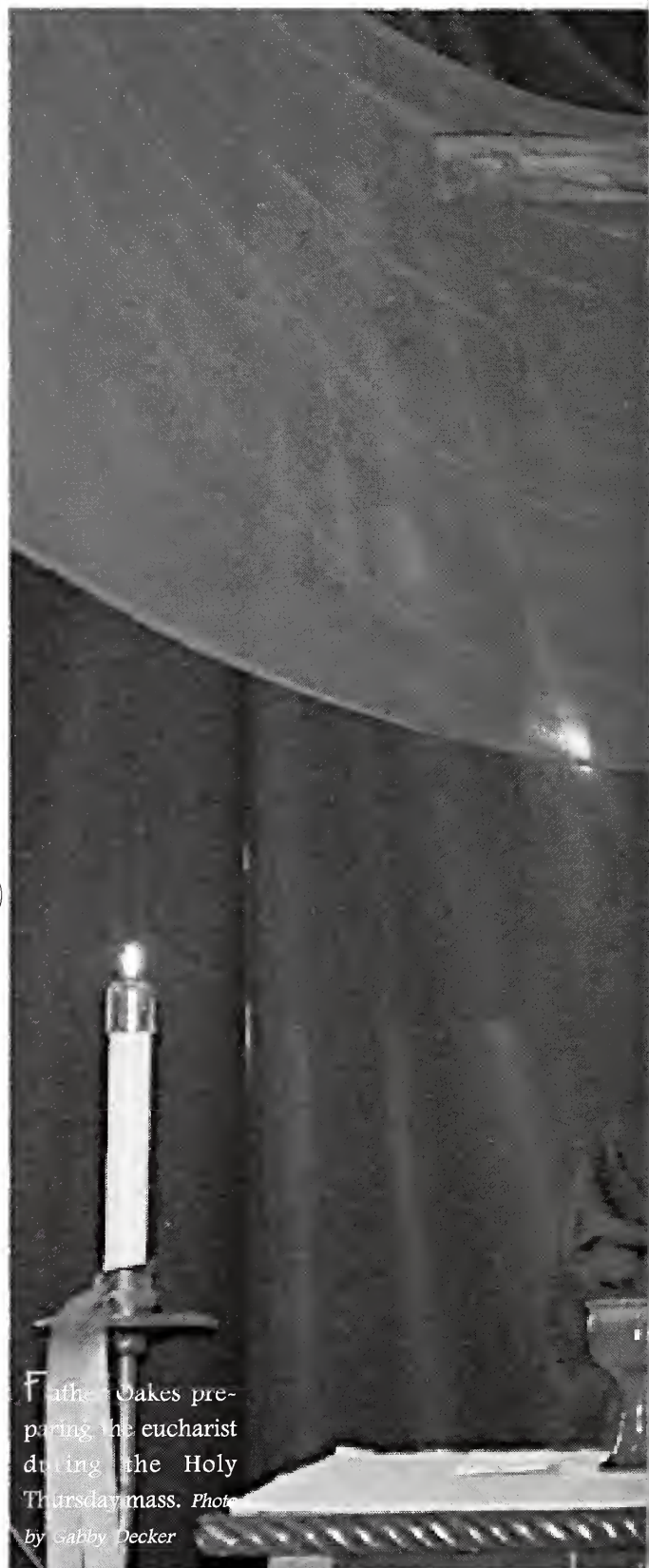
Future Rangers Celebrated Easter on Saturday with Regis students. Photo courtesy of Student Activities

By Julia Flauaus

# Easter Tidings

The celebration of Easter is a time for friends and family. Not only giving thanks for all we are blessed with and to remembering the true meaning of these three days, Regis is proud to be in service of the community. Lent ends on Holy Thursday and to celebrate the day, mass was held at 8 pm. Mass was also held on Good Friday at 8pm. An Easter Vigil was held on Saturday beginning with the Service of Light. Many were baptised or confirmed into the Church during this mass. On Sunday several masses were held throughout the day.

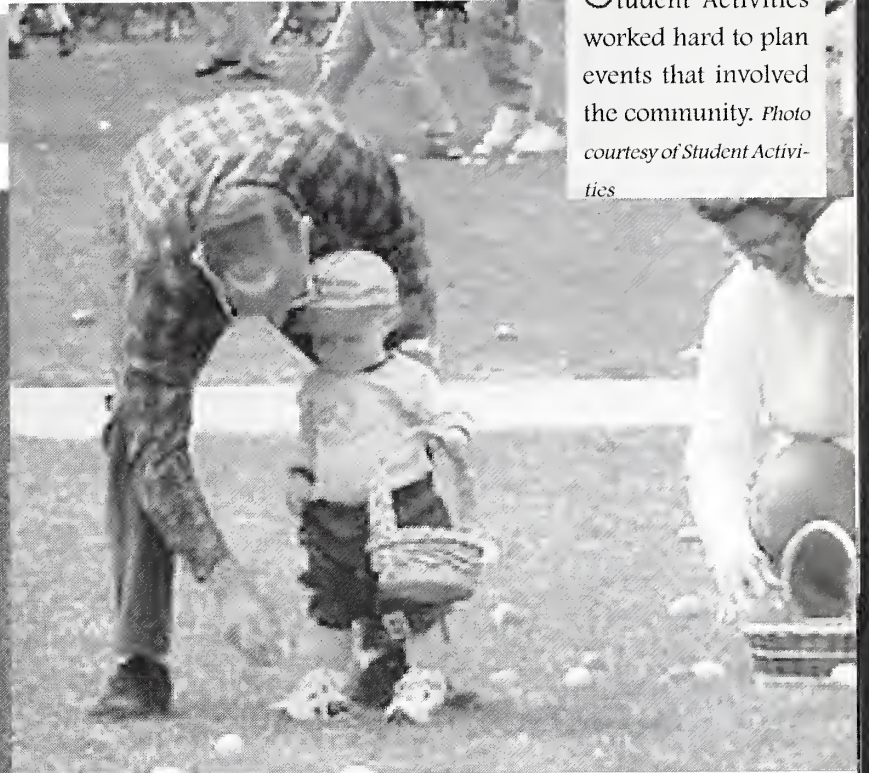
The community was also invited to bring their children for the annual Easter Egg Hunt presented by Student Activities. It was a great way to give back and brighten up the lives of little ones.



Father Oakes preparing the eucharist during the Holy Thursday mass. Photo by Gabby Decker



Student Activities worked hard to plan events that involved the community. *Photo courtesy of Student Activities*



Professor Charles Roitz shares a few words at the Hopkins Memorial Mass. *Photo by Gabby Decker*







Sophomore pitcher Jen Hayashi lets one loose on the opposing team. Photo courtesy Arthur Bilsten

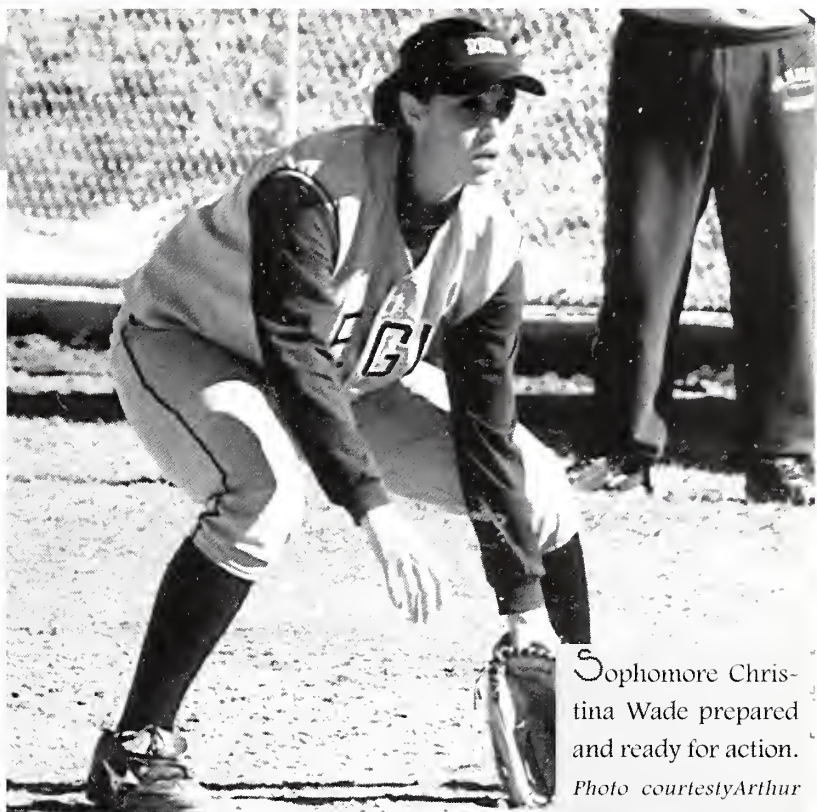


The 2002 team (l to r): Back row: Christina Wade, Aimee Lee, asst. coach Christi Weiser, Head Coach Dana Lillard, Rebekah Tippets, Shannon Sumner. Middle: asst. coach Jenny Lindstrom, Sharita Richmond, Christianson, Christianson, Amber Molinaro, Jen Hayashi, asst. coach Cheryl Coronado. Front: Jessica Beddo, Jillian Goemmel, Amy Tarnhoff, Stacia Buda, Kelly Lechuga, Rebecca Marianetti, Ashley Ballard.

Junior Amber Molinaro guarded 3rd base for the Ranger softball team. Photo courtesy Arthur Bilsten

2002 Women's Softball results as of 3/30; date, team, score=Regis-opponent: 2/15 Neb.-Kearney 0-2; 2/16 Mesa State 1-5; 2/16 CU-Colo Springs 7-4; 2/16 3; on 2/24: 5-3 and 1-2; 3/3 Mesa State 5-13 and 0-9; on 3/4 4-0 and 7-8; and 5-0; 3/12 Panhandle State 7-5 and 1-0; 3/13 S. Colo 6-4 and 3-0; 3/23 6-4; 3/26 Colo Mines 1-0 and 3-7; on 3/27 5-7 and 10-2; 3/29 Incarnate Word 10-5.





Sophomore Christina Wade prepared and ready for action.  
Photo courtesy Arthur Bilsten

By Julia Flauaus and Molly Marrin

# Softball

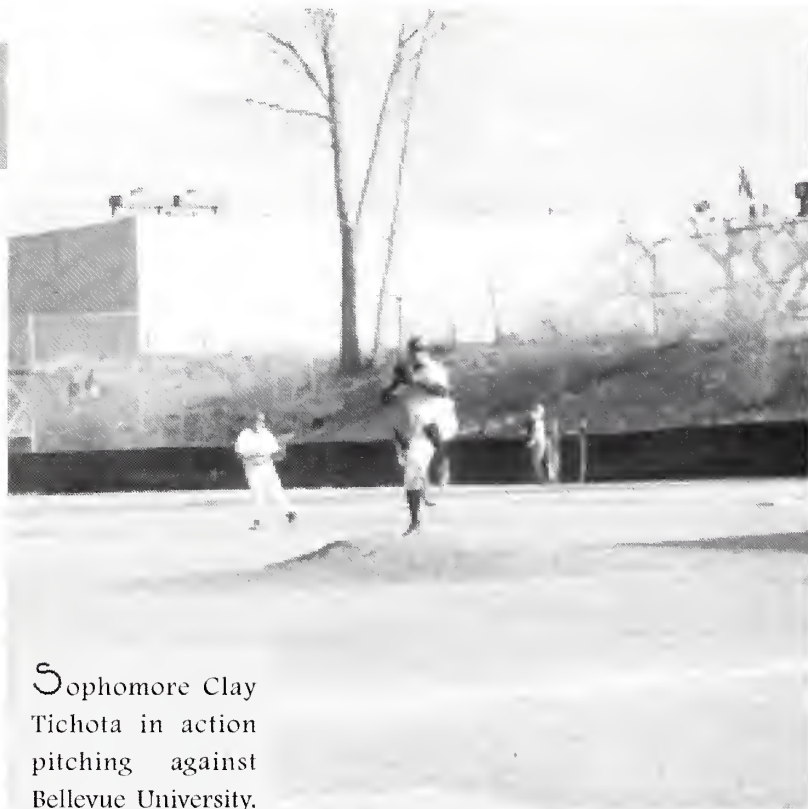
The Regis softball team returned this year with a new head coach. Replacing former head coach John Horan, Dana Lillard fares to improve upon these girls and further their talents. She was previously an assistant coach at Colorado State University. Adding only two new freshmen to the roster and no transfers, the team should grow stronger and more unified throughout the season. The five seniors have helped to bring leadership and a strong sense of togetherness for the team.

Rebekah Tippets completed 9-for-19 (.474) on the weekend of February 15-16 for the Rangers.

With four weeks remaining in their season the Rangers Softball team had a winning record of 20-14 and a standing of 13-7 in the Rocky Mountain Athletic Conference.

2/15 Panhandle State 7-10; 2/15 S. Colo 8-3; Fort Lewis 5-7; 2/23 Neb.-Kearney 8-5 and 4-3/9 Fort Hays State 7-1 and 11-3; on 3/10 1-3 NM Highlands 5-2 and 10-5; on 3/24 10-2 and Word 5-7; 3/30 St. Mary's (TX) 1-4; 3/30 In-





Sophomore Clay Tichota in action pitching against Bellevue University.

*Photo by Maria Jelinek*

*By Julia Flauaus*

# Baseball

The baseball team this year had many chances to improve. With the addition of four new freshmen and seven transfer students, an abundance of playing skills was something to work hard for. Former pitcher Jackson Ingalls who graduated last year, had the privilege of being drafted by the Texas Rangers. Currently, he is playing for one of their farm teams. Continuing to grow as a team and improve upon individual stats, the Rangers had many chances to prove themselves. Much of the season was spent away. The spring break trip to Florida turned out to be successful, showing their dedication and the amount of hard work that the boys endured.



2002 Baseball results as of 3/31; date, team, score=Regis-opponent: 2/2 Dana College 3-1 and 4-5; on 2/3: Dakota 10-13 and 11-3; on 2/17: 6-19 and 19-1; 2/20 Metro State 15-19; 2/22 Bellvue 2-8; on 2/23: 2-4 6-2; 3/6 Lock Haven U. 7-6; on 3/8: 5-4; 3/9 Ashland 0-2; 3/ 15 UNC-Greeley 6-7 and 3-11; on 3/16 7-6 14; 3/29 Neb.-Kearney 4-5; on 3/30: 1-6 and 6-8; also on 3/31: 7-13.





Junior Ryan Esgro slides into home. His batting average was .424 as of 3/30. *Photo by Julia Flauaus*



Sophomore Scott Richards running to first after a nice hit. *Photo by Arthur Bilsten*



Team (l to r) Back row: Fred Carney, Clay Tichota, Eric Thompson, Jeff Tenney, Tom Romolo, Dan Benton. 4th row: Jeff Kelly, Andy Newton, Schyler Rohr, Mic Ortega, Sean Dockery, Quinn McCoy. 3rd: Jim Warren, Nick Houkal, Garret Valencia, Brian Wasinger, Gregor Watson, Ryan Esgro. 2nd: Scott Richards, Brian Sleater, Erick Lindenau, Adam Ristau, Jared Salas, Ryan Smith. Front: Mark Steinbeck, Joel Naumovich, Hans vonder Hofen, Jared Scharton, Nick Langone, Justin Meade, Jake Smith.

9-11 and 10-2; 2/10 Hastings College 23-2 and 16-2; on 2/11: 10-6; 2/16 S. and 5-2; 3/2 Mansfield U. 0-1; 3/3 Clarion U. 7-2 and 7-6; 3/4 Winona State and 6-4; 3/22 NM Highlands 2-10; on 3/23: 11-2 and 7-4; also on 3/24: 15-





Senior Mary Magoonaugh looks for a clear. Photo by Arthur Bilsten



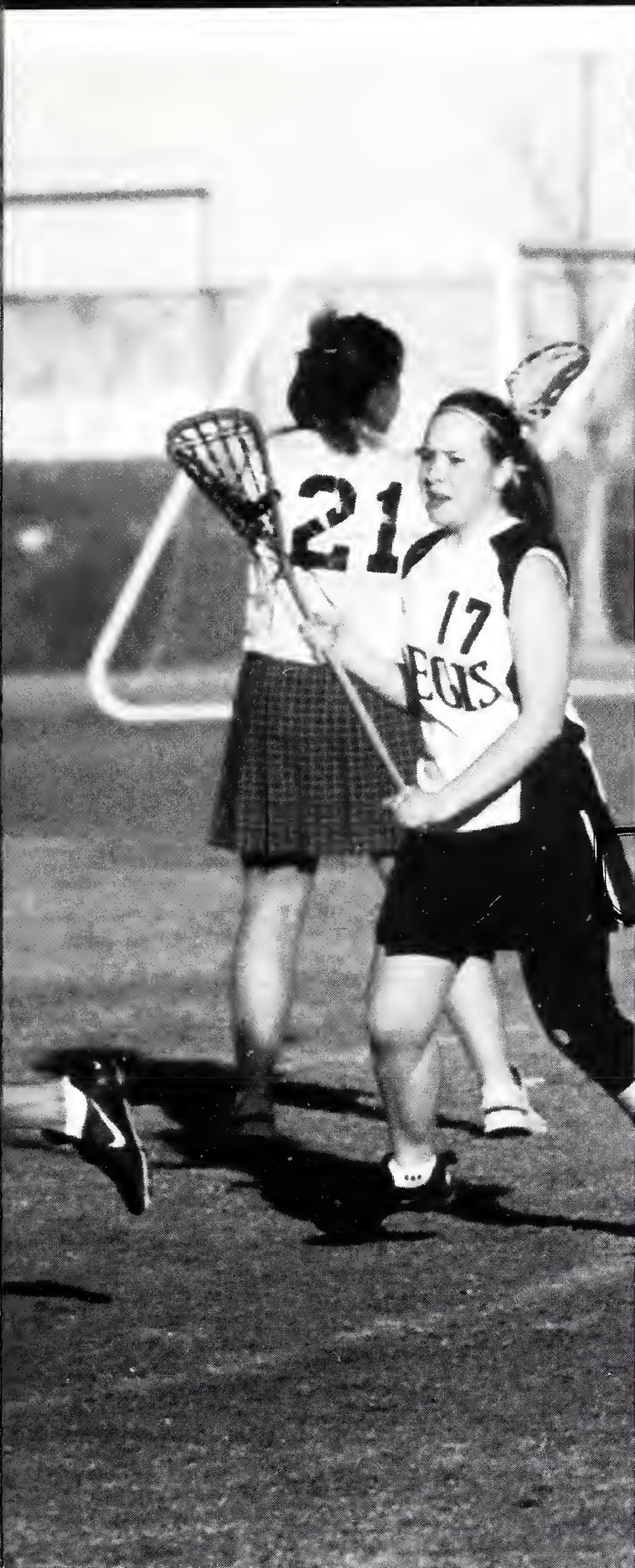
Team (l to r) Back row: Marilyn York, Kathryn Oliver, Becky Wood, Kristy Photenhauer, Mary Magoonaugh, Kaitin Hammon, Paula Tucker, Andrea Buscher. Middle: Jessica Lacy, Cindy Scavarda, Asst. coach Karie Watts, Head Coach Jake McHerron, student trainer Kim Butzen, Meaghan McGrath, Lindsay Chabot-Olson. Front: Brianne Smith, Suzi Schlacks, Helen Lipscomb, Katie Ryan, Golbue Baghai, Salli Schlacks. Sitting: Mo Jackson.

Co-captains junior Lindsay Chabot-Olson and senior Cindy Scavarda head for a shot on the goal.

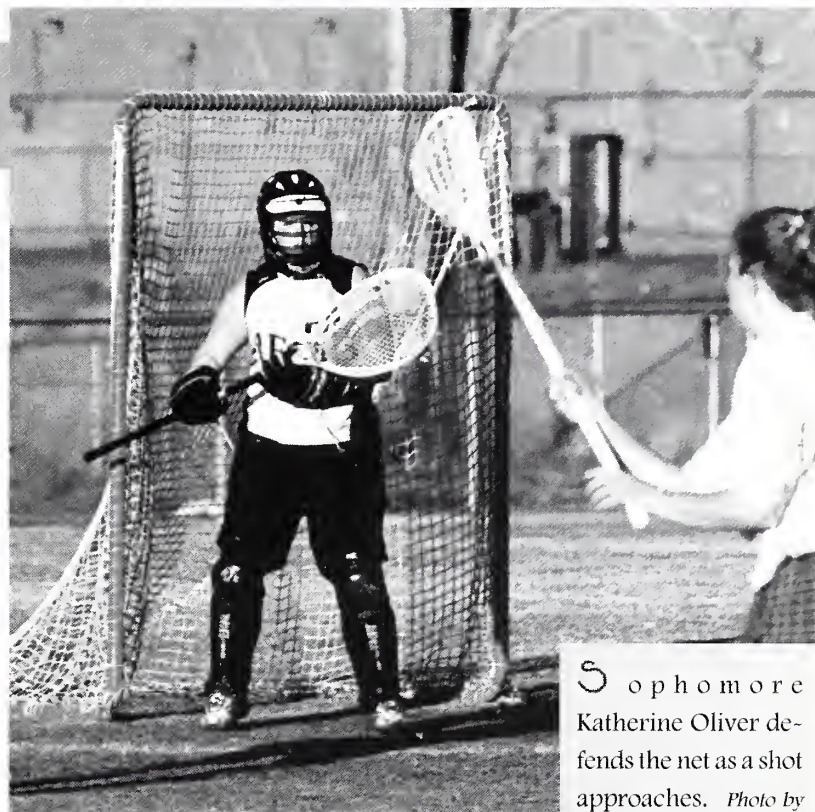
Photo by Arthur Bilsten

2002 Women's Lacrosse results as of 4/3; date, team, score=Regis-opponent: 3/5 15-5; 3/11 Bloomsburg 6-19; 3/12 Pfeiffer 8-5; 3/13 Stonehill College 14-13; 3/13-2; 3/23 St. Mary's (CA) 7-12; 3/25 UC-Davis 4-16; 3/26 C.W. Post 13-17;





aylor 10-1; 3/6 UNC-Greeley 13-1, 3/10 Wittenberg  
4 Longwood College 6-22; 3/18 Mt. Holyoke College  
/29 Colo College 8-16; 4/3 U. of Redlands ....



Sophomore Katherine Oliver defends the net as a shot approaches. Photo by Arthur Bilsten

By Laura Henneberry

# Dirt in the Skirt

Women's Lacrosse. Not usually a western sport, however, Regis University, as a part of an independent conference, has built the women's lacrosse program up to be quite successful. As their third season as a Varsity sport, they've traveled as far as Florida and California for games and spent many weekends on the road. Practicing six times a week has paid off for these Regis Rangers. With several wins under their belt, the Rangers walk into the conclusion of the season ready for anything. Led by captains senior Cindy Scavarda and junior Lindsey Chabot-Olson, teamwork is high and with only two graduating seniors and a young team, next year's returning team should be strong and ready for anything. "Coach Jake McHerron has led this team into both skill and teamwork through his positive motivating techniques and dedication to the team," says co-captain Cindy Scavarda.



# "What's your favorite part of Spring?"



The glowing sun  
and wondrous  
colors."

Amber  
McLeod  
Junior



To wear tank tops  
again!"

Jessie  
Frazier  
Junior



To watch the boys  
play baseball in  
their cute uni-  
forms!"

Maria  
Jelinek  
Junior



People being  
outdoors in a jolly  
way."

Michael  
Fannon  
Freshman



Flowers."

Jessica  
Platte  
Junior





earth

fire



